

شبكة المعلومات الجامعية التوثيق الإلكتروني والميكروفيلو

بسم الله الرحمن الرحيم





MONA MAGHRABY



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The Combined Antimicrobial Activity of Citrus Honey and Fosfomycin on Multidrug Resistant *Pseudomonas aeruginosa* Isolates

Thesis

Submitted for Partial Fulfillment of M.D. Degree in Medical Microbiology and Dmmunology

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Tist of Abbreviations

Abb.	Full term
AIDS	Acquired immunodeficiency syndrome
	American type culture collection
°C	
	Centre for Disease Control and Prevention
CF	•
	Clinical laboratory standards institute
	Deoxyribonucleic acid
E. coli	·
<i>ECDC</i>	European Centre for Disease Prevention and Control
ESBL	Extended spectrum beta-lactamases
<i>E-test</i>	-
<i>ETT</i>	Endotracheal tube
EUCAST	European Committee on Antibiotic Susceptibility Testing
ExoU	
	Glucose 6-phosphate
	Hospital acquired infections
ICUs	Intensive care units
<i>IDSA</i>	Infectious Diseases Society of America
MDEPs	Multidrug efflux pumps
<i>MDR</i>	Multidrug resistant
μg	Microgram
MHA	Muller Hinton agar
<i>MIC</i>	Minimal inhibitory concentration
min	-
ml	Milliliter

Tist of Abbreviations cont...

Abb.	Full term
MRSA	Methicillin resistant Staphylococcus aureus
	Pseudomonas aeruginosa
_	Polymerase chain reaction
	Pandrug resistant
	Phosphoenolpyruvate
<i>RNA</i>	
s	Second
S. aureus	Staphylococcus aureus
<i>SD</i>	Standard deviation
sig	Significance
<i>SPSS</i>	Statistical package for Social Science
T3SS	Type III secretion system
UDPMurNAc	Uridine diphosphate N-acetylmuramic acid
<i>UK</i>	United Kingdom
USA	United states of America
UTIs	Urinary tract infections
V/V	Volume per volume
<i>VAP</i>	Ventilator associated pneumonia
VRE	Vancomycin resistance Enterococci
XDR	Extensively drug resistant

Introduction

evelopment and spread of antibiotic resistance is an alarming threat to effective treatment and prevention of bacterial infections in humans and animals. Solving this problem necessitates searching for natural antimicrobial alternatives. Currently, more researchers are turning their attention to traditional medicines as a potential source of antimicrobial agents (Wasfi et al., 2016).

The medicinal effects of honey date back to the days of Aristotle (384–322 BC) for the treatment of sore eyes and wound infections. This reputation has continued up to the present day, leading to the emergence of a relatively new branch of alternative medicine, called "apitherapy", which focuses on medical applications of honey and other bee products. Different types of honey have been used in many countries as an alternative to pharmaceutical products for treating infected burn wounds. This is attributed to the effectiveness of these honeys in inhibiting or killing different types of bacteria (Vandamme et al., 2013 and Almasaudi et al., 2017).

Pseudomonas aeruginosa is a common opportunistic microorganism that causes various infections in human beings. It is often associated with different types of health care associated infections. Because it possesses a battery of virulence genes, *Pseudomonas* aeruginosa can cause both acute and chronic diseases. Pseudomonas aeruginosa antimicrobial resistance is due to its



potential ability to acquire new antimicrobial resistance genes and is enhanced by its ability to form biofilm (Camplin and Maddocks, 2014 and Hassuna, 2016).

Type III secretion system has been identified as a major pathogenesis of virulence determinant in the Pseudomonas aeruginosa infections. Type III secretion system allows the delivery of various effector toxins as exoenzyme S, exoenzyme U, exoenzyme Y, and exoenzyme T into host cells, which can facilitate the pathogen cellular invasion. Various studies suggest that exoenzyme U-producing strains are associated with poor outcomes, resistance to many antibiotics and high mortality rates (Hassuna, 2016).

As the use of novel antimicrobial agents became limited, the re-evaluation of older antibiotic agents seems to be an appealing option. Fosfomycin is an old and decommissioned antibiotic that inhibits the initial steps of cell wall synthesis and was previously used mainly as oral treatment for uncomplicated urinary tract infections. It currently attracts clinicians' interest worldwide due to its reported activity against pathogens with advanced resistance and treatment of difficult infections (*Matthew et al.*, 2016).

The use of antibiotics exerts selection pressures that favor the emergence of mutants with antibiotic resistance determinants. Experiments with honey indicate that bacteria failed to manifest resistance to honey in the laboratory. It can



be postulated that combinations of antibiotic and honey would be less likely to encourage the emergence of multidrug resistant bacteria than antibiotics alone (Jenkins and Cooper, 2012).

Aim of the Work

The aim of the present study was to evaluate the synergistic antibacterial effect of citrus honey and fosfomycin on multidrug resistant *Pseudomonas aeruginosa*.