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# **THE ROLE OF INTRA-ARTICULAR INJECTION OF AUTOLOGOUS PLATELET RICH PLASMA VERSUS CORTICOSTEROIDS IN TREATMENT OF SYNOVITIS IN LUMBAR FACET JOINT DISEASE**

***Thesis***

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in Physical Medicine, Rehabilitation and Rheumatology*

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قَالَ

سَبِّحْكَ لَا إِلَهَ إِلَّا مَا عَلَّمْتَنَا إِنَّكَ أَنْتَ  
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## CONTENTS

Title	Page
• List of Abbreviations .....	I
• List of Tables .....	III
• List of Figures.....	VIII
• Introduction .....	1
• Aim of the work .....	7
• Review of literature.....	
Chapter (1): The Facet Joint .....	8
Chapter (2): Lumbar Facet Disease .....	28
Chapter (3): Imaging in Facet Joint Disease .....	54
Chapter (4): Treatment of Lumbar Facet Disease .....	73
Chapter (5): Platelet Rich Plasma (PRP) .....	97
• Patients and Methods.....	107
• Results .....	124
• Discussion.....	185
• Conclusion .....	201
• Recommendations .....	202
• Summary .....	203
• References .....	208
• Appendix.....	245
• الملخص العربي .....	-

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## LIST OF ABBREVIATIONS

Abb.	Full-Term
AP .....	Antero-posterior
AS .....	Ankylosing Spondylitis
BFGF .....	Basic fibroblast growth factor
CBT .....	Cognitive behavioral therapy
CN .....	Cryoneurolysis
CPPD .....	Calcium Pyrophosphate Deposition Disease
CR .....	Conventional Radiography
CS .....	Corticosteroids
CT .....	Computed Topography
CTGF .....	Connective tissue growth factor
EGF .....	Epidermal growth factor
EX .....	Extension
FCL .....	Facet capsular ligaments
FFI .....	Facet fluid index
FGF .....	Fibroblast growth factor
FJ .....	Facet Joint
FJI .....	Facet Joint injection
GAG .....	Glycosaminoglycans
GCSF .....	Granulocyte colony-stimulating growth factor
GF .....	Growth factors
GRO-a .....	Growth-related oncogene-a
HA .....	Hyaluronic acid
IAP .....	Inferior articular process
IF .....	Interferential current
IFN-c .....	Interferon-c
IGF-1 .....	Insulin like growth factor 1
IL .....	Interleukin
kMRI .....	Kinematic magnetic resonance imaging
LA .....	Local anesthesia
LBP .....	Low back pain
mAbs .....	Monoclonal Antibodies
MBB .....	Medial branch block
MRI .....	Magnetic resonance imaging
MSC .....	Mesenchymal signaling cells
NGF .....	Nerve growth factors

## **LIST OF ABBREVIATIONS (CONTINUED)**

<b>Abb.</b>	<b>Full-Term</b>
<b>NSAIDs</b> .....	Non-steroidal anti-inflammatory drugs
<b>OA</b> .....	Osteoarthritis
<b>ODI</b> .....	Oswestry disability Index
<b>PDGF</b> .....	Platelet-derived growth factor
<b>PRF</b> .....	Platelet-rich fibrin
<b>PRP</b> .....	Platelet rich plasma
<b>RF</b> .....	Radiofrequency
<b>RFA</b> .....	Radiofrequency ablation
<b>RMQ</b> .....	Roland Morris Questionnaire
<b>ROM</b> .....	Range of motion
<b>SAP</b> .....	Superior articular process
<b>sICAM-1</b> .....	Soluble intercellular adhesion molecule-1
<b>SPECT</b> .....	Single Photon Emission Computed Tomography
<b>TENS</b> .....	Transcutaneous electric stimulation
<b>TGF- <math>\beta</math></b> .....	Transforming growth factor beta
<b>TNF-a</b> .....	Tumor necrosis factor-alpha
<b>VAS</b> .....	Visual analogue scale
<b>VEGF</b> .....	Vascular endothelial growth factor



## LIST OF TABLES

Table No	Subjects	Page
Table (1):	CT grade criteria for facet degeneration. ....	59
Table (2):	A grading system for facet synovitis as seen by MR fat-suppression.....	65
Table (3):	PRP role in wound healing, orthopedic and sports medicine (Isabel and Nicola, 2018).....	102
Table (4):	Demographic data of the patients included in the study .....	124
Table (5):	Statistical comparative analysis between the two groups as regards their demographic data .....	126
Table (6):	Comparison between the number of joints showing tenderness on palpation before the intervention between both groups .....	128
Table (7):	Comparison between the two groups as regards maximum active lumbar extension ROM before the intervention (as measured by a goniometer).....	130
Table (8):	Comparison between the two groups as regards pain score (VAS) before the intervention.....	130
Table (9):	Comparison between the two groups as regards functional disability questionnaires scores; RMQ and ODI before the intervention.....	131
Table (10):	Summative statistical analysis between the two groups before the intervention as regards number of joints showing MRI positive findings for synovitis and their grading.....	132

## LIST OF TABLES (CONTINUED)

Table No	Subjects	Page
Table (11):	Comparison between MRI findings between both groups before the intervention as regards number of joints showing synovitis and their grading.....	134
Table (12):	Comparing number of lumbar facet joints showing tenderness on palpation before and after the intervention in Group (I) which received PRP .....	137
Table (13):	Comparison between the degree of maximum extension ROM as measured by the goniometer before and after the intervention in Group (I) receiving PRP.....	138
Table (14):	Comparison between visual analogue score for low back pain before and after the intervention in Group (I) receiving PRP.....	140
Table (15):	Comparison between Functional Assessment Questionnaire scores before and after the intervention in Group (I) receiving PRP. ....	142
Table (16):	Comparison between total MRI lumbar facet joints synovitis grading at all lumbar levels before and after the intervention in Group (I) receiving PRP.....	144
Table (17):	Comparison between MRI lumbar facet joints synovitis grading before and after the intervention in Group (I) receiving PRP at each lumbar level.....	146
Table (18):	Comparing number of lumbar facet joints showing tenderness on palpation before and after the intervention in Group (II) which received Corticosteroids .....	151

## LIST OF TABLES (CONTINUED)

Table No	Subjects	Page
Table (19):	Comparison between the degree of maximum extension ROM as measured by the goniometer before and after the intervention in Group (II) receiving Corticosteroids .....	152
Table (20):	Comparison between visual analogue score for low back pain before and after the intervention in in Group (II) receiving Corticosteroids .....	154
Table (21):	Comparison between Functional Assessment Questionnaire scores before and after the intervention in roup (II) receiving corticosteroids. ....	156
Table (22):	Comparison between total MRI lumbar facet joints synovitis grading at all lumbar levels before and after the intervention in Group (II) receiving coricosteroids .....	158
Table (23):	Comparison between MRI lumbar facet joints synovitis grading before and after the intervention in Group (II) receiving corticosteroids. ....	161
Table (24):	Comparison between the number of joints showing tenderness on palpation after the intervention between both groups .....	163
Table (25):	Comparison between the two groups as regards maximum lumbar extension ROM after the intervention .....	165
Table (26):	Comparison between the two groups as regards visual analogue score (VAS) for low back pain after the intervention .....	165

## LIST OF TABLES (CONTINUED)

Table No	Subjects	Page
Table (27):	Comparison between the two groups as regards functional disability questionnaires scores; RMQ and ODI after the intervention .....	166
Table (28):	Summative statistical analysis between the two groups after the intervention as regards MRI positive findings for synovitis and their grading .....	167
Table (29):	Comparison between MRI findings between both groups after the intervention as regards number of joints showing synovitis and their grading .....	169
Table (30):	Showing correlation between participants' age and disease duration with number of lumbar facet joints showing tenderness on palpation, maximum lumbar active extension ROM, VAS, RMQ score and ODI score. ....	171
Table (31):	Statistical correlations between number of tender joints, extension ROM, VAS, RMQ and ODI before the intervention .....	173
Table (32):	Statistical correlations between number of tender joints on palpation, lumbar extension ROM, VAS, RMQ and ODI after the intervention.....	177
Table (33):	The participants and the documented number of tender joints, maximum active lumbar extension and scores of VAS, RMQ and ODI.....	180
Table (34):	Showing statistical relation between MRI grading of synovitis at different joint levels and ODI after the intervention .....	182

## **LIST OF TABLES (CONTINUED)**

<b>Table No</b>	<b>Subjects</b>	<b>Page</b>
<b>Table (35):</b>	Performance of tenderness on palpation in detecting lumbar facet joint synovitis on MRI imaging at the same levels.....	183

## LIST OF FIGURES

Figure No	Subjects	Page
<b>Figure (1):</b>	The lumbar facet joint between superior articular process from the inferior vertebral level of the joint and the inferior articular process from the superior vertebral level.....	9
<b>Figure (2):</b>	MRI image of the facet joint. (arrows) positioned symmetrically relative to the mid-sagittal plane in the postero-lateral regions of the spine .....	10
<b>Figure (3):</b>	Transverse section of the facet joint at L2/3 level. SP: superior articular process of L3, IP: inferior articular process, SP: superior articular process LF: ligamentum flavum, C: articular cartilage, S: synovial lining .....	11
<b>Figure (4):</b>	Showing the paired lumbar facet joint and the intervertebral disc make up the 'three-joint complex'. a   Sagittal view of a lumbar disc–facet unit.. b  Axial view of a lumbar disc–facet unit.....	12
<b>Figure (5):</b>	The lumbar Facet capsular ligament .....	16
<b>Figure (6):</b>	The lumbar facet joint articular cavity as seen on MRI; red arrow: FJ cavity, White arrow: synovial recesses .....	19
<b>Figure (7):</b>	Movements of the lumbar spine: (A) side (lateral) flexion; (B) flexion/ extension; (C) rotation .....	19
<b>Figure (8):</b>	Flexion (A) and extension (B) in the lumbar spine .....	21
<b>Figure (9):</b>	Right lateral oblique view of the lumbar vertebral bodies and the dorsal rami medial branches. ....	25

## LIST OF FIGURES (CONTINUED)

Figure No	Subjects	Page
<b>Figure (10):</b>	Axial MRI noting assessment of facet joint angulation.....	35
<b>Figure (11):</b>	Plain X-Ray image lateral view showing spondylolisthesis level L4-5 (arrow) .....	40
<b>Figure (12):</b>	Illustration of distribution pattern related to facet joint pain.....	43
<b>Figure (13):</b>	MRI imaging of some of the common differential diagnosis of lumbar FJ disease.....	46
<b>Figure (14):</b>	A: multiple-level spondylolisthesis of L2 (Grade-I posterolithesis) and L4 (Grade-I anteriolithesis); B: spondylolisthesis of L2 (Grade-I posterolithesis) .....	53
<b>Figure (15):</b>	Showing the scottie dog sign of the FJ on oblique view radiograph .....	56
<b>Figure (16):</b>	Conventional radiography of the lumbar spine. ....	57
<b>Figure (17):</b>	Representative image of CT grading of FJ degeneration.....	60
<b>Figure (18):</b>	MRI imaging of facet joints: (a, b): axial and sagittal T2 STIR views and (c) T2 sagittal view showing Active synovial inflammation and intra articular edema.....	62
<b>Figure (19):</b>	Classification of facet joint osteoarthritis using Pathria grading scale . a Grade I. b Grade II. c Grade III. d Grade IV .....	63
<b>Figure (20):</b>	MRI Grading of facet synovitis: fat-saturated T2-weighted imaging. (a) Grade 1 (b) Grade 2 (c) Grade 3.. (d) Grade 4.....	66