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Risk Factors and Outcomes for Colonic Ischemia after Abdominal Aortic Aneurism Repair

Thesis

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List of Abbreviations

Abb.	Full term
AAA	Abdominal Aortic Aneurysm
EVAR	Endovascular aneurysm repair
IC	ischemic colitis
MI	mesenteric ischemia
CI	colonic ischemia
HA	hypogastric artery
IMA	inferior mesenteric artery
SMA	superior mesenteric artery
i-FABP	intestinal fatty acid binding protein
L-FABP	liver fatty acid binding protein
CAD	coronary artery disease
CKD	chronic kidney disease
ELISA	enzyme-linked immunosorbent assay
IL-6	interleukin-6
PCT	Procalcitonin
PADs	peripheral arterial disease
COPD	chronic obstructive pulmonary disease
PAUS	pelvi-abdominal ultrasound

CT	Computed tomography
DM	diabetes mellitus
HTN	hypertention
ISHD	ischemic heart disease
CIA	common iliac artery
EIA	external iliac artery
CFA	common femoral artery
OR	open repair

INTRODUCTION

Mesenteric ischemia remains a major adverse event following abdominal aortic aneurysm (AAA) repair associated with a high mortality (*Saskia et al., 2019*).

The incidence of clinically significant Mesenteric ischemia is in the range of 1 to 3% after elective surgery and 10% in case of rupture. When routine postoperative colonoscopy is performed, the incidence is higher (*Djavani et al., 2009*).

Mesenteric ischemia after AAA repair has a multifactorial origin leading to hypo perfusion of the intestines. Patient-dependent variables are age, renal impairment, and smoking. These variables are also associated with the development of atherosclerosis leading to a higher risk of mesenteric ischemia (*Neary et al., 2007*).

Perioperative variables including indication for surgery (ruptured vs elective), type of treatment (EVAR vs open), and operative details (duration of surgery, blood loss, inferior mesenteric artery reconstruction, site of distal anastomosis, hypo gastric artery embolization or coverage). These factors could lead to intraoperative hemodynamic disturbances, making the patient more prone to develop mesenteric ischemia (*Becquemin et al., 2008*).

In the last decades the treatment modalities for AAA have expanded. Besides open repair (OR) endovascular aneurysm repair (EVAR) was introduced as a less invasive treatment option. It has been suggested that endovascular repair leads to a lower incidence of mesenteric ischemia, although

similar incidences have also been reported (*Maldonado et al., 2007*).

A relatively new innovative tool in AAA management is fenestrated EVAR (FEVAR), designed to treat patients with short neck infrarenal, juxtarenal, and suprarenal AAA, and type IV thoraco abdominal aneurysms. With this technique the proximal sealing zone of the stent graft is extended beyond the renal arteries by incorporation of fenestrations into the graft for the visceral vessels. It is speculated that (FEVAR) may lead to a better perfusion of the intestines through the created branches and therefore may lead to a lower incidence of mesenteric ischemia after AAA repair (*Mastracci et al., 2010*).

FEVAR is associated with lower perioperative mortality, complication rates compared with elective open repair of AAAs (*O'Donnell et al., 2020*).

AIM OF THE WORK

It aims to review the clinical spectrum of mesenteric ischemia (CI) following abdominal aortic aneurysm (AAA) repair and to assess the incidence, overall mortality, and associated factors of occurrence.

REVIEW OF LITERATURE

Anatomy

Prior to discussing the causes of intestinal ischemia following AAA repair, a review of mesenteric arterial anatomy is in order.

Three major vessels serve the abdominal contents: (**AdamCloud et al;2019**)

- Celiac trunk: Supplies the esophagus, stomach, proximal duodenum, liver, gallbladder, pancreas, and spleen.
- Superior mesenteric artery (SMA): Supplies the distal duodenum, jejunum, ileum, and colon to the splenic flexure.
- Inferior mesenteric artery (IMA): Supplies the descending colon, sigmoid colon, and rectum.

The mesenteric arterial system involves extensive collateralization (**Fig. 1**), such that chronic intestinal ischemia rarely occurs unless at least two of the three main mesenteric arteries are compromised (*Arvey et al., 2010*).