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**ملاحظات:**





# **Oligoclonal Band versus Chitinase 3 Like 1 Protein in CSF of Newly Diagnosed Relapsing Remitting Multiple Sclerosis**

**Thesis**

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**By**

***Marehan Ahmed Ibrahim Saad***

*M.B.B.CH, Faculty of Medicine, Ain Shams University*

**Under Supervision of**

**Dr. Yasser Ahmed Zeitoun**

*Professor of Clinical Pathology*

*Faculty of Medicine, Ain Shams University*

**Dr. Nermin Tayseer Aly Fouad**

*Professor of Clinical Pathology*

*Faculty of Medicine, Ain Shams University*

**Dr. Azza Abdel Nasser Abdel Aziz**

*Professor of Neurology*

*Faculty of Medicine, Ain Shams University*

**Dr. Dalia Youssef Samaha**

*Assistant Professor of Clinical Pathology*

*Faculty of Medicine, Ain Shams University*

**Faculty of Medicine, Ain Shams University**

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بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

قَالَ

لَسْبَحَانَكَ لَا عِلْمَ لَنَا  
إِلَّا مَا عَلَّمْتَنَا إِنَّكَ أَنْتَ  
الْعَلِيمُ الْعَظِيمُ

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# List of Abbreviations

Abb.	Full term
AD .....	Alzheimer's disease
APCs .....	Antigen-presenting cells
AUC .....	Area under the curve
A $\beta$ .....	Amyeloid beta
BBB .....	Blood-brain barrier
Breg .....	Regulatory B cells
CD .....	cluster of differentiation
CHI3L1.....	Chitinase 3 like protein 1
CHID1 .....	Chitinase domain containing 1
CIMD .....	CNS immune-mediated disorders
CIS .....	Clinically isolated syndrome
CLPs .....	Chitinase like protein
CNS .....	Central nervous system
COPD .....	Chronic Obstructive Pulmonary Disease
COX-2.....	Cyclooxygenase-2
CSF .....	Cerebrospinal fluid
CXCL .....	Chemokine (C-X-C motif) ligand
EBNA1 .....	EBV nuclear antigen 1
EBV .....	Epstein- Barr virus
EDSS .....	Expanded Disability Status Scale
ELISA .....	Enzyme Linked Immunosorbent Assay
FLC .....	Free light chain
FoxP3.....	Forkhead box protein 3
GFAP .....	Glial fibrillary acidic protein
GM-CSF .....	Granulocyte-macrophage colony-stimulating factor
GWASs .....	Genome-wide association studies
GzmA .....	Granzyme A
GzmB .....	Granzyme B
HLA .....	human leukocyte antigen

# List of Abbreviations *cont...*

Abb.	Full term
IEF.....	Isoelectric Focusing
IFN $\gamma$ .....	Interferon gamma
IgG .....	Immunoglobulin G
IgM .....	Immunoglobulin M
IL .....	Interleukin
IL2RA .....	Interleukin-2 receptor alpha gene
IL7RA .....	Interleukin-7 receptor alpha gene
IMSGC .....	International MS Genetics Consortium
iNOS .....	Inducible nitric oxide synthase.
IQR .....	Interquartile range
MAPK .....	Mitogen activated protein kinase
MBP .....	Myelin basic protein
MCP-1.....	Monocyte chemoattractant protein-1
MHC .....	Major histocompatibility complex
miRNA .....	MicroRNA
MOG .....	Myelin oligodendrocyte glycoprotein
MRI .....	Magnetic resonance imaging
MS .....	Multiple sclerosis
mtDNA .....	Mitochondrial DNA
MZ .....	Monozygotic
NASH .....	Non-alcoholic Steatohepatitis
NEDA .....	No Evidence of disease activity
Nf-L .....	Neurofilament light chain
NF- $\kappa$ B .....	Nuclear factor kappa-light-chain-enhancer of activated B cells
NK .....	Natural killer
NMOSD .....	Neuromyelitis optica spectrum disorder
NS .....	Non significant
OCB .....	Oligoclonal bands
OD .....	Optical density
OVGP1.....	Oviductal glycoprotein 1

# List of Abbreviations *cont...*

Abb.	Full term
PD .....	Parkinson's disease
PD-L1 .....	Programmed death-ligand 1
PMS .....	Progressive MS
PPMS .....	Primary progressive MS
P-tau .....	Phosphorylated tau
RAGE .....	Receptor for Advanced Glycation End
RIS .....	Radiologically isolated syndrome
RNS .....	Reactive nitrogen species
ROC .....	Receiver Operating Characteristic
ROS .....	Reactive oxygen species
RRMS .....	Relapsing remitting MS
S .....	Significant
SCs .....	Symptomatic controls
SD .....	Standard deviation
SLE .....	Systemic Lupus Erythematosus
Spearman's rho .....	Spearman's rank correlation coefficient
SPMS .....	Secondary progressive MS
SPSS .....	Statistical package for Social Science
STAT3 .....	signal transducer and activator of transcription 3
Teffs .....	Effector T cells
TGF- $\beta$ .....	Transforming growth factor $\beta$
Th .....	T helper
Th1.....	T-helper 1
Th17.....	T-helper 17
TNF $\alpha$ .....	Tumor Necrosis Factor alpha
Treg .....	Regulatory T Cell
UV .....	Ultraviolet

# INTRODUCTION

Multiple sclerosis (MS) is a chronic autoimmune-mediated demyelinating disease of the central nervous system (CNS) that is usually associated with varying degrees of progressive disability. In most patients the early stages of disease, known as relapsing remitting MS (RRMS) are characterized by clinical exacerbations, or relapses, caused by autoreactive immune cells that traffic into the CNS, resulting in focal inflammation and demyelination often visible as gadolinium-enhancing lesions on magnetic resonance imaging (MRI). Relapses are followed by periods of clinical remission as inflammation resolves and remyelination occurs (*Harris et al., 2017*).

Investigation of cerebrospinal fluid (CSF) in the diagnostic work-up in suspected MS patients has regained attention in the latest version of the diagnostic criteria due to its good diagnostic accuracy and increasing issues with misdiagnosis of MS based on over interpretation of neuroimaging results. The hallmark of MS-specific changes in CSF is the detection of oligoclonal bands (OCB) which occur in the vast majority of MS patients.

The current laboratory methods for detection of CNS immunoglobulin synthesis are immunoglobulin G (IgG)-index and gel isoelectric focusing with visual detection of oligoclonal bands (OCB), of which OCB is considered the gold standard

(*Link and Huang, 2006*). OCB positivity requires a minimum of two unique IgG bands in CSF, which are not present in serum. Both methods, however, have weaknesses. The relevance of IgG index in MS diagnostics has previously been questioned due to low sensitivity, OCB have been reported in other primary and secondary CNS immune-mediated disorders (CIMD) that may clinically mimic MS such as CNS lupus, various forms of CNS vasculitis, neurosarcoidosis, antiphospholipid syndrome, CNS infections, CNS lymphoma and neuromyelitis optica spectrum disorder (NMOSD). In addition, OCB is time consuming, expensive, merely qualitative and due to its visual interpretation, it is prone to inconsistent results (*Franciotta and Lolli, 2007*).

Therefore, the further search for other biomarkers which are less complicated and less subjective to detect is of great importance in order to improve the diagnosis and therapy of MS (*Deisenhammer et al., 2019*).

Chitinase 3-like protein 1(CHI3L1), has attracted growing attention as a marker of ongoing inflammation and oncogenic transformation. This secreted glycoprotein, belongs to the 18-glycosyl-hydrolase family of proteins but lacks glycolytic activity. Although its biological functions are not fully understood, it is expressed by many cell types, including macrophages, neutrophils, chondrocytes, endothelial cells, microglia, and astrocytes (*Bhardwaj et al., 2015*).

In MS brain tissue, CHI3L1 is expressed in astrocytes in white matter plaques and in normal appearing white matter, and it is also expressed in microglia in MS lesions (*Hinsinger et al., 2015*). In addition, CHI3L1 mediate increased immune cell trafficking across the blood brain barrier. CHI3L1 is hypothesized to play a role in chronic inflammation and tissue remodeling (*Correale et al., 2011*).

## **AIM OF THE WORK**

The aim of this work was to try to assess the diagnostic accuracy of CHI3L1 versus IgG oligoclonal bands (OCBs) in the CSF of newly diagnosed RRMS patients in an attempt to throw light on a new simpler non subjective potential diagnostic marker in MS.