

سامية محمد مصطفى



شبكة المعلومات الجامعية

بسم الله الرحمن الرحيم



سامية محمد مصطفى



شبكة المعلومات الجامعية



شبكة المعلومات الجامعية التوثيق الالكتروني والميكروفيلم



سامية محمد مصطفى



شبكة المعلومات الجامعية

جامعة عين شمس

التوثيق الإلكتروني والميكروفيلم

قسم

نقسم بالله العظيم أن المادة التي تم توثيقها وتسجيلها
علي هذه الأقراص المدمجة قد أعدت دون أية تغيرات



يجب أن

تحفظ هذه الأقراص المدمجة بعيدا عن الغبار



سامية محمد مصطفى



شبكة المعلومات الجامعية



بعض الوثائق الأصلية تالفة



سامية محمد مصطفى



شبكة المعلومات الجامعية



بالرسالة صفحات لم ترد بالأصل



EFFECT OF EDUCATION PROGRAM FOR CARE-GIVERS ABOUT HEALTH PROMOTION OF PRESCHOOL CHILDREN IN NURSERIES

*Thesis submitted in partial fulfillment requirements for the
Doctorate Degree in nursing science
(pediatric Nursing)*



By

Faten Shafik Mahmoud Nasaar
(M.sc. Pediatric Nursing)

Supervisors

Prof. Dr. Abd El-Rahim Saad Shoulah

Professor of Public Health Department
Benha Faculty of Medicine
Dean of Faculty of Nursing
Zagazig University

Prof. Dr. Ismail Abou El-Ela

Professor & chairman of pediatrics &
Neonatology department
Benha Faculty of Medicine
Zagazig University

Prof. Dr. Mahmoud Fawzy El-Gendy

Professor of Community,
Environmental and Occupational, Medicine
Department Benha Faculty of Medicine
Zagazig University

Prof. Dr. Sabah Saad Al-Sharkawi

Professor of Pediatric Nursing
Faculty of Nursing
Ain Shams University

**Faculty of Nursing
Zagazig University
Benha Branch
2004**

B

1E/10C

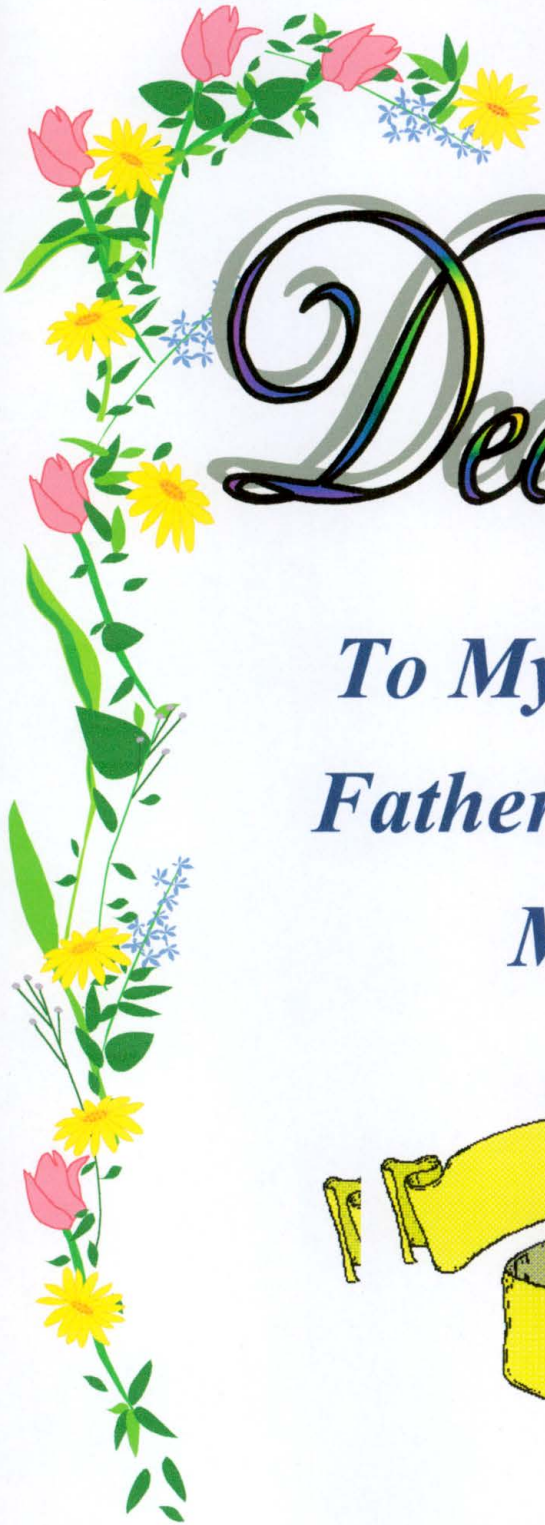
بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

(قَالُوا سُبْحَانَكَ لَا عِلْمَ لَنَا إِلَّا بِكَ مَا عَلَّمْنَا

إِنَّا أَنْتَ الْعَلِيمُ الْحَكِيمُ)

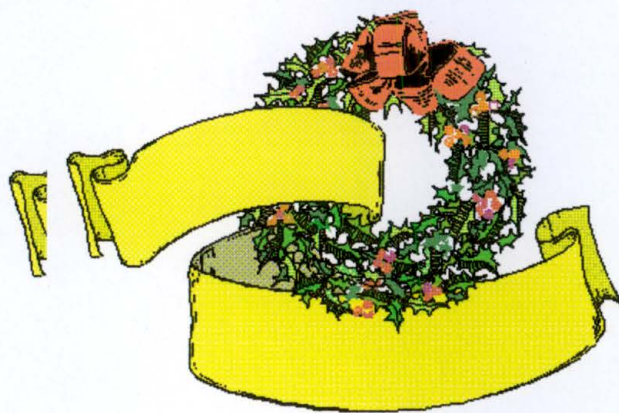
صدق الله العظيم

"سورة البقرة ٣٢"



Dedications

*To My Husband, My
Father, My Mother and
My Children*



Acknowledgment

Firstly ultimate thanks to God.

I would like to express my profound gratitude to **PROF. Dr. ABD ELRAHIM SAAD SHOULAH** professor of public health, Faculty of Medicine Benha Branch Zagazig University and Dean of Faculty of Nursing for his generosity, wisdom and kind supervision. I will always be indebted for his sincere advice.

I would like to express my deepest gratitude to **PROF. DR. ISMAIL ABOU EL-ELA** Professor of Pediatric medicine Benha University, for his kind generous help during the conduction of this research under his supervision. I would like to thank him for the bright remarks that guided me all through this work.

I am deeply grateful to **PROF. Dr. MAHMOUD FAWAZY ELGENDY**, Professor of community, environmental and occupational Medicine Department, Benha Faculty of Medicine, Zagazig University for his generous advise, constant encouragement and unlimited help.

I would like to express my deep appreciation to **PROF. Dr. SABAH SAAD AL-SHARKOWI** Prof of Pediatric Nursing, Faculty of Nursing, Ain shams University, for her great help and advice which no doubt paved the way for the production and completion of this work.

I wish to express my deepest gratitude to my parents and family who help me for their valuable assistance through work.

CONTENTS

	Page No.
- INTRODUCTION	1
- AIM OF THE STUDY	3
- REVIEW OF LITERATURE	4
 <i>Chapter (I):</i>	
Growth and development of preschool children	4
- Factors Affecting Child Health	4
- Stages of growth and development.	6
 <i>Chapter (II):</i>	
- Health promotion of preschool child.	17
 <i>Chapter (III) :</i>	
- Behavioral Problems.	37
 <i>Chapter (IV):</i>	
- Role of caregivers in the nursery school.	47
 <i>Chapter (V):</i>	
- In -service education program.	53
-SUBJECT AND METHODS.....	56
-RESULTS.....	61
-DISCUSSION.....	112
-CONCLUSION.....	123
-RECOMMENDATIONS.....	124
-SUMMARY.....	126
-REFFERENCES.	131
-APPINDICES.	
-ARABIC SUMMARY.	

LIST OF TABLES

➤ Review:

Table No.	Description	Page No.
Table (1)	Accident and accident - prevention strategies in the preschool period (3-5 years).	34
Table (2)	Recent immunization schedule	36

➤ Result:

Table No.	Description	Page No.
Table (1)	Number and percentage distribution of caregivers according to their socio demographic data:	62
Table (2)	Number and percentage distribution of children in relation to their characteristics	67
Table (3)	Percentage distribution of the behavioral problems among the study group of children.	69
Table (4)	Percentage distribution of caregivers' knowledge regarding the growth and development before and after the program.	71
Table (5)	Percentage distribution of caregivers knowledge regarding normal physical growth of preesechool children before and after the program.	73
Table (6)	Percentage distribution of caregivers' knowledge regarding physiological measurement before and after the program	75

Table No.	Description	Page No.
Table (7)	Percentage distribution of caregivers knowledge regarding the development of pre-school children before and after program.	77
Table (8)	Percentage distribution of caregivers knowledge regarding health promotion of preschool children.	79
Table (9)	Percentage distribution of caregivers' management of behavioral problems before and after the program.	82
Table (10)	Mean practice scores of caregivers about measuring vital signs before and after the application of the program (n = 50)	84
Table (11)	Mean practice scores of caregivers about first aids before and after the application of the program.	86
Table (12)	Relation between caregivers knowledge concerning the normal physical growth of preschool child in relation to their age.	88
Table (13)	Relation between caregivers knowledge concerning the child motor, emotional, social and cognitive development in relation to their age.	89
Table (14)	Relation between caregivers knowledge regarding the health promotion of preschool children in relation to their age.	91

Table No.	Description	Page No.
Table (15)	Relation between caregivers' knowledge regarding physical growth of preschool children in relation to their educational level.	93
Table(16)	Relation between caregivers knowledge regarding normal development of preschool children in relation to their educational level.	96
Table(17)	Relation between caregivers knowledge regarding health promotion of preschool , children in relation to their educational level.	97
Table (18)	Relation between caregivers knowledge regarding the normal physical growth of preschool children in relation to their marital status.	99
Table (19)	Relation between caregivers knowledge regarding normal development of preschool children in relation to their marital status.	100
Table (20)	Relation between caregivers knowledge regarding health promotion of preschool children in relation to their marital status.	102
Table (21)	Relation between caregivers knowledge regarding normal growth of preschool children in relation to their years of experiences after program implementation.	104

Table No.	Description	Page No.
Table (22)	Relation between caregivers knowledge regarding normal development of preschool children in relation to their years of experiences.	105
	Table (23):Relation between caregivers knowledge regarding health promotion of preschool children in relation to their years of experiences.	106
Table (24)	Means practice scores of caregivers about measuring vital signs of preschool children before and after the program implementation according to their socio-demographic characteristics.	108
Table (25)	Means practice scores of caregivers about first aids of preschool children before and after the program implementation according to their socio-demographic characteristics.	110

LIST OF FIGURES

➤ Review

Fig. No.	Description	Page No.
Fig. (1)	Food Guide Pyramid	25

➤ Result:

Fig. No.	Description	Page No.
Fig (1-a)	Percentage distribution of caregivers according to their age in years	64
Fig (1-B)	Percentage distribution of caregivers according to their educational level	64
Fig (1-C)	Percentage distribution of caregivers according to their Marital status	65
Fig (1-D)	Percentage distribution of caregivers according to their sibling number	65
Fig (1-E)	Percentage distribution of caregivers according to their experience	66
Fig (2)	Number and percentage distribution of children in relation to their characteristics	68
Fig (3)	Percentage distribution of the behavioral problems among the study group of children	70
Fig (4)	Caregivers' knowledge regarding physical growth before and after the program	72
Fig (5)	Caregivers knowledge regarding the child weight length and teeth number before and after the program	74