

بسم الله الرحمن الرحيم

000000

تم رقع هذه الرسالة بواسطة / سلوي محمود عقل

بقسم التوثيق الإلكتروني بمركز الشبكات وتكثولوجيا المطومات دون أدنى مسنولية عن محتوى هذه الرسالة.

NA		T R	ملاحظات:
4 1	6997		
	AIMSWAM	R. MININERRINA.	
1	5/15/20	1992	- 1 3 m. f

بمكات وتكنولوجبارته



Serum Calprotectin as a Potentially Sensitive Biomarker for Inflammatory Bowel Disease in Egyptian Patients

Thesis

Submitted for Partial Fulfilment of Master Degree in **Clinical Pathology**

Presented by

Nehal Said Mohamed Azab

M.B.B.Ch.
Faculty of Medicine, Ain Shams University

Supervised by

Prof. Dr. Hala Ahmed Sherif Talkhan

Professor of Clinical Pathology Faculty of Medicine, Ain Shams University

Dr. Dalia Youssef El-Metwaly Samaha

Assistant Professor of Clinical Pathology Faculty of Medicine, Ain Shams University

Dr. Lamyaa Elsayed Mehriz Ali

Lecturer of Clinical Pathology Faculty of Medicine, Ain Shams University

Faculty of Medicine, Ain Shams University
2021



سورة البقرة الآية: ٣٢

Acknowledgments

First and foremost, I feel always indebted to **Allah** the Most Beneficent and Merciful.

I wish to express my deepest thanks, gratitude and appreciation to **Prof. Dr. Ibala Ahmed Sherif Talkhan**, Professor of Clinical Pathology, Faculty of Medicine, Ain Shams University, for her meticulous supervision, kind guidance, valuable instructions and generous help.

Special thanks are due to **Dr. Dalia Youssef El- Metwaly Samaha**, Assistant Professor of Clinical Pathology, Faculty of Medicine, Ain Shams University, for her sincere efforts, fruitful encouragement.

I am deeply thankful to **Dr. Lamyaa Elsayed Mehriz Ali**, Lecturer of Clinical Pathology, Faculty of
Medicine, Ain Shams University, for her great help,
outstanding support, active participation and guidance.

Thanks to **Dr. Hagar Ahmed Ahmed Elessawy**, Lecturer of Internal Medicine, Faculty of Medicine, Ain Shams University for her efforts and help through this study. Patients data collection and samples withdrawal weren't be done without her.

I would like to express my hearty thanks to all my family for their support till this work was completed.

Nehal Said Mohamed Azab

Tist of Contents

Title	Page No.
List of Tables	i
List of Figures	iii
List of Abbreviations	v
Introduction	1
Aim of the Work	3
Review of Literature	
■ Inflammatory Bowel disease	4
Calprotectin	31
Subjects and Methods	38
Results	44
Discussion	65
Summary	73
Conclusion	75
Recommendations	76
References	77
Arabic Summary	

Tist of Tables

Table No.	Title	Page No.
Table 1:	Comparison of diagnosis of ulcerate and Crohn disease	
Table 2:	Extraintestinal manifestations of inflations bowel disease	•
Table 3:	Mayo scoring system for assess ulcerative colitis activity	
Table 4:	Simple Endoscopic score for crohn' (SES-CD)	
Table 5:	Demographic data for the studied pa	tients 45
Table 6:	Comparison between control and groups regarding demographic data	-
Table 7:	Laboratory data of the studied paties	nts 48
Table 8:	Laboratory data of the control group	49
Table 9:	Comparison between control and groups regarding CRP levels	-
Table 10:	Comparison between control and groups regarding ESR level	
Table 11:	Comparison between control and groups regarding serum calprotecting	-
Table 12:	Comparison between UC group and regarding clinical and laboratory date	· ·
Table 13:	Comparison between patients in activity and those in remission clinical and laboratory data	regarding

Tist of Tables cont...

Table No.	Title	Page No.
Table 14:	Comparison between CD patients in activity and in remission regarding and laboratory data	clinical
Table 15:	Comparison between UC patients in activity and in remission regarding and laboratory data	clinical
Table 16:	Correlation between serum calprotective other studied parameters	

Tist of Figures

Fig. No.	Title	Page No.
Figure 1:	Etiopathogenesis	7
Figure 2:	Pathophysiology of inflammatory bow	el disease. 15
Figure 3:	Comparison between control and groups regarding CRP levels	
Figure 4:	Comparison between control and groups regarding ESR level	-
Figure 5:	Comparison between control and groups regarding serum calprotectin l	-
Figure 6:	Receiver operating characteristic cu for serum calprotectin level, CRP level level to differentiate between pat controls.	el and ESR cients and
Figure 7:	Receiver operating characteristic cu for serum calprotectin, ESR and differentiate between active cases remission cases.	CRP to s and in
Figure 8:	Receiver operating characteristic cu for serum calprotectin, ESR and differentiate between active cases remission cases in CD group	CRP to s and in
Figure 9:	Receiver operating characteristic cu for serum calprotectin, ESR and differentiate between active cases remission cases in UC group	CRP to
Figure 10:	Correlation between serum calprote and ESR level	
Figure 11:	Correlation between serum calprote and CRP level	

Tist of Figures cont...

Fig. No.	Title	Page No.
Figure 12:	Correlation between serum and Hb level	-
Figure 13:	Correlation between serum and platelet level	•
Figure 14:	Correlation between serum and albumin level	*
Figure 15:	Correlation between serum and SESCD score	•

Tist of Abbreviations

Abb.	Full term
<i>AA</i>	Amino Acid
	.Adherent Invasive Escherichia coli
	.Anti-neutrophil cytoplasmic antibodies .Antisaccaromyces cerevisiae
	.Autophagy related 16 like 1
AUC	
Ca	
Cal	
	.Cytoplasmic Anti-neutrophil cytoplasmic
C-M(CA	antibodies
CRC	.Complete blood picture
<i>CD</i>	
Creat	
<i>CRP</i>	
D	
	.Damage Associated Molecular Patterns
<i>EBV</i>	_
	.Enzyme-Linked Immuno Sorbent Assay
	.Erythrocyte Sedimentation Rate
FC	
	.Genome Wide Association studies
Нь	.Hemoglobin
	.Human Herpes Virus type 6
<i>HP</i>	
<i>HS</i>	
<i>IBD</i>	.Inflammatory Bowel Disease
<i>Ig</i>	.Immunoglobulin
<i>IIF</i>	.Indirect Immunofluorescence
<i>IL</i>	.Interleukin
<i>ILCs</i>	.Innate lymphoid cells
<i>INF</i>	.Interferon
<i>IQR</i>	.Inter quartile Range
IRGM Gene	$. Immunity \hbox{-} related \ GT pase \ family \ M \ protein$

Tist of Abbreviations cont...

Abb.	Full term
I.P.S	Lipopolysaccharides
	Mitogen-activated protein kinase
mL	
<i>Mn</i>	
<i>Mo</i>	9
	Myeloid- related protein
	Nicotinamide Adenine Dinucleotide
111111111111111111111111111111111111111	Phosphate
NK cells	Natural Killer cells
	Nuclear factor kappa-B
<i>nL</i>	,
	Nucleotide-binding oligomerization domain
1102 time receptor	like receptor
NS	-
<i>OD</i>	.
	Pathogen Associated Molecular Patterns
	Perinuclear Anti-neutrophil cytoplasmic
1 111 (011	antibodies
<i>PLT</i>	
	Primary sclerosing cholangitis
	Rheumatoid Arthritis
	Receptor for advanced glycation end
14162	products
<i>RNA</i>	-
	Receiver Operating Curve
	Reactive oxygen species
S	-
	Simple Endoscopic Score for Crohn's
222 02	Disease
SPSS	Statistical Package for Social Sience
<i>Th cell</i>	
	Toll Like Receptor 4

Tist of Abbreviations cont...

Abb.	Full term	
TNF	Tumor Necrosis Factor	
UC	Ulcerative Colitis	
<i>uL</i>	Micro Liter	
Wk	Week	
Zn	Zinc	

Introduction

Inflammatory Bowel Disease (IBD), mainly Ulcerative colitis (UC) and Crohn's disease (CD), are a group of disorders characterized by prolonged inflammation of the gastrointestinal tract. Although the etiology of IBD is not well understood, environmental, genetic and immunologic factors have been considered to play the major role in etiology of the disease. It is believed that IBD is the result of a dysregulated immune response to the host intestinal microflora in the genetically susceptible individuals (*Wallace et al.*, 2014).

Currently, colonoscopy is the gold standard method for initial diagnosis (which provides a macroscopic and microscopic description of the mucosa through biopsies), assessment of the disease burden, and evaluation of response to treatment. Even so, the colonoscopy is an invasive, expensive, and difficult-to prepare patient method. Thus, the development of more convenient, inexpensive, and non-invasive assessments are crucial for IBD (*Norouzinia et al.*, 2017).

As the incidence of IBD increases, the health and financial burden of the disease also increases. These changes make the role of IBD biomarkers further crucial. Serum markers of acute phase response such as C-reactive protein (CRP) and Erythrocyte Sedimentation Rate (ESR) have been widely investigated as biomarkers of IBD. However, they are not specific to IBD as their levels are also increased in various

conditions such as infections, other autoimmune disorders and malignancy (Iskandar and Ciorba, 2012). Serum calprotectin, as a novel bloodbased biomarker of IBD, has been investigated in several investigations (Tayebeh et al., 2019).

Calprotectin is a calcium- and zinc-binding protein consisted of two small anionic proteins, S100A8, and S100A9. Its expression has been identified in the early differentiation stage of a variety of immune cells including macrophages, granulocytes, and monocytes, following their activation by damage-associated molecular patterns (DAMPs) or pathogenassociated molecular patterns (PAMPs). Calprotectin release weakens the cell–cell contacts and as a result, the permeability of endothelium will be modified leading to the leukocyte extravasation (Ehrchen et al., 2009). Serum calprotectin has been reported as a promising biomarker in monitoring IBD patients and may be more convenient in routine practice and more acceptable to patients (Fukunaga et al., 2018).

AIM OF THE WORK

The aim of this work is to evaluate serum calprotectin as a biomarker for IBD in Egyptian Patients.