The Effect of Clindamycin on the Incidence of Alveolar Osteitis in Cases of Acute Infection

Thesis Submitted for partial fulfillment of the requirements for master degree in Oral and Maxillofacial Surgery

By

Fayrouz Abd El Hameed Mohamed

B.D.S 2009, Ain-Shams University Resident of Oral and Maxillofacial Surgery Department Kobry El Kobba Military Hospital

Supervised by

Dr. Mohamed Diaa' Zain Elabedeen

Professor of Oral and Maxillofacial Surgery Faculty of Dentistry, Ain-Shams University

Dr. Marwa Abdelwahab El-Kassaby

Professor of Oral and Maxillofacial Surgery Faculty of Dentistry, Ain-Shams University

Dr. Raafat Youssef Riad

Assistant Professor of Oral and Maxillofacial Surgery Armed Forces Medical Academy

Faculty of Dentistry - Ain Shams University 2020

*Ac*knowledgment

Foremost, I want to offer this endeavour to our GOD Almighty for the wisdom he bestowed upon me, the strength, the peace of mind and good health in order to finish this research.

To my life-coach, friend, eternal awe-inspiring and supervisor **Prof. Dr. Marwa ElKassaby**. Under your guidance, I successfully overcame many difficulties and learned a lot. I owe it all to you. Many Thanks!

I am grateful to my forever supporting, encouraging and always enthusiastic mentor **Prof. Dr. Raafat Riad**, who have provided me through moral and professional support in my life.

A very special gratitude goes out to **Dr. Mohamed Diaa** for his understanding, encouragement and personal attention which have provided good and smooth basis for my Master tenure.

I am also extremely indebted to **Dr. Mazen Attia**, **Dr. Marwa Taher and Dr. Rania Halim**, for their help, patience, motivation, and guidance.

With a special mention to my dear friends **Nehal Yousri** and **Hany Salah** who have, in their own ways, kept me going on my path to success, assisting me as per their abilities, in whatever manner possible and for ensuring that good times keep flowing. Thanks for all your encouragement!

To my beloved Mother, Father, Fadwa, Mohamed and Ali

I couldn't have done this without you.

Thank you for the love, faith and support along the way.



This thesis was a part of a project conducted on the different etiologies and risk factors related to Alveolar Osteitis. This project included the thesis of dear colleagues:

- Hany Salah El-Din, titled: "The effect of Chlorohexidine on the prevention of Alveolar Osteitis after surgical extraction of lower molars".
- Ayman Omar Tawfik, titled: "Assessment of Atraumatic Extraction Technique on the Incidence of Alveolar Osteitis".
- Ramy Hamdy El-Shater, titled: "The efficacy of hyaluronic acid in decreasing the incidence of Alveolar Osteitis following surgical extraction of mandibular molars".

There are no financial conflicts of interest to disclose with the manufacturers of any of the materials mentioned within the contents of this study.

I	Page
List of Abbreviations	iii
List of Figures	iv
List of Tables	vi
Introduction	1
Review of Literature	4
Alveolar Osteitis	4
Etiology and Incidence	5
Risk Factors of Alveolar Osteitis	7
Prevention of Alveolar Osteitis	13
Management of Alveolar Osteitis	21
Role of Clindamycin in Alveolar Osteitis	25
Aim of the study	34
Patients and Methods	35
Patient Selection	35
Patient grouping	36
Pre-surgical Assessment	38
Surgical Technique	40
Post-operative Care	44
Post-Operative Follow Up	45
Data Management & Statistical analysis	47
Results	48
Overall Clinical outcomes	48
Demographic Data	61
Risk factors related to Alveolar Osteitis	63

List of Contents

	Page
Discussion	72
Summary, Conclusion and Recommendations	86
Appendix	91
References	110
Arabic Summary	

AO Alveolar Osteitis

NSAIDS Non-Steroidal Anti-Inflammatory Drugs

VAS Visual Analogue Scale

CHX Chlorohexidine

PMC Pseudo-membranous colitis

MIC The minimum inhibitory concentration

Fig. No.	Title	Page
1	Mechanism of fibrinolytic activity in Alveolar Ostetits	6
2	Lower left second molar before extraction	39
3	Preoperative panoramic radiograph	39
4	The Anesthetic Carpule	40
5	Tray of the surgical instruments used for extraction of molars	41
6	Gel foam	42
7	Gel foam pieces	42
8	Gel form of the clindamycin phosphate gel	42
9	Socket of lower left second molar after extraction	43
10	Application of clindamycin phosphate gel to gel foam pieces before insertion in the extraction socket	43
11	Suturing of the socket after application of the gel foam	43
12	Alvogyl dressing	46
13	Bar chart showing frequency of Alveolar Osteitis in all groups	51
14	Photograph showing dry socket in a lower second molar	52
15	Bar chart showing percentage of VAS score in all groups	54
16	Line chart showing values of VAS score in all groups at different observation dates	58
17	Bar chart showing values of VAS score in all groups at different observation dates	58
18	Bar chart showing values of percent change of VAS score in all groups at different interval	59



Fig. No.	Title	Page
19	Bar chart showing mean Patient's age in different groups	61
20	Bar chart showing history of Alveolar Osteitis in all groups	62
21	Bar chart showing the extracted teeth in all groups	64
22	Bar chart showing indication for extraction in all groups	65
23	Pie chart showing distribution of smoking habit in group IA	67
24	Pie chart showing distribution of smoking habit in group IB	68
25	Pie chart showing distribution of smoking habit in group IIA	68
26	Pie chart showing distribution of smoking habit in group IIB	69
27	Bar chart showing distribution of smoking habit in all groups	69
28	Bar chart showing oral hygiene condition in all groups	71

Table No.	Title	Page
1	Details of cases of Alveolar Osteitis in group IA	49
2	Details of cases of Alveolar Osteitis in group IIA	50
3	Details of cases of Alveolar Osteitis in group IIB	51
4	Frequency and percentage and results of chi square test for comparison of incidence of alveolar osteitis between groups	51
5	Pain score of visual analog scale (VAS)	52
6	Frequency and percentage and results of comparison of severity of pain between groups	55
7	Values of VAS score and significance of the difference between groups	57
8	Percent change in values of VAS score and significance of the difference between groups	60
9	Patient's age and significance of the difference between groups	61
10	History of alveolar osteitis and significance of the difference between groups	62
11	Number of surgically extracted tooth and significance of the difference between groups	63
12	Cause for extraction and significance of the difference between groups	65
13	Smoking habit and significance of the difference between groups	67
14	Oral hygiene condition and significance of the difference between groups	70