



شبكة المعلومات الجامعية
التوثيق الإلكتروني والميكروفيلم

بسم الله الرحمن الرحيم



MONA MAGHRABY



شبكة المعلومات الجامعية
التوثيق الإلكتروني والميكرو فيلم



شبكة المعلومات الجامعية التوثيق الإلكتروني والميكرو فيلم



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جامعة عين شمس

التوثيق الإلكتروني والميكروفيلم

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MONA MAGHRABY

***Effect of Self-Care Guideline on Quality of Life among
Pregnant Women with Systemic Lupus Erythematosus***

Thesis

Submitted in Partial Fulfillment of the Requirements for the
Doctorate Degree in Maternity & Gynecological Nursing

By

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List of Abbreviations

Abbreviation	Meaning
SLE	Systemic Lupus Erythematosus
Th1&2&17	T Helper 1&2&17
IL2& 6& 8 &10&17&23	Interleukin 2 & 6 & 8 &10 &17&23
T cell	Thymus Cells
TGF-β	Transforming Growth Factor Beta
Treg cells	Regulatory T Cells
B cells	Bone Marrow Cells
IFN-α	Interferon-Alpha
C-X-C	Chemokine Receptor
CXCL8&9&10	Chemokine Receptor Ligand 8&9&10
sTNFRI	Soluble Tumor Necrosis Factor Receptor I
TNF	Tumor Necrosis Factor
IP-10	Interferon Gamma-Induced Protein 10
MIG	Monokine Induced by IFN
IUGR	Intrauterine Growth Retardation
IUFD	Intrauterine Fetal Death
PE	Preeclampsia
PROM	Premature Rupture of Membranes
GFR	Glomerular Filtration Rate
RBCS	Red Blood Cells
WBCS	White Blood Cells
MCV	Mean Corpuscular Volume
ESR	Erythrocyte Sedimentation Rate
NK	Natural Killer Cells
DCs	Dendritic Cells
EBV	Epstein -Barr Virus
NPSLE	Neuro-Psychiatric Systemic Lupus Erythematosus
DNA	Deoxyribo-Nucleic Acid
HDL	High Density Lipoproteins
ITAM	Immuno-Tyrosine Activation Motif
ICAM-1	Inter-Cellular Adhesion Molecule 1
TREX1	3' Repair Exonuclease 1

Contiune List of Abbreviations

<i>Abbreviation</i>	<i>Meaning</i>
DLE	Discoïd Lupus Erythematosus
HCL	Hydro-Chloric Acid
NLES	Neonatal Lupus Erythematosus Syndrome
Anti-Ro (anti-SS-A)	Autoantibodies Directed Against Ro/SSA
Anti-La (anti-SS-B)	Autoantibodies Directed Against Ro/SSB
CHB	Congenital Heart Block
APS	Anti-Phospholipid Syndrome
LAC	Lupus Anti-Coagulant
ACLA	Anti-Cardio-Lipin Antibody
IgG	Immunoglobulin G
IgM	Immunoglobulin M
AGP	Anti-beta2-Glyco-Protein
HPOA	Hypothalamic Pituitary Ovarian Axis
HPAA	Hypothalamic Pituitary Adrenal Axis
CVS	Cerebro Vascular Stroke
CRVO	Central Retinal Vein Occlusion
BRVO	Branch Retinal Vein Occlusion
CRAO	Central Retinal Arteriole Occlusion
BRAO	Branch Retinal Arteriole Occlusion
GR	Glucocorticoid Receptor
ER	Estrogen Receptor
PR	Progesterone Receptor
BMI	Body Mass Index
HRQOL	Health Related Quality of Life
HELLP	Hemolysis, Elevated Liver Enzymes, and Low Platelet Count
ANA	Antinuclear Antibodies
SLICC/ACR	Systemic Lupus International Collaborating Clinics/American College of Rheumatology
anti-dsDNA	Antibody to Double-Stranded DNA Antigen
Anti-Sm	Sm Nuclear Antibodies
EULAR	European League Against Rheumatism

Contiune List of Abbreviations

<i>Abbreviation</i>	<i>Meaning</i>
CH50, C3 and C4	Complement 50, 3 and 4
ACLE	Acute Cutaneous Lupus Erythematosus
SCLE	Subacute Cutaneous Lupus Erythematosus
CBC	Complete Blood Count
PT	Prothrombin Time
PTT	Partial Prothrombin Time
INR	International Ratio
PCR	Protein Creatinine Ratio
AST	Aspartate Amino-Transferase
ALT	Alanine Amino-Transferase
NSAIDs	Nonsteroidal Anti-Inflammatory Drugs
RNA	Ribonucleic Acid
mRNA	Messenger for Ribonucleic Acid
ACE	Angiotensin Converting Enzyme
BAFF	B-cell Activating Factor Family
NFHS	National Family Health Survey
FLARE	Feeling, Lously, and Really Exhausted
QOL	Quality of Lifes
ACQOC	Advanced Comprehensive Quality of Care
SPSS	Statistical Package for Social Science
WHO	World Health Organization
CNS	Central Nervous System
NVD	Normal Vaginal Delivery
CS	Cesarean Section
DVT	Deep Venous Thrombosis
SLEDAI	Systemic Lupus Erythematosus Disease Activity Index
Hb	Hemoglobin
SCA	Self Care Agency
SC	Self Care
MFMER	Mayo Foundation for Medical Education and Reseach
GDM	Gestational Diabetes Mellitus

Contiune List of Abbreviations

<i>Abbreviation</i>	<i>Meaning</i>
APOS	Adverse Pregnancy Outcomes
PIH	Pregnancy Induced Hypertesnsion
ROM	Rupture of Membranes
PPROM	Preterm Premature Rupture of Membranes
LN	Lupus Nephritis
CDC	Control Disease Center
WHOQOL	World Health Organization Quality of Life
UV	Ultraviolet Rays
ND	No daily activities done with Difficulty
FD	Few daily activities done with Difficulty
MD	Much daily activities done with Difficulty
AD	All daily activities done with Difficulty