## Prevalence of Adhesive Pap Gene (Pyelonephritis Associated Pili) among Uropathogenic *Escherichia Coli* Strains Isolated from Out Patients and in Patients with Urinary Tract Infection in Ain Shams University Hospital

#### Thesis

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# Presented by Fatma Mostafa Abdel Wahed

M.B.BCH, Faculty of Medicine - Al Azhar University

## Under Supervision of

### Prof. Dr. Mahmoud Khalil El Sayed

Professor of Medical Microbiology and Immunology Faculty of Medicine, Ain Shams University

#### Dr. Dina Mohammad Erfan

Assistant Professor of Medical Microbiology and Immunology Faculty of Medicine, Ain Shams University

#### Dr. Ahmed Kamal Mohamed

Lecturer of Anesthesia and Intensive Care Faculty of Medicine, Ain Shams University

> Faculty of Medicine Ain Shams University 2018



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#### **List of Abbreviations**

# Abbr. Full term **β-lactam.....** Beta lactam ASB ..... Asymptomaic bacteriuria **CAMP.....** Cyclic adenosine monophosphate **CAUTI......** Catheter-associated Urinary tract infection **CDC** ...... Centers for disease control and prevention **CLED.....** Cystine lactose electrolyte deficient **CLSI.....** Clinical and laboratory standards institute CTX..... Cefotaxime CTX/KV ..... Cefotaxime /clavulanic acid **DNA** ...... Deoxyribonucleic acid E.coli ..... Escherichia coli **EPS.....** Extracellular polymeric substances **ESBL....** Extended spectrum B-lactamas **EXPEC** ...... Extra intestinal pathogenic E.coli GBS..... Group-B-Streptococci HAIS ..... Health care-associated infections I ...... Intermediate

**IBC.....** Intracellular bacterial communities

**IgA.....** Immunoglobulin A

IL-6 ..... Interleukin 6

IL-8 ..... Interleukin 8

**K.pneumoniae**.. Klebsiella pneumoniae

LTCF ..... Long term care facilities

MDR ...... Multidrug resistant

MSU ...... Mid stream urine

**NHSN.....** National health care safety network

**NIH** ...... National institutes of health

P.mirabilis ... Proteus mirabilis

PAP ...... Pyelonephritis Associated Pilli

**PCR.....** Polymerase chain reaction

QS......Quorum sensing

R.....Resistant

S..... Sensitive

**S.aureus** ...... Staph aureus

**SD.....** Standard deviations

Spp ...... Species

**SUTI.....** Symptomatic urinary tract infection

TLRs ..... Toll-like receptors

**UPEC**...... Uropathogenic *Escherichia coli* 

USA ...... United State of America

UTIs ...... Urinary tract infections

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#### **ABSTRACT**

**Background**: E.coli is the most common cause of urinary tract infection (UTI) both in the community and hospital settings. Uropathogenic E.coli (UPEC) possesses a number of virulence factors that allow it to colonize and persist in the urinary tract. Of particular interest are the P pili and biofilm formation. The emergence of drug resistant E.coli is a global threat to the public health. **Objectives:** To determine the biofilm producing ability, antimicrobial susceptibility pattern, ESBL production and the presence of the adhesive pap gene (pyelonephritis associated pili) in E-coli strains isolated from Outpatients and Inpatients diagnosed with UTI. Methodology: The study was conducted on 40 Inpatients and 40 Outpatients diagnosed with UTI attending Ain Shams University Hospitals. E. coli Isolates were tested for antimicrobial susceptibility using disk diffusion method, ESBL production by ESBL detection discs, in vitro formation of biofilm on Congo red media, and detection of Pap gene using conventional PCR technique. Results: The prevalence of antibiotic resistance was significantly higher in E.coli isolates from inpatients group than those from the outpatients group. The prevalence of ESBL production, biofilm formation and pap gene among E. coli isolates was 55%, 82.5% & 40% respectively. ESBL production and biofilm formation were significantly higher in the inpatients with upper UTI than in patients with lower UTI (90- 38.5%) & (100-61.5%) respectively. There was no statistically significant difference between the 2 groups as regards the prevalence of pap gene. Conclusion: The prevalence of biofilm producing, ESBL producing and antibiotic resistant E.coli strains is more in the inpatients population particularly those with upper UTI. Special concern should be addressed to the spread of ESBL producing E.coli in the community. Pap gene is expressed equally in the outpatients and inpatients groups which highlights its importance in the establishment of UTI.

Key words: E.coli, UTI, ESBL, pap, gene, congo red medium, virulence factors

### **INTRODUCTION**

Urinary tract infection (UTI) is defined as microbial infiltration of the otherwise sterile urinary tract and is one of the most common bacterial infections world wide. UTIs encompass infections of the urethra (urethritis) ,bladder (cystitis), ureters (ureteritis) and kidney (pyelonephritis) (Barber etal., 2013). They account for ~150–250 million cases globally per year (Asadi et al., 2014). More than 50% of women will have at least one episode of UTI during their lifetime, furthermore, after an initial episode of UTI, women are more likely (20–40%) to get recurrent UTIs (Grab et al., 2008).

UTI patients are classified as either asymptomatic or symptomatic cases. Asymptomatic bacteriuria (ABU) occurs in a small number of healthy individuals and may not need treatment, which makes it different from symptomatic bacteriuria. It often affects pregnant women, with varying prevalence among different populations, depending on factors such as age, sex, sexual activity, and the presence of genitourinary abnormalities (**Grab et al., 2008**).

Uropathogenic *Escherichia coli* (UPEC) is the most common cause of urinary tract infections (UTIs) both in

community and hospital settings with significant morbidity and mortality worldwide (Bien et al., 2012).

UPEC strains encode widespread virulence factors closely related to colonization, persistence, and pathogenesis of bacteria in the urinary tract, the most important of these factors include adhesins or fimbriae, biofilm formation, and toxins such as hemolysin (**Dhakal et al., 2008**).

Type I and P are the most common fimbriae found in UPEC strains. They play an important role in binding and invasion to bladder (cystitis) and kidney (pyelonephritis) epithelial cells (Wullt et al., 2000).

Biofilm of UPEC provides a nutrient-rich environment which promotes growth and persistence of microorganisms at the site of infection, and protects bacteria from antimicrobial substances (**Hancock et al., 2010**). Moreover, UPEC strains often express and secrete a labile pore-forming toxin known as  $\alpha$ - hemolysin that is mainly associated with more virulent UPEC strains (**Laura et al., 2012**).

Emergence of drug resistance to broad-spectrum beta lactams mediated by extended spectrum beta lactamases (ESBLs) and especially multi-drug resistant (MDR) clonal groups among UPEC strains increase the serious threat to global public health (Hilbert, 2011).

## **AIM OF THE WORK**

This study aimed to determine the presence of the adhesive pap gene (pyelonephritis associated pili), the biofilm producing ability, antimicrobial susceptibility pattern and ESBL production in *E-coli* strains isolated from out patients and inpatients diagnosed with UTI in Ain Shams University Hospital.