بسم الله الرحمن الرحيم

MONA MAGHRABY

شبكة المعلومات الجامعية

التوثيق الالكتروني والميكروفيلم

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جامعة عين شمس

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قسم

نقسم بالله العظيم أن المادة التي تم توثيقها وتسجيلها
علي هذه الأقراص المدمجة قد أعدت دون أية تغيرات

يجب أن

تحفظ هذه الأقراص المدمجة بعيدا عن الغبار

MONA MAGHRABY

Prevalence and Risk Factors of Urinary Incontinence in Frail Elderly males

Thesis

Submitted for Partial Fulfillment of Master Degree
In Geriatrics and Gerontology

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Appendices

1. Master Sheet

- Serial No: …….. Date: …… Tele no: ……..
- Name: …… Age: ……. Setting: ……

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1) Marital status 1. Married 2. Not married
2) Education: …….years
3) Smoking 1. Yes 2. No.
   If yes: 1. Current 2. Ex-smoker Smoking index: …….
4) Alcohol abuse: …….. Caffeine abuse: …….
   Duration:

5) History of UI: 1. Yes 2. No

   Duration:
6) History of fecal incontinence: 1.Yes 2.No
   Duration:
7) Other comorbidities:

……

……

……

8) Drug history:

……

……

9) Surgical history:

……

10) Wt: …… Ht: ……. BMI: …….

11) Neurological examination……..

……

12) Clinical frailty scale: ……..……

13) ICIQ-UI SF:

How often do you leak urine?

……..……..

We would like to know how much urine you think leaks.
How much urine do you usually leak (whether you wear protection or not)?

……..……..

Overall, how much does leaking urine interfere with your everyday life?
Please ring a number *between 0 (not at all) and 10 (a great deal)*

……..……..

ICIQ score:

1. Mild (1-5). 2. Mode rate (6-12).
3. Severe (13-18). 4. Very severe (19-21).

14) Type of UI: …….

15) **IIQ-7 SF:**

Question 1: Praying? .....

Question 2: Housekeeping? .....

Question 3: Physical Recreational Activities? .....

Question 4: Social Activities? .....

Question 5: Travelling? .....

Question 6: Anxiety/Frustration? .....

Question 7: Depression/Hopelessness? .....

16) MMSE: ……. / 30

17) GDS: ……. /15 1. + Ve 2. – Ve

18) ADL: 1. Independent 2. Assisted 3. Dependent

19) IADL: 1. Independent 2. Assisted 3. Dependent

20) AUA score: …….. Mild (0-7) Moderate (8-18) Severe (19-35)

21) Urine analysis:

Pus cells:

Abstract

Background: Urinary incontinence (UI) is a major geriatric problem, that is underestimated in frail older males.

Aim: To identify risk factors of impaired QOL among frail older males with UI.

Methods: A cross-sectional study including 120 frail older males attending Geriatric Hospital at Ain Shams University Hospitals. Sixty subjects had UI. Participants were tested by the Arabic version of International Consultation on Incontinence Questionnaire-Urinary Incontinence Short Form (ICIQ-UI SF), the American Urological Association symptom index (AUA-SI) and the Arabic version of Incontinence Impact Questionnaire; short form (IIQ-7 SF) to measure the severity of UI, lower urinary tract symptoms and health-related QOL respectively.

Results: Mixed form of UI (40%) was the most prevalent type followed by urge UI (38.3%). Prevalence of depression was 56.67%. More than 90% expressed emotional health affection and more than two thirds had difficulty praying, travelling and performing physical and social activities. Most of the domains were affected in patients with mixed or urge urinary incontinence, compared with other types of UI. A positive relationship was found between severity of UI symptoms and severity of QOL impairment in all domains. UI-associated QOL was positively affected by social isolation, depression, functional dependence, advanced frailty status, severe UI, long UI duration, presence of chronic constipation and using alpha-blockers. Social isolation was the only independent predictor for decreased UI-associated QOL.

Conclusion: UI exerts negative impact on QOL of frail older males through social and psychological factors, functional level, frailty status, comorbidity, medication use, and severity and duration of UI symptoms.

Keywords: urinary incontinence, frail older males, QOL

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List of Abbreviations

ACEIs .....Angiotensin converting enzyme inhibitors

AD .....Alzheimer's disease

ADH.....Antidiuretic hormone

ADL .....Activities of daily living

ANP .....Atrial natriuretic peptide

AUA .....The American Urological Association

BMI.....Body mass index

BNP .....Brain natiuretic peptide

BOO.....Bladder outlet obstruction

BPH .....Benign prostatic hyperplasia

CFS.....Clinical frailty scale

CHF .....Congestive heart failure

CKD.....Chronic kidney disease

CNS .....Central nervous system

COPD.....Chronic obstructive pulmonary disease

CSHA.....Canadian Study of Health and Aging

CT.....Computed Tomography

DHEA.....Dehydroepiandrosterone

DHIC.....Detrusor hyperactivity with impaired contractility

DLB .....Dementia with Lewy bodies

DM.....Diabetes Mellitus

EAU .....European Association of Urology

FI.....Frailty Index

FIM.....Functional independence measure

GDS .....Geriatric depression scale

List of Abbreviations

HDL .....High density lipoprotein

HRQOL .....Health-related quality of life

IADL .....Instrumental activities of daily living

ICS .....International Continence Society

ICIQ-UI SF.....International Consultation on Incontinence Questionnaire-Short Form

IIQ-7 SF.....Incontinence Impact Questionnaire - 7 Short form

IL-6.....Interleukin-6

IPSS.....International Prostate Symptom Score

LUTS.....Lower urinary tract symptoms

MMSE.....Mini-mental state examination

MRI .....Magnetic resonance imaging

NHANES .....National Health and Nutrition Examination Survey

NICE.....National Institute of Health and Care Excellence

NSAIDs .....Nonsteroidal anti-inflammatory drugs

NYHA.....New York Heart Association

OAB .....Overactive bladder

OSA .....Obstructive sleep apnea

PRISMA-7.....Program of Research on Integration of Services for the Maintenance of Autonomy-7

PSA.....Prostate-specific antigen

PVR .....Post-void residual

QOL.....Quality Of Life

List of Abbreviations

QUID.....Questionnaire for Urinary Incontinence Diagnosis

SUI .....Stress Urinary Incontinence

TNFα .....Tumour necrosis factor-α

TUGT.....Timed Up and Go Test

TURP.....Transurethral resection of prostate

TUE .....Transurethral enucleation with bipolar

UAB .....Underactive bladder

UDS .....Urodynamic studies

UI.....Urinary Incontinence

USA .....United State of America

UTI .....Urinary tract infection(s)

UUI .....Urge Urinary incontinence

WPSI.....The Women's Preventive Services Initiative

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