

سامية محمد مصطفى



شبكة المعلومات الجامعية

# بسم الله الرحمن الرحيم



سامية محمد مصطفى



شبكة المعلومات الجامعية



# شبكة المعلومات الجامعية التوثيق الالكتروني والميكروفيلم





سامية محمد مصطفى



شبكة المعلومات الجامعية

# جامعة عين شمس

التوثيق الإلكتروني والميكروفيلم

## قسم

نقسم بالله العظيم أن المادة التي تم توثيقها وتسجيلها  
علي هذه الأقراص المدمجة قد أعدت دون أية تغيرات



## يجب أن

تحفظ هذه الأقراص المدمجة بعيدا عن الغبار



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# بعض الوثائق الأصلية تالفة





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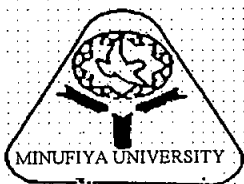


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# بالرسالة صفحات لم ترد بالأصل





*Minufiya University*

**Faculty of Home Economics  
Nutrition and Food Sciences Dept.**

***Evaluation of Nutritional Status for some  
Athletes at Shebin EL Kom Clubs***

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***1997***

***Thesis***

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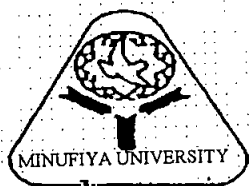
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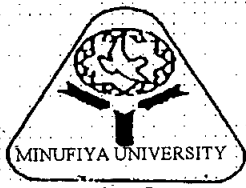
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# ACKNOWLEDGEMENT

I would like to express my deep thanks and appreciation to Dr. Zeinab Hassan Ahmed Abou ELGheat Assistant Professor . of Nutrition: National Nutrition Institute Cairo for her supervision, her advice and valuable comments.

Gratitude and thanks are due to Dr. Ayman El - Sayed EL Adawi , Lecturer of Nutrition and Food Sciences Faculty of Home Economics Minufiya University for his supervision and for his significant advice and criticism in the preparation of the thesis.

My deep appreciation and great thanks to Dr. Mona Abd EL Messih Gobrial Lecturer of paediatric National Nutrition Institute Cairo, Egypt , for her kind help and valuable discussion .

Many thanks to my family; my father ; my mother and my sisters . Their love, encouragement ,advice and kind help were and still a constant source of strength and peace.





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# LIST OF ABBREVIATIONS

<b>FAO</b>	Food and Agriculture Organization of the United Nations .
<b>Gm</b>	Gram .
<b>Kg</b>	Kilogram .
<b>WHO</b>	World Health Organization .
<b>RDA</b>	recommended Dietary allowance .
<b>BMI</b>	Body Mass Index .
<b>FFA</b>	free fatty acid .
<b>VLDL</b>	very low density lipo- protein .
<b>MCTs</b>	medium - chain - triglycerides .
<b>RNI</b>	recommended nutrient intake .
<b>Hb</b>	Hemoglobin .
<b>Kcal</b>	Kilo calories.
<b>No</b>	Number.
<b>CHO</b>	Carbohydrate .
<b>Cm</b>	Centimeter .
<b>mcgm</b>	Microgram .
<b>(hr/d)</b>	Hour per day.
<b>dl</b>	Dec-liter .
<b>SD</b>	Standard deviation .
<b>NS</b>	Non significant .
<b>HS</b>	Highly significant .
<b>S</b>	Significant.





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