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IONIC ANTI-VIRAL INTRALESIONAL THERAPY IN PLANTAR WARTS

AThesis

Submitted for Fulfillment of Master Degree in Dermatology, Venereology and Andrology

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ABSTRACT

Background: Warts (verrucas) are an extremely common, benign, and usually self-limited skin disease. Their size ranges from a few millimetres to several centimetres. The normal skin lines are interrupted by skin coloured to brownish-grey proliferations, the diagnosis is established clinically; no supplementary histologic or virologic investigations are needed.

Objective: The aim of this two armed double blinded randomized clinical trial was to evaluate the clinical efficacy of intralesional combined digoxin and furosemide in the treatment of multiple planter warts.

Methods: This study included 40 patients with plantar warts, they were divided into 2 groups, 20 patients per group, the first group received intralesional normal saline, one injection session every week for maximum 5 injection sessions. The second group received intralesional combined digoxin and furosemide, one injection session every week for maximum 5 injection sessions. All the patients were recruited from the Dermatology outpatient clinic at Ain-Shams University Hospital and Shobra General Hospital during the period From July 2018 to July 2019.

Results: There was no statistically significant difference between the 2 studied groups as regard size of wart before treatment. While there was statistically significant difference between the 2 studied groups as regard size of wart after the 5th session. Also there was a steady increase in the response to treatment in group 2 showing an earlier response to treatment and most of patients with excellent and very good response to treatment after the 5th session. There was no statistically significant difference between the 2 studied groups as regard the number of warts before treatment. While there was statistically significant difference between the 2 studied groups as regard the number of warts after the 5th session. There was no statistically significant correlation between age, sex, disease duration and response to treatment (as regard reduction in number of warts) after the 5th session in group 2. While in group 1 there was no reduction in number of warts after the 5th session. There was a statistically significant difference between the number of warts before and after receiving the active treatment in group 1, in group 2 and for both groups together (all patients).

Conclusion: We concluded from this study that intralesional injection of combined digoxin and furosemide offers effective alternative form of treatment for plantar warts in adults. It is inexpensive and safe to treat plantar warts.

Keywords: Plantar Warts; digoxin; furosemide

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List of Abbreviations

Abb.	Full term
ACE	Angiotensin converting enzyme
AHA	Alpha-hydroxy acid
AMP	Antimicrobial Peptide
APCs	Antigen-presenting cells
BCA	Bichloroacetic acid
BCC	Basal cell carcinoma
BCG	Bacillus Calmette Geurin
BPO	Benzoyl peroxide
CHF	Congestive heart failure
CO ₂ laser	Carbon dioxide laser
DCP	Diphencyprone
DNCB	Dinitrochlorobenzene
DPCP	Diphenylcyclopropenone
ECG	Echocardiography
EDV	Epidermodysplasia verruciformis
H & E	Hematoxylin and Eosin stain
HF	Heart failure
HPV	Human papilloma virus
ICVT	Ionic contraviral therapy
IFN-α	Interferon-alpha
IFN-γ	Interferon-gamma
IL-1	Interleukin 1

List of Abbreviations Cont...

Abb.	Full term
IL-2	. Interleukin 2
IV	. Intravenous
КОН	. Potassium hydroxide
LCs	. Langerhans cells
LEEP	. Loop electrosurgical excision procedure
MMR	. Measles, mumps, and rubella vaccine
NKs	. Natural killer cells
PCR	. Polymerase chain reaction
PDL	. Pulsed dye laser
PPD	. Purified protein derivative
RRP	. Recurrent Respiratory Papillomatosis
SADBE	. Squaric acid dibutyl ester
SCC	. Squamous Cell Carcinoma
TCA	. Trichloroacetic acid
Th	. T-helper cells
TLR	. Toll-like receptor
TNF α	. Tumor necrosis factor α

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