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شبكة المعلومات الحامعية

# بسم الله الرحمن الرحيم



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شبكة العلومات الحامعية



شبكة المعلومات الجامعية التوثيق الالكتروني والميكروفيلم





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شبكة المعلومات الجامعية

# جامعة عين شمس

التوثيق الإلكتروني والميكروفيلم

## قسو

نقسم بالله العظيم أن المادة التي تم توثيقها وتسجيلها علي هذه الأقراص المدمجة قد أعدت دون أية تغيرات



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بالرسالة صفحات لم ترد بالأصل





Faculty of Home Economics

Department of Nutrition and Food Science

### Studies on production low calory jams

A Thesis Submitted in Partial Fulfillment For the Degree of Master of Science

> **In** "Nutrition and Food Science"

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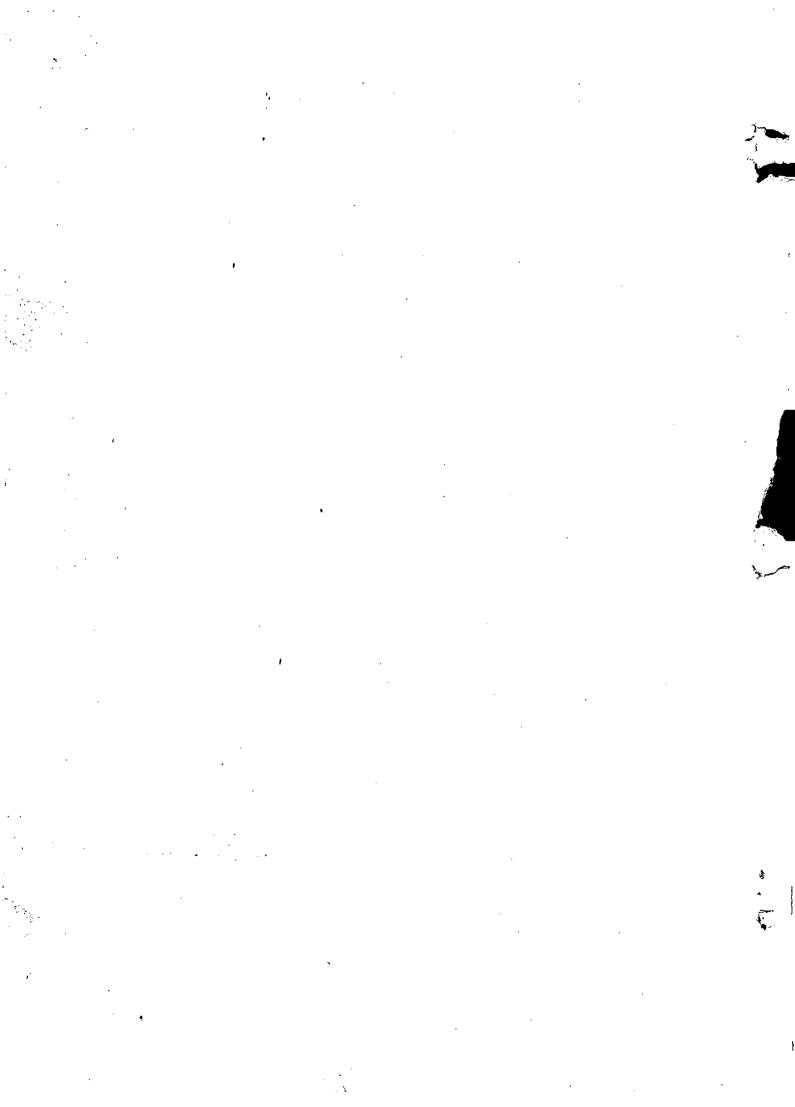
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#### **Abstract**

- 1) A commercial, orange jain (control sample) were prepared, using "sucrose" and pectin as jelling agent, produced sample sensory evaluated it obtained degree "very good", it app. viscosity was 8111 e.p., and found that it contains 251 calory per/100 grams.
- 2) Seventeen investigated low calory formulas were manufacture by using four kinds of sweeteners "H.F.S., Asp., Stev., and F.P." as sucrose substitutents by several ratio, 25%, 50%, 75% and 100% for the aim of investigated a new formula of low calory jam which contains no more than 150 calory/100 gm.
- 3) The app. viscosity values of the produced jam were decreased by increasing the percent of sucrose replacement.
  - A grater decrease of the app. viscosity were noticed in the case of Aspartam or Stevia, than in the case of using H.F.S. of F.P.
- 4) It was noticed no difference between the quality of the low calory jam which prepared using Aspartam or stevia.
- 5) Also noticed that it needs to increase the pectin percentage in the low calory jam to about 2.8% of the total weight of the formula or using a mixture of 1.4% pectin, 1.4 L.m.p., and 0.35% calcium chloride.
- 6) Using 3% or 5% Arabic gum gelatin as jelling agent instead of mixture of "pectin, gave a better" results.
- 7) The most acceptable sample that prepared by the following formula:
  - a- Sweetener materials source from:20% high fructose syrup. + 40% aspartam + 40% stevia.
  - b- <sup>!</sup> Jelling agents:

1% gelatin + 1% Arabic gum + 1% guar gum + 0.28% pectin + 0.28 Low methyl pectin + 0.2% agar.

- 8) The sample which prepared by using a mixture of 10% carrot fiber plus 5% naring peel, gave a better results which, it sensory evaluated as a very good plus, app. viscosity value was 7799 C.P. and it contained only 133 calory/100 gm.
- 9) The optimum effect were in the case of addition 1% chamomile extract tot he components of the low calory jam, it showed a significant decreasing in the total count of bacteria, yeast and fungi.

### Contents

•	Page
troduction	1
eview of Literature, eview of Literature	3
	3
1-Diabetes mellitus	7
2- Sweeteners	. 7
2-A. Nutritive sweeteners	7
2.A.a. Fructose	8
2.A.b. Sugar alcohols	9
2.B. Non-nutritive sweeteners	. 9 -
2.B.a. Acesulfame-k	9
2.B.b. Aspartame	11
2.B.c. Cyclamate	11
2.B.d. Saccharin	11
2.C. Natural Non-nutritive S	14
3. Thickeners in jams	14
3.A. Pectin	14
3.B. Gums	15
3.B.a. Seed gums	
3.B.a.1. Locust gum	15
3.B.2.2. Guar gum	16
3.B.b. Exudate gums	18
Arabic gum	18
3.B.c. Seaweed extracts	19
3.B.c.1. Alginats	19
3.B.c.2. Agar	19
3.B.c.3. Crrageenans	20
4. Jam manufacturing	22
5. Bulking agents	23
6. Practical problems	25
6.A. Application studies	25
6.B. Herbs and Medicinal Plants	26