### Salwa Akl



# بسم الله الرحمن الرحيم

مركز الشبكات وتكنولوجيا المعلومات قسم التوثيق الإلكتروني



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## Salwa Akl



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### Salwa Akl





بعض الوثائق الأصلية تالفة وبالرسالة صفحات لم ترد بالأصل



B18514

# OESOPHAGEAL STRICTURES

Essay

Submitted for Partial Fulfillment of the Master Degree in General Surgery

MOHAMED ABD EL-WAHAB SAYEDAHMED
M.B.B.Ch.

Under Supervision Of

PROF. DR. HAMED RASHAD MESALLAM

Prof. of General Surgery
Chairman of the Department of General Surgery
Benha Faculty of Medicine
Zagazig University

PROF. DR. AHMED MAHMOUD ALL

Prof. of Cardiothoracic Surgery
Chairman of the Department of Cardiothoracid Surgery
Benha Faculty of Medicine
Zagazig University

PROF. DR. MOHAMED AMEIN SALEH

Prof. of General Surgery Benha Faculty of Medicine Zagazig University

DR. MOHAMED EL-SAYED EL-HAGARY

Ass. Prof. of General Surgery Benha Faculty of Medicine Zagazig University

BENHA FACULTY OF MEDICINE ZAGAZIG UNIVERSITY 2000



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#### **ACKNOWLEDGMENT**

Before all and above all, thanks to **ALLAH**, to whom I relate every success in my life.

I would like to express my deep thanks and gratitude to **PROF**. **HAMED RASHAD**, Professor & Head of General Surgery Department, Benha Faculty of Medicine, for his guidance, kind supervision encouragement and valuable comments.

I would like to express my deep thanks to *PROF. AHMED MAHMOUD ALI*, professor & head of Cardiothoracic Surgery, Benha Faculty of Medicine, for his planning, constant guidance, continuous help and kind supervision.

I am greatly honored to express my deepest gratitude and thanks to my *PROF. MOHAMED AMEIN SALEH*, Professor of General Surgery, for his kind encouragement, faithful support, unlimited help throughout my career and his valuable precious instructions during the preparation of this work.

I wish to express may very special thanks and consideration to my DR. MOHAMED EL-SAYED EL-HAGARY, Assistant Professor of General Surgery, for wonderful guidance, his continuous encouragement, intense constant follow up and for the long time he spent checking, correcting and updating my work.

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# **LIST OF ABBREVIATIONS**

CES	Congenital oesophageal stenosis
CMV	Cytomegalo virus.
CTM	Combined treatment modalities.
EÄ	Esophageal atresia
ECOG	Oeastern cooperation oncology group
EORTC	European Organization for Research & Treatment of Cancer
EUS	Endoscopic ultrasonography
EUS-FNA	Endoscopic ultrasonography- fine needle aspiration
FEV1	Forced expiratory volume in 1st second
FMS	Fibro muscular stenosis
5-FU	5- fluorouracil
GERD	Gastroesophageal reflux diseases
HGD	High grade dysplasia
HPZ	High pressure zone
H2RA	Histamine 2 receptor antagonist
HSV	Herps semplix virus
LASER	Light amplification by stimulated emission of radiation
LES	Lower oesoplaseal sphincter
LGD	Low grade dysplasia
Nd:YAG	Neodymium: Ytrium-Aluminum-Garnt
PIP	Pressure inversion point
PPI	Proton pump inhibiter
SART	Standard acid reflux test
SEMS	Self expanding metal stents
THE	Transhiata, oesophagectomy
UES	Upper oesophageal sphincter

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# INTRODUCTION AND AIM OF THE WORK



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#### **OESOPHAGEAL STRICTURES**

#### Introduction:

Sweet 1970, defined the oesophageal strictures as follows, "The term stricture is applied to any unyeilding cicatritial stenosis caused by the contraction of scar tissue, in contradistinction to the stenosis which results from edematous swelling, a new growth, external compression or a congenital anomaly". This is a quite satisfactory definition, only we want to remark that cicatricial stenosis can occur as a congenital anomaly. By this collective definition the following causes of oesophageal stenosis can be excluded:

- 1- Oesophageal motility disorders e.g., achalasia.
- 2- Extraoesophageal compressing lesions.
- 3-Intraluminal swelling encroaching on the oesophagus but not congenital strictures.

(Haller and Bachman, 1984)

Allen et al. (1990) defined oesophageal stricture endoscopically as a narrowing of the oesophageal lumen that prevents passage of the endoscope or allows only a forceful passage.

A stricture of the oesophagus causes a particular problem for the affected patient; dysphagia, or difficulty in swallowing. This symptom predominates whatever the underlying cause of the stricture, benign or malignant. Relief of dysphagia is the ultimate goal in the treatment of oesophageal stricture, and there have been major changes in recent years in instruments and techniques to achieve this purpose. Methods involved

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can be broadly classified into mechanical, thermal, or chemical (Haller & Andrews, 1981).

Mechanical methods are usually employed for benign stenosis, while all three types of therapy have been applied for recanalization of malignant strictures. The underlying principle for all of these methods is one of controlled force. The goal of opening the oesophageal lumen must balanced against the imperative to avoid damage to normal tissues, with particular care to insure that most headed injury to the oesophagus is perforation (Haller and Bachman, 1984).

#### AIM OF THE WORK

The aim of this work is to review the literature discussing different etiologies, pathology and clinical presentation of the oesophageal lesions causing oesophageal strictures, as well as including methods of diagnosis and treatment, different old & recent techniques, to reach this purpose.