

Assessment of Vitamin D Deficiency in Critically III Children

Thesis

Submitted for partial fulfillment Of Master Degree in Pediatrics

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> > 2019

Acknowledgment

First and foremost, I feel always indebted to

my GOD

the Most Kind and Most Merciful.

I'd like to express my respectful thanks and profound gratitude to Prof. Dr. Farida AL-Baz Mohammed, Professor of Pediatrics - Faculty of Medicine-Ain Shams University for her keen guidance, kind supervision, valuable advice and continuous encouragement, which made possible the completion of this work.

I am also delighted to express my deepest gratitude and thanks to Dr. Nadin Nabil Toaima, lecturer of Pediatrics, Faculty of Medicine, Ain Shams University, for her kind care, continuous supervision, valuable instructions, constant help and great assistance throughout this work.

I wish to introduce my deep respect and thanks to

Dr. Nesma Ahmed Safwat, Lecturer of Clinical Pathology, Faculty of Medicine, Ain Shams University, for her kindness, supervision, great help, active participation, guidance and cooperation in this work.

I would like to express my hearty thanks to all my family for their support till this work was completed.

Last but not least my sincere thanks and appreciation to all patients participated in this study.

Passant Marzouk ABD EL-Wahab El-Hefnawy

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List of Abbreviations

Full term Abb. ACCM American College of Critical Care Medicine AUC Area under curve BUN..... Blood urea nitrogen CaR.....calcium sensing receptor CBC...... Complete blood count CL confidence interval CPR...... Cardiopulmonary Resuscitation CRP...... C-reactive protein CV-SOFA...... Cardiovascular Score Sequential Organ Failure CYP24A1...... cytochrome p450 D......day DBP.....Dibutyl phthalate Dl.....deciliter EDTA.....Ethylenediaminetetraacetic acid ELISA Enzyme linked Immune Assay FGF23..... Fibroblast Growth Factor 23 HIV Human immunodeficiency virus ICU intensive care unit IIHidiopathic infantile hypercalcemia *IQR.....* inter-quartile range IU.....International unit IV.....Intravenous Kg..... Killogram L.....Liter M2..... metersquare MED..... minimal erythemal dose Meq..... Miliequvilant

List of Abbreviations cont...

Abb. Full term ML.....milliliter MMR.....Maternal Mortality Rate MODS.....multiple Organ **Dysfunction** Syndrome MRSA.....Methicillin-resistant Staphylococcus aureus NG...... No Growth ng..... nanogram nmol.....nanomol *Oz.....ounce* PAMP...... Pathogen-associated molecular pattern Paco2..... Arterial carbon dioxide partial pressure Pao2.....rterial oxygen partial pressure PES.....Pediatric Endocrine Society PICU..... pediatric intensive care unit PMNs..... polymorphonuclear cells PRISM III...... Pediatric Risk of Mortality score III PT.....Prothrombin time PTH.....Parathyroid hormone. PTT.....Partial thromboplastin time ROC Receiver operating characteristic curve SC.....Subcutaneous SUL.....Safe Upper Levels TLR.....toll-like receptors Treg..... regulatory T-cell USA United states of American

UV...... Ultraviolet

VDD Vitamin D Deficiency VDR Vitamin D Receptor

List of Abbreviations cont...

WBC..... White blood count

WHO...... World Health Organization

Introduction

Introduction

Vitamin D plays an important role, not only for bone health, but also in the immune system. Both in vitro and clinical studies have demonstrated that vitamin D is important for the innate and adaptive immune response. In adults, vitamin D insufficiency is common in patients who are hospitalized or have a severe infectious process and is associated with increased mortality (*Moromizato et al.*,2014).

Vitamin D enhances the antimicrobial response of monocytes of adults suggesting a protective role of vitamin D in infection. Similar links between vitamin D status and the immune system have been shown in pediatric populations. For example, children with cystic fibrosis, who suffer from chronic respiratory infections, have a high prevalence of vitamin D insufficiency that is associated with increased risk of pulmonary exacerbations (*McCauley et al., 2014*).

Many children are admitted to a pediatric intensive care unit (PICU) with serious infections or with a high chance of acquiring nosocomial infection once admitted. Severe blood stream infections alone account for significant morbidity and mortality. Adequate nutritional support has been a mainstay in



PICU management with research showing improved outcomes and fewer hospital stay days (Carcillo et al., 2009).

However, there have been few studies to investigate the prevalence of vitamin D deficiency in critically ill children. Madden et al. found that 40% of children admitted to the pediatric intensive care unit had vitamin D deficiency (Madden et al., 2012).

The main purpose of the PICU is to prevent mortality by intensively monitoring and treating critically ill children who are considered at high risk of mortality. The capability to estimate patient risk of death is extremely important because such estimate would be useful in achieving many different goals such as assessing patient's prognosis, ICU performance, ICU resource utilization and also evaluating therapies, controlling and matching severity of illness in clinical studies (Poonam & Amit, 2008).

PRISM III is a pediatric physiology based score for mortality risk. Severity of illness calculated with Pediatric Risk of Mortality score III (PRISM III), that has 17 physiologic Subscores: