سامية محمد مصطفى



شبكة المعلومات الحامعية

# بسم الله الرحمن الرحيم



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سامية محمد مصطفي



شبكة العلومات الحامعية



شبكة المعلومات الجامعية التوثيق الالكتروني والميكروفيلم





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شبكة المعلومات الجامعية

# جامعة عين شمس

التوثيق الإلكتروني والميكروفيلم

# قسو

نقسم بالله العظيم أن المادة التي تم توثيقها وتسجيلها علي هذه الأقراص المدمجة قد أعدت دون أية تغيرات



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سامية محمد مصطفى

شبكة المعلومات الحامعية



بالرسالة صفحات لم ترد بالأصل



# STUDY OF SOME PSYCHOLOGICAL ASPECTS IN ASTHMATIC CHILDREN AND THEIR PARENTS.

### Thesis

**Submitted In Partial Fulfillment of the Requirements of Master Degree In Pediatrics** 

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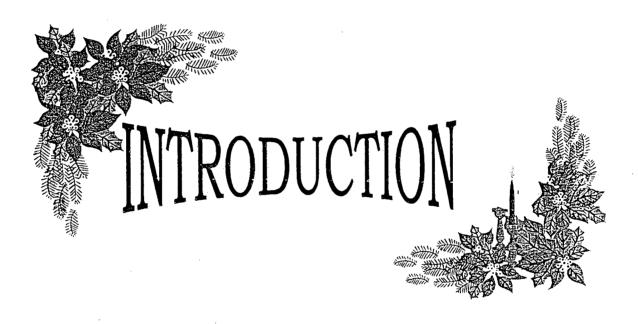
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#### **INTRODUCTION**

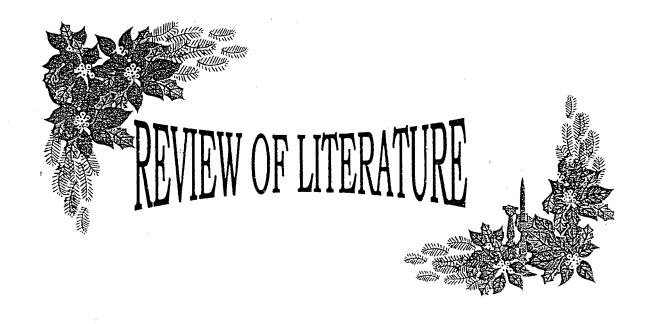
Asthma is one of the most frequent chronic illnesses in children<sup>(1)</sup>. Its prevalence in Egypt is calculated around 8.2% among school children <sup>(2)</sup>.

Children with asthma are troubled by symptoms of asthma such as cough, dyspnea, and wheeze, in addition to social, educational, and emotional impairments that they experience as having asthma <sup>(3)</sup>.

There is a growing body of evidence showing that the conventional clinical indices of asthma severity (airway caliber, symptoms, airway responsiveness, etc.) correlate weakly with how patients are actually feeling and how they are able to function in their lives because of their asthma <sup>(4)</sup>.

When assessing and treating asthma, it is certainly important to evaluate the airways by the pulmonary functions, it is equally important also to evaluate the impact of the condition on the patients themselves. However, illness not only has an impact on the patients only, but also affects the quality of life of the family especially the primary caregivers who are limited in their own normal daily activities and have an anxiety and stress as a result of illness of their asthmatic children <sup>(5)</sup>.

There are many numbers of instruments that able to measure the quality of life of the asthmatic children and can be used in both clinical studies and practice. They may provide scientifically sound and valid information about patients' experiences that complements conventional clinical measures (4).



#### **REVIEW OF LTERATURE**

Asthma is a chronic inflammatory disease of airways with multi factorial Pathogenesis. It is a diffuse obstructive lung disease with hyperreactivity of the airways to a variety of stimuli and high degree of reversibility of the obstructive process which may occur spontaneously or with treatment <sup>(6)</sup>.

Asthma may have its onset at any age. As many as 10-15% of boys and 7-10% of girls have asthma during childhood. About 80-90% have their first symptoms before 4-5 years of age and 30% of them are symptomatic by one year of age <sup>(7)</sup>.

In Egypt 23.2% of wheezy infants were proved to be real asthmatics, but the incidence of asthma among school children aged 5-15 years old was found to be 8.2% (2).

Both prevalence and mortality from asthma have increased during the last decade. The prevalence accounts for approximately 10% of total asthma population and the highest prevalence of sensitization occurs in children more than 7 years old and young adults <sup>(7)</sup>.

Asthma is defined by three characteristic features, namely intermittent reversible airway obstruction, airway responsiveness and airway inflammation. The primarily underlying abnormality in this disease is thought to be the unique form of airway inflammation that gives rise reversible to obstruction hyperresponsiveness (8).