

**THE HEPATOPROTECTIVE EFFECT OF CASEIN  
GLYCOMACROPEPTIDE AS COMPARED TO  
PTEROSTILBENE AND CURCUMIN**

**By**

**MOSTAFA AHMED MOHAMED AMEEN LOTFY**

**B.Sc. Agric. Sci. (Food Science), Fac. Agric., Cairo Univ., 2013**

**THESIS**

**Submitted in Partial Fulfillment of the  
Requirements for the Degree of**

**MASTER OF SCIENCE**

**In**

**Agricultural Sciences  
(Dairy Science)**

**Department of Dairy Science  
Faculty of Agriculture  
Cairo University  
EGYPT**

**2020**

**Format Reviewer**

**Vice Dean of Graduate Studies**



APPROVAL SHEET

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**Date: 22 / 1 / 2020**



**SUPERVISION SHEET**

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**Title of Thesis:** The hepatoprotective effect of casein glycomacropeptide  
as compared to pterostilbene and curcumin

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**Approval:** 22 / 1 / 2020

### **ABSTRACT**

This study was conducted to study the effect of feeding of casein glycomacropeptide (CGMP) on alleviating different stages of liver fibrosis developed in male adult Wistar albino rats by their injection with CCl<sub>4</sub>. Moreover, it was to compare the improvement effect of CGMP with the effect of pterostilbene and curcumin as a proposed effective polyphenols for treating liver fibrosis. Liver functions, liver histopathology and fibrotic parameters were examined. Also, the effect on kidney functions and histology were determined.

Two experiments were carried out to study the following:

- a- The comparison between the beneficial effect of feeding CGMP (50 and 100 mg/kg), curcumin (100 mg/kg) and pterostilbene (15 and 40 mg/kg) on liver of rats injected with CCl<sub>4</sub> for 5 weeks.
- b- Determination of the beneficial effect of feeding CGMP (150 mg/kg) on rats already developed liver fibrosis by their injection with CCl<sub>4</sub> for 5 weeks before starting feeding. This was also compared with feeding rats with CGMP (150 mg/kg) coincided with CCl<sub>4</sub> injection.

CGMP (100 mg) and pterostilbene (40 mg) significantly improved liver functions with no significant differences between both items. Both significantly reduced liver enzymes ALT, AST and ALP, reduced MDA, LDH and bilirubin and increased the antioxidants CAT, SOD and GPx. Lower concentrations of both additives showed less improvement. Curcumin improved the above functions but with a lower percentage than pterostilbene (40 mg) and CGMP (100 mg). CGMP (150 mg/kg) significantly improved the functions of fibrotic liver and in particular ALT and greatly increased the antioxidants CAT, SOD and GPx than all other ingredients. This means a good reduction of oxidative stress in liver and might be proof that the effect of CGMP would last longer than the polyphenols.

**Key words:** Liver fibrosis, casein glycomacropeptide, curcumin, pterostilbene, milk protein, antioxidant activity.





## **DEDICATION**

*I dedicate this work to whom my heartfelt thanks; to my father, my mother, my dear brother Karim, my sisters as well as my life partner Ayat Ibrahim for all the support they lovely offered me throughout my life, work and post-graduation.*



## **ACKNOWLEDGEMENT**

*First of all, I am deeply thankful to Allah, with his grace the present work was achieved.*

*I wish to express my sincere thanks, deepest gratitude and appreciation to Dr. Mohamed Mohamed El-Sayed Metwally, Professor of Dairy Science, Faculty of Agriculture, Cairo University for suggesting this study, continued assistance and guidance through the course of study and his supervision on writing of this thesis.*

*I would like to thank Dr. Alaa Mohamed Abdel-Fattah Ibrahim, Professor of Dairy Science, Faculty of Agriculture, Cairo University for sharing in supervision, his following up this work and continued helping.*

*Great gratitude and appreciation to Dr. Mohamed El-Hussieny Abdel-Salam, Researcher Professor of Dairy Science, National Research Centre and to Dr. Sherif Mahmoud Kamel Anis, Professor of Dairy Science, Faculty of Agriculture, Cairo University for their sharing in approval and discussion committee of this thesis and their valued scientific additions for this work which contributed to make it being better and more distinguished.*

*Special deep appreciation is given to all staff members of Dairy Science Department, Faculty of Agriculture, Cairo University.*



## LIST OF ABBREVIATIONS

|                      |                                       |
|----------------------|---------------------------------------|
| °C                   | Celsius temperature scale             |
| $^1\text{O}_2$       | Singlet oxygen                        |
| ACF                  | Aberrant crypt foci                   |
| AGEs                 | Advanced glycation end products       |
| ALP                  | Alkaline phosphatase                  |
| ALT                  | Alanine aminotransferase              |
| AP-1                 | Activator protein -1                  |
| AST                  | Aspartate aminotransferase            |
| BCE                  | Bisabolocurcumin ether                |
| BDL                  | Bile duct ligation                    |
| bw                   | Body weight                           |
| $\text{Ca}^{++}$     | Calcium                               |
| CAT                  | Catalase                              |
| $\text{CCl}_3 \cdot$ | Trichloromethyl                       |
| $\text{CCl}_4$       | Carbon tetrachloride                  |
| CGMP                 | Casein glycomacropeptide              |
| CMP                  | Caseinomacropeptide                   |
| COX-2                | Cyclooxygenase-2                      |
| CPT1a                | Carnitine palmitoyl transferase       |
| CYP450               | Cytochrome P450                       |
| DMH                  | Dimethylhydrazine                     |
| DMN                  | Dimethylnitrosamine                   |
| ECM                  | Extracellular matrix                  |
| ERS                  | Endoplasmic reticulum stress          |
| Gal                  | Galactose                             |
| GalNAc               | <i>N</i> -acetylgalactosamine         |
| GGT                  | Gamma-glutamyl transferase            |
| GHP                  | GMP hydrolysates obtained with papain |
| GMP                  | Glycomacropeptide                     |
| GOT                  | Glutamic oxaloacetic transaminase     |
| GP                   | Glutathione peroxidases               |
| GPT                  | Glutamic pyruvic transaminase         |
| GPx                  | Glutathione peroxidase                |
| GRAS                 | Generally recognized as safe          |
| GSH                  | Hepatic reduced glutathione           |
| h                    | Hours                                 |



|                               |  |
|-------------------------------|--|
| H&E                           | Hematoxylin and eosin stain              |
| H <sub>2</sub> O <sub>2</sub> | Hydrogen peroxide                        |
| HBV                           | Hepatitis B virus                        |
| HCV                           | Hepatitis C virus                        |
| HDL                           | High density lipoprotein                 |
| HFD                           | High-fat diet                            |
| HGF                           | Hepatocyte growth factor                 |
| HMGB1                         | High mobility group protein B1           |
| HMGCR                         | 3-Hydroxy-3-methylglutaryl-coA reductase |
| HO-1                          | Hemeoxygenase-1                          |
| HPLC                          | High performance liquid chromatography   |
| HSC <sub>s</sub>              | Hepatic stellate cells                   |
| HSI                           | Hepatosomatic index                      |
| IFN $\gamma$                  | Interferon gamma                         |
| IL-1                          | Interleukin 1                            |
| IL <sub>s</sub>               | Interleukins                             |
| iNOS                          | Inducible nitric oxide synthase          |
| IRS-1                         | Insulin receptor substrate 1             |
| KC <sub>s</sub>               | Kupffer cells                            |
| Kg                            | Kilogram                                 |
| L.S.D.                        | Least significant difference             |
| $\mu$ L                       | Microlitre                               |
| LDH                           | Lactate dehydrogenase                    |
| LDL                           | Low density lipoprotein                  |
| LSEC <sub>s</sub>             | Liver sinusoidal endothelial cells       |
| $\mu$ m                       | Micrometer                               |
| MAPK                          | Mitogen-activated protein kinase         |
| MCP-1                         | Monocyte chemoattractant protein 1       |
| MDA                           | Malondialdehyde                          |
| mg                            | Milligram                                |
| mg/dL                         | Milligrams per decilitre                 |
| min                           | Minutes                                  |
| mM                            | Millimole                                |
| MMP                           | Matrix metalloproteinase                 |
| mol                           | Mole; unit of amount of substance        |
| mRNA                          | Messenger RNA                            |
| MUC2                          | Mucin 2                                  |
| MUFA                          | Monounsaturated fatty acids              |