

Pharmacokinetics of Factor VIII in Patients with Hemophilia A in Relation to Clinical and Radiological Outcomes

Thesis

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By Mohamed Gomaa Khalil

M.B., B, Ch, Faculty of Medicine Ain Shams University, 2014

Under Supervision of

Prof. Dr. Azza Abd Elgawad Tantawy

Professor of Pediatrics
Faculty of Medicine - Ain Shams University

Prof. Dr. Iman Ahmed Ragab

Professor of Pediatrics
Faculty of Medicine - Ain Shams University

Faculty of Medicine Ain Shams University 2019



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List of Abbreviations

Abb.	Full term
ΔDH	Antidiuretic hormone
APC	
	Activated partial thromboplastin time
	Acetylsalicylic acid
	Area under curve
	B-domain-deleted FVIII
	B-domain-deleted
	Bovine serum albumin
BU	
	Coagulation factor concentrates
CL	
	Chromogenic substrate assays
	Computed tomography
	Desmopressin (1-deamino-8-D-arginine
	vasopressin)
EACA	Epsilon aminocaproic acid
ECAT	External quality Control of diagnostic Assays
	and Tests
EHL	Extended half-life
FDA	Food and Drug Administration
FFP	Fresh frozen plasma
FISH	Functional Independence Score for
	Hemophilia
FIX	
FVIII	
FVIIIa	Activated FVIII
FX	
FXa	
FXIa	Activated FXI

List of Abbreviations Cont...

Abb.	Full term
HEK	. Human embryonic kidney
	. Immunoglobulin
_	. International units
	. In-vivo recovery
	. Magnetic resonance
	. Mean residence time
	. Nonlinear mixed effects modeling
	. Non-steroidal anti-inflammatory drugs
	One stage Assays
	Pharmacodynamics
	. Polyethylene glycol
	. Pharmacokinetics
	. Prothrombin time
	. Partial thromboplastin time
	. Recombinant factor VIII
	. Recombinant FVIII
	. Antihemophilic factor (recombinant), Fc fusion
	protein
rFVIII-FS	. Recombinant FVIII formulated with sucrose
rFVIII-SC	. Antihemophilic factor (recombinant), single
	chain
SC	. Single chain
US FDA	. US Food and Drug Administration
VD	. Volume of distribution
VWF	Von Willebrand factor
Vss	Volume of distribution at Steady State

Introduction

emophilia is an X-linked congenital bleeding disorder caused by a deficiency of coagulation factor VIII (FVIII) (in hemophilia A) or factor IX (FIX) (in hemophilia B) (White et al., 2001). Estimations based on the WFH's annual global surveys indicate that the number of people with hemophilia in the world is approximately 400,000 (Stonebraker et al., 2010).

Prophylaxis is the treatment by intravenous injection of factor concentrate in order to prevent anticipated bleeding. Prophylaxis was conceived from the observation that moderate hemophilia patients with clotting factor level >1 IU/dl seldom experience spontaneous bleeding and have much better preservation of joints function. According to a review of 6 randomized controlled trials, preventive therapy started early in childhood, as compared with on-demand treatment, can reduce total bleeds and bleeding into joints, resulting in decreased overall joint deterioration and improved quality of life (Feldman et al., 2006; Gringeri et al., 2011).

However, the optimal dosing and infusion frequency to reduce bleed risk and enable participation in routine daily and physical activities is debated. (Fischer et al., 2013)

The benefit of pharmacokinetics (PK) -guided dosing is that both prophylactic and "on demand" dosing will be based on actual FVIII trough and peak levels instead of current FVIII estimates based on body weight and in-vivo recovery (IVR)



based dosing. Moreover, PK-guidance will optimize dosing as knowledge will increase with regard to the relationship between FVIII level and bleeding in individual patients. In addition, an increase in dosing will not only depends on actual bleeding and a reduction of dosing can be considered by the treating professional in consultation with patients and parents. However, the dose and frequency of factor VIII for patients on prophylaxis should only be reduced if clinically justified and impact should be monitored with regard to bleeding events, bleeding pattern and joint status (Berntorp et al., 2017).

We believe that PK-guided dosing as the alternative to body weight and IVR-based dosing will play an important role in further individualization of therapy.

AIM OF THE WORK

To assess the trough and peak level of factor VIII in patients with hemophilia A on low dose prophylaxis and to study its impact on the clinical and radiological joint status.