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Comparative Study of Norepinephrine and Ephedrine for Prophylaxis against Hypotension during Spinal Anesthesia for Cesarean Section

Thesis

Submitted for Partial Fulfillment of Master Degree in **Anesthesiology**

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Tist of Abbreviations

Abb.	Full term
ASA	American Society of Anesthesia
	American Society of Regional Anesthesia &
	Pain Medicine
bpm	Beat per minute
	Blood urea nitrogen
	Closing capacity
	Central nervous system
CO	
<i>Cr</i>	-
<i>CS</i>	Cesarean section
<i>CSF</i>	Cerebro spinal fluid
dl	
FDA	Food & Drug Administration
<i>FRC</i>	Functional residual capacity
G	Gauge
g	Gram
GDFT	Goal Directed Fluid Therapy
<i>HR</i>	Heart rate
<i>Hr</i>	Hour
<i>i.v.</i>	Intravenous
<i>IQR</i>	Interquartile range
<i>Kg</i>	
	Local Anesthetic
	Local Anesthetic systemic toxicity
<i>MAC</i>	$Minimal\ alveolar\ concentration$
	Mono amine oxidase inhibitor
<i>MBP</i>	Mean blood pressure
<i>mg</i>	
<i>Min</i>	
<i>Ml</i>	
<i>NE</i>	
	Post Dural Puncture Headache
<i>PE</i>	Phenylephrine

Tist of Abbreviations cont...

Abb.	Full term
<i>PIH</i>	Pregnancy induced hypertension
<i>RA</i>	Regional anesthesia
<i>SA</i>	Spinal anesthesia
<i>SBP</i>	Systolic blood pressure
<i>SD</i>	Standard deviation
<i>SHSP</i>	Supine Hypotension Syndrome of
	Pregnancy
SVR	Systemic vascular resistance
<i>UA-PI</i>	Umbilical artery pulsatility index
<i>UtA-PI</i>	Uterine artery pulsatility index
VR	
μg	Microgram

Introduction

Spinal anesthesia is the preferred method for elective cesarean sections due to considerable risks regarding airway management associated with physiological changes of pregnancy (*Macarthur and Riley*, 2007).

Cesarean sections normally require an anesthetic block at T4 level, so hypotension is reported in up to 80% of spinal anesthesia cases (*Hoyme et al.*, 2015).

When maternal hypotension associated with spinal anesthesia for cesarean section is severe and sustained, it can lead to serious maternal complications as well as impairment of the uterine and placental blood flow with consecutive fetal hypoxia, acidosis, and neurological injury (*Cyna et al.*, 2006).

Many approaches have been investigated to prevent spinal hypotension, e.g., fluid loading, vasopressors, or both. Intravenous fluid protocols have been investigated in many trials to prevent spinal hypotension, but the clinical results were not satisfactory. With this in mind, investigators have turned their attention to vasopressor protocols to prevent spinal hypotension (*Hasanin et al.*, 2017).

Conventionally, ephedrine was regarded as the first-choice drug to maintain maternal blood pressure. Its sympathomimetic stimulant activity on α - and β -adrenergic receptors causes positive inotropic and chronotropic effects on