

Comparison between the effectiveness of Optical Coherence Tomography Angiography and Fundus Fluorescein Angiography in the Diagnosis and Management of Wet Age-Related Macular Degeneration

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LIST OF ABBREVIATIONS

		LIST OF ADDITEVIATIONS
Abb.		Full Term
AMD	:	Age-Related Macular Degeneration
AREDS	:	Age-Related Eye Disease Study
\mathbf{BM}	:	Bruch's Membrane
CNV	:	Choroidal Neovascularization
EDI	:	Enhanced depth imaging
FAZ	:	Foveal avascular zone
FDA	:	Food and drug administration
FFA	:	Fundus fluorescein angiography
GA	:	Geographic atrophy
HRF	:	Hyperreflectgive foci
ICG	:	Indocyanine green
MPS	:	Macular photocoagulation studies
nAMD	:	Neo-Vascular age-Related macular degeneration
NEI	:	National Eye Institute
NHANES	:	National Health and Nutrition Examination Survey
NIH	:	National Institutes of Health
OCT	:	Optical Coherence Tomography
OCTA	:	Optical coherence tomography angiography
PCV	:	Polypoidal choroidal vasculopathy
PDGF	:	Platelet derived growth factor
PDT	:	Photodynamic therapy
RAP	:	Retinal angiomatous proliferation
RPD	:	Reticular Pseudo-Drusen
RPE	:	Retinal pigment epithelium
SD-OCT	:	Spectral Domain Optical Coherence Tomography
SS	:	Swept-source
SSADA	:	Split-spectrum Amplitude Decorrelation Angiography
VEGF	:	Vascular endothelial growth factor
WHO	:	World health organization

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Abstract

Background: Neo-vascular age-related macular degeneration (nAMD) (an advanced form of macular degeneration) is the main cause of visual impairment in older adults related to AMD. WHO has estimated that approximately 8 million people will be affected by AMD by the year 2020. Optical coherence tomography angiography (OCTA) is a novel imaging modality that permits direct visualization of the retinal and choroidal vasculature in vivo. In OCTA, high-frequency and dense volumetric scanning are made to detect blood flow by analyzing the signal decorrelation between scans. Compared with stationary areas of the retina, the movement of erythrocytes within a vessel makes a decorrelated signal. Unlike traditional angiography, OCTA does not necessitate the use of exogenous dyes, so avoiding potential side effects, such as nausea or other more serious adverse events. However, the role of OCTA as a diagnostic tool has not been largely investigated. Particularly, very few clinical studies have assessed the accuracy of OCTA imaging for the diagnosis of nAMD.

Aim of the Work: To highlight the benefits of using OCT-A in the diagnosis and management of wet AMD and compare it with the conventional angiographic standard, fundus fluorescein angiography (FFA).

Subjects and Methods: An interventional prospective comparative study will be conducted on 40 eyes diagnosed with wet AMD. Optical coherence tomography angiography and FFA will be done for all eyes. Analysis of the data obtained from the OCT-A will be done and compared with the standard FFA before and after Anti-VEGF injection.

Conclusion: OCTA is a novel, non-invasive and highly sensitive tool for identifying CNV activity; aiding in treatment decisions during follow-up however, it cannot fully replace FA in the diagnosis of AMD. OCTA and FA imaging provide complementary information about pathological changes in Wet Age-Related Macular Degeneration.

Keywords: Age-related macular degeneration, Optical coherence tomography angiography, fundus fluorescein angiography.