Hepatitis C Virus Recurrence in patients underwent Living Donor Liver Transplantation: efficacy and safety of treatment with combined Sofosbuvir and Daclatasvir

Thesis

Submitted for Fulfillment of

Master Degree in Internal Medicine

Presented by

Eman Mohammed Sabry Ali Shona

 $\mathcal{M}.\mathcal{B}.\mathcal{B}.\mathcal{CH}$

Under Supervision of

Prof. Dr. Osama Abo El-Fotoh El Sayed

Professor of Internal Medicine and Gastroenterology

Faculty of Medicine - Ain-Shams University

Prof. Dr. Wael Ahmed Yousry

Professor of Internal Medicine and Gastroenterology

Faculty of Medicine - Ain-Shams University

Dr.Ahmed Mohamed El Ghandour

Lecturer of Internal Medicine and Gastroenterology

Faculty of Medicine - Ain-Shams University

Ain Shams University (2017)



Acknowledgment

First of all, I wish to express my sincere thanks to **ALLAH** for his care and generosity throughout my life.

I would like to express my sincere appreciation and my deep gratitude to Prof. Dr. Osama Abo El-Fotoh El Sayed Professor of Internal Medicine and Gastroenterology, Ain-Shams University for his faithful supervision and guidance.

I am also deeply indebted to Prof. Dr. Wael Ahmed Yousry, Professor of Internal Medicine and Gastroenterology, Ain Shams University for his great support throughout the whole work.

I would like to express my great thanks to Dr. Ahmed Mohammed El Ghandour, Lecturer of Internal Medicine and Gastroenterology, Ain Shams University for the tremendous effort he has done in the meticulous revision of this work.

At last, I am indebted for my family

Eman Sabry



List of Contents

Title	Page No.
Introduction	1
Aim of the work	3
Hepatitis C virus and its recurrence after liver transplantation	4
Liver Transplantation	26
Direct acting antiviral drugs	47
Patients and methods	56
Results	58
Discussion	74
Summary, conclusions and recommendations	82
References	85
Arabic summary	117

List of figures

Fig No.	Title	Page No.
Fig (1)	Hepatitis C virus prevalence among adults and distribution in Asia, Australia and Egypt	
Fig (2)	Schematic representation of hepatitis C viral g	genome7
Fig (3)	Model of the HCV life cycle	10
Fig (4)	Phases and basic pathways of liver graft reject	ion45
Fig (5)	HCV viral proteins and action site of direct acagents	

List of Graphs

Graph No.	Title	Page No.
Graph (1)	Hemoglobin and WBCs changes at different stages of treatment	61
Graph (2)	Platelets changes at different stages of treatment	62
Graph (3)	ALT &AST changes at different stages of treatment	64
Graph (4)	AFP changes at different stages of treatment	65
Graph (5)	Albumin changes at different stages of treatment	66
Graph (6)	Alkaline phosphatase changes at different stages of treatment	67
Graph (7)	Bilirubin changes at different stages of treatment	68
Graph (8)	Serum creatinine changes at different stages of treatment	69
Graph (9)	INR changes at different stages of treatment	70
Graph(10)	Urea changes at different stages of treatment	71

List of tables

Table No.	Title	Page No.
Table (1)	Factors associated with the severity of recurrent hepatitis C after liver transplantation.	17
Table (2)	Child-Pugh classification of severity of liver disease	32
Table (3)	Potential drug-drug interactions between DAA and calcineurin inhibitors	53
Table (4)	Comparison between the studied patients according to age,sex,weight,height and diabetes mellitus	59
Table (5)	Comparison between Hemoglobin levels at different stages of treatment	60
Table (6)	Comparison between white blood cell counts at different stages of treatment	60
Table (7)	Comparison between platelet counts at different stages of treatment	62
Table (8)	Comparison between ALT levels at different stages of treatment	63
Table (9)	Comparison between AST levels at different stages of treatment	63
Table (10)	Comparison between AFP levels at different stages of treatment	65
Table (11)	Comparison between albumin levels at different stages of treatment	66
Table (12)	Comparison between alkaline phosphatase levels at different stages of treatment	67

Table (13)	Comparison between bilirubin levels at different stages of treatment	68
Table (14)	Comparison between serum creatinine levels at different stages of treatment	69
Table (15)	Comparison between INR levels at different stages of treatment	70
Table (16)	Comparison between urea levels at different stages of treatment	71
Table (17)	PCR changes during treatment	72
Table (18)	Ultrasonographic changes during the course of treatment	73

List of Abbreviations

AASLD American association for the study of liver disease

ACR Acute Cellular Rejection

AFP Alpha fetoprotein

ALT Alanine amino transferase

AST Aspartate amino trasnaminase

ATG Antithymoglobulin

ASV Asunaprevir

BMD Bone mineral density

BOC Boceprevir

CAD Coronary artery disease

CIT Cold Ischemia Time

CLD Chronic Liver Disease

CMV Cytomegallo virus

CNIs Calcineurin Inhibitors

CT Computed Tomography

CTP Child-Turcotte-Pugh Score

CYP- 3A4 Cytochrome P 3A4

CYP 450 Cytochrome P 450

DAAs Direct Acting Antivirals

DCV Daclatasvir

DDLT Deceased Donor Liver Trensplantation

EBV Epstein Bar Virus

EDHS Egypt Demographic and Health Survey

ELTR European Liver Transplant Rigestry

ESLD End Stage Liver Disease

GAG Glycosaminoglycan

GFR Glomerular filtration rate

GRWR Graft recipient weight ratio

HALT-C Hepatitis C antiviral long term treatment against

cirrhosis

HBIG Hepatitis B immunoglobulin

HBV Hepatitis B Virus

HCC Hepatocellular Carcinoma

HCV Hepatitis C Virus

HFL Hepatic focal lesion

HIV Human immunodeficiency virus

HLA Human leucocyte antigen

HPS Hepatopulmonary Syndrome

IL2 Interlukein 2

INR International normalized ratio

IRES Internal Ribosomal Entry Site

LDL Low Density Lipoprotein

LDLT Living Donor Liver Transplantation

LTx Liver Transplantation

MELD Model for end stage liver disease

MHC Major histocompatibility complex

MMF Mycophenol Mofetil

NIs Nucleoside inhibitors

NODM New onset diabetes mellitus

NTR Non Translated Region

ORF Open Reading Frame

PBC Primary biliary cirrhosis

PCR Polymerase Chain Reaction

PEG-INF Pegylated Interferone

PELD Pediatric End Stage Liver Disease

PIs Protease inhibitors

PSC Primary Sclerosing Cholangitis

PTLD Post transplant lymphoproliferative disease

RBV Ribavirin

RdRp RNA dependant RNA polymerase

SD Standard deviation

SOC Standard of care

SOF Sofosbuvir

SP Signal Peptidase

SPP Signal Peptide Peptidase

SVR Sustained Virological Response

TIPS Transjugular intrahepatic portosystemic shunts

TPV Telaprevir

UNOS United Network For organ Sharing

US Ultrasound

UTR Untranslated Region

ABSTRACT

Background:Treatment of hepatitis C in the post-liver transplantation patient is a rapidly evolving field. When treating hepatitis C in this setting, the main goals of therapy include: (a) cure of HCV chronic infection in the allograft post-transplant, (b) minimize the risk of developing HCV associated complications in the allograft, such as fibrosingcholestatic hepatitis and allograft failure, and (c) prevent development of hepatic fibrosis and thus preserve the function of the transplanted liver. The Association of sofosbuvir and daclatasvir has been shown to have very high antiviral efficacy when administered, with or without ribavirin, to previously naïve or non-responder patients with chronic HCV infection. Combination with daclatasvir in a LT recipient with severe recurrent cholestatic hepatitis C has been reported, showing a favourable outcome and the lack of drug interactions with calcineurin inhibitors (CNI).

Aim of the work: The purpose of this study was to evaluate the virological response, clinical efficacy and safety of the combined sofosbuvir and daclatasvir inliving donor liver transplant recipients with recurrent hepatitis Cfollowing transplantation and screening for the development of hepatocellular carcinoma during after end of treatment or during followup.

Patients and Methods: This study included 40 patients underwent living donor liver transplantation during the period from January 2015 till December 2015 who started treatment at least 3 months following transplantation. Laboratory studies were done, Including CBC, liver function tests, liver enzymes, coagulation profile, sodium, potassium, kidney function tests, thyroid function tests, autoimmune markers (ANA, ASMA, LKM, AMA), HCV antibodies and quantitative HCV RNA by PCR, HBV markers, CMV antibodies, EBV antibodies and tumor markers including AFP, CEA and CA19-9. Imaging studies including, abdominal ultrasonography, Doppler ultrasound, arteriography, venoportography, Fibroscan and Triphasic computed tomography with contrast.

Results:

Conclusion: Non interferon-based therapies with oral DAA agentshave revolutionized the treatment of HCV recurrencepost-transplant. These regimens have consistently demonstrated high SVR rates, shorter treatment courses, and a more favorable side effect profile than interferon based therapies. Although DAA agents are effective even in advanced liver disease, SVR rates seem diminished when compared with patients with minimal liver disease. Further studies are needed to clarify whether DAAs increase HCC incidence and to determine the natural history and baseline post -SVR HCC incidence according to the type of ant i -HCV therapy in each specific patient population.

Key words: Hepatitis C Virus, Recurrence, Living Donor Liver Transplantation, Sofosbuvir and Daclatasvir.