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## Evaluation of Facial Soft Tissue Changes Following Chin Augmentation Using Hyaluronic-Acid Dermal Filler Injection Using Laser Face Scan

#### A Thesis

Submitted to Faculty of Dentistry, Ain Shams University in Partial Fulfillment of the requirements for the Masters Degree in Orthodontics

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### Introduction

It is no secret how much facial attractiveness can influence one's life. It has an effect on all aspects relating to quality of life including social interactions, professional advancement and even marital success. Since the beginning of time, man have always strived to improve one's appearance employing ancient procedures to bring forward one's best self. In fact, facial aesthetics remain the main cause that drive patients to seek orthodontic treatment. Therefore, orthodontists must aim to match their goals with those of their patients and strive to enhance their patient's facial harmony, balance and overall aesthetics. Moreover, patient satisfaction must always be a crucial element in any successful orthodontic treatment.

Over the recent years, there has been a major paradigm shift in orthodontics where facial soft tissues and smile esthetics have been prioritized over ideal dental and skeletal relationships. Facial areas previously neglected during orthodontic therapy such as the chin have proven to have a strong effect on facial balance and harmony. This necessitates the need for precise evaluation of facial soft tissue relationships and treatment planning that aims to improve discrepancies in such tissues.

There are many limitations to orthodontic therapy that relies on moving the dentition alone which no longer results in satisfactory esthetic outcome. These shortcomings put forward the need of many adjunctive procedures to help address these shortcomings and enhance the aesthetic outcome of treatment.

Among these procedures is the use of dermal fillers to augment mild to moderate deficiencies in the skeletal component of the chin that will result in changes in the overlying soft tissue mask and in turn improve facial

harmony and balance. This simple, non-invasive procedure can be used effectively to improve chin projection and facial convexity. A major advantage of using this technique for chin augmentation is the ability to get instant results. Nowadays, patients have fast-paced lives where social media plays a dominant role, treatment approaches that yield immediate results are in high demand. These procedures should also offer stable, comparable results with more established invasive treatment alternatives.

In fact, this technique helps patients presenting with mild to moderate chin deficiency, whom otherwise would have no alternative to surgical chin augmentation, reach a more comprehensive and holistic treatment result.

## **Review of Literature**

For easier navigation within this chapter, the following is an outline of the main topics to be discussed

#### I. Facial Soft Tissue

- a. Soft tissue landmarks and proportions
- b. Role of chin in profile balance
- c. Assessment of chin deformities

### **II. Chin Augmentation**

- a. Surgical Genioplasty
- b. Injectable dermal filler
  - i. History of soft tissue injectables
  - ii. Chin Augmentation using Hyaluronic acid filler

### III. Methods of assessment

- a. Evolution of imaging techniques
- b. Three dimensional imaging techniques
- c. Planmeca Proface® system

#### I. Facial Soft Tissue

#### a. Soft tissue landmarks and proportions

**Burstone** (1958)<sup>1</sup> developed a method of integumental profile measurement and studied a group of good or acceptable young adult faces to establish this method. He also demonstrated changes in soft tissues resulting from orthodontic treatment or plastic surgery amd how these can be calibrated and assessed. He identified integumental landmarks like Frontal point, Subnasale, Superior labial sulcus, Labrale Superius, Labrale Inferius, Inferior labial sulcus and Menton. He regarded the angle formed by Glabella-Subnasale-Pogonion as the most critical reading in the study of soft tissue of the facial profile and that as Subnasale falls back, facial convexity is improved towards a more class II facial pattern but at the expense of increasing nasal prominence.

Later in 1959, Burstone continued his work by studying two caucasian face samples with good or excellent facial profiles (adolescent and young adult) and distributed each sample based on gender. He created integumental extensions measuring the distance between a dental or skeletal landmark and an integumental. He established the common plane of reference for horizontal extension measurements as the nasal floor and that for vertical extension measurements a perpendicular to the nasal floor. Seven integumental extensions were measured like Glabella, Subnasale, Labrale Superius, Labrale Inferius, Supramentale, Menton, and Pogonion. He noted that the soft tissue mass with least thickness in the lower facial region was beneath the inferior labial sulcus and Menton. He also found that significant differences were found in different gender groups especially in the young adult sample. Soft tissue mass of all areas from Subnasale to Menton was