

بسم الله الرحمن الرحيم



HOSSAM MAGHRABY



شبكة المعلومات الجامعية التوثيق الالكتروني والميكرو فيلم



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جامعة عين شمس

التوثيق الإلكتروني والميكروفيلم

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HOSSAM MAGHRABY

Effect of Educational Guidelines on Quality of Life and Self Efficacy for Patients with Colostomy

Thesis

*Submitted for Partial Fulfillment of the Requirement of the
Doctorate Degree in Nursing Sciences
(Medical-Surgical Nursing)*

By

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(B.N. Sc; M. N .SC. Nursing)

**Faculty of Nursing
Ain Shams University**

2017

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List of Contents

<i>Title</i>	<i>Page No.</i>
List of Tables.....	i
List of Figures	ii
List of Appendices	vii
List of abbreviations.....	viii
Theoretical definitions	ix
Introduction	1
Aim of the study.....	6
Literature Review:	7
Subjects and Methods	60
Results.....	77
Discussion	118
Conclusions	135
Recommendations	136
Summary	137
References	145
Appendices	160
Arabic summary	-

List of Tables

Table No.	Title	Page No.
Table 1	Number and percentage distribution of the demographic characteristics of the studied patients	77
Table 2	Number and percentage of the studied patients regarding their medical history	78
Table 3	Patients' knowledge related to colostomy and its care pre and post implementation of the educational guidelines	79
Table 4	Patients' knowledge related to colostomy and its care post and follow-up after implementation of the educational guidelines	80
Table 5	Patients' knowledge related to colostomy and its care pre and follow-up after implementation of the educational guidelines	82
Table 6	Quality of life for patients with colostomy pre and post implementation of the educational guidelines	84
Table 7	Quality of life for patients with colostomy post and during follow-up three months after the implementation of the educational guidelines	85
Table 8	Quality of life for patients with colostomy pre and during follow-up after the implementation of the educational guidelines	86
Table 9	Self-efficacy related to patients' with stoma pre and post implementation of the educational	88

List Of Tables

Table No.	Title	Page No.
	guidelines	
Table 10	Self-efficacy related to patients with stoma post and during follow-up after the implementation of the educational guidelines	89
Table 11	Self-efficacy related to patients with stoma pre and during follow-up after the implementation of the educational guidelines	90
Table 12	Peristomal skin condition for patients with colostomy pre and post implementation of the educational guidelines	92
Table 13	Peristomal skin condition for patients with colostomy post and during follow-up after the implementation of the educational guidelines	93
Table 14	Peristomal skin condition for patients with colostomy pre and during follow-up after the implementation of the educational guidelines	94
Table 15	Relation between patients' age and level of knowledge related to colostomy care during follow-up post implementation of the educational guidelines	96
Table 16	Relation between patients' levels of education and level of knowledge related to colostomy care at follow-up post implementation of the educational guidelines	97
Table 17	Relation between the type of colostomy and the satisfactory level of knowledge related to colostomy care at follow-up post implementation	98

List Of Tables

<i>Table No.</i>	<i>Title</i>	<i>Page No.</i>
	of the educational guidelines	
Table 18	Relation between duration of colostomy and satisfactory level of knowledge related to colostomy care at follow-up post implementation of the educational guidelines	99
Table 19	Relation between patients' age and stoma quality of life during follow-up post implementation of the educational guidelines	100
Table 20	Relation between patients' levels of education and stoma quality of life during follow-up post implementation of the educational guidelines	101
Table 21	Relation between type of colostomy and stoma quality of life follow-up post implementation of the educational guidelines	102
Table 22	Relation between duration of colostomy and stoma quality of life follow-up post implementation of the educational guidelines	103
Table 23	Relation between patients' age and stoma self-efficacy at follow-up post implementation of the educational guidelines	104
Table 24	Relation between patients' educational levels and stoma self-efficacy at follow-up post implementation of the educational guidelines	105
Table 25	Relation between type of colostomy and stoma self-efficacy follow-up post implementation of	106

List Of Tables

Table No.	Title	Page No.
	the educational guidelines	
Table 26	Relation between duration of colostomy and stoma self-efficacy at follow-up post implementation of the educational guidelines	107
Table 27	Relation between patients' age and peristomal skin condition at follow-up post implementation of the educational guidelines	108
Table 28	Relation between patients' levels of education and peristomal skin condition at follow-up post implementation of the educational guidelines	109
Table 29	Relation between type of colostomy and peristomal skin condition at follow-up post implementation of the educational guidelines	110
Table 30	Relation between duration of colostomy and peristomal skin condition at follow-up post implementation of the educational guidelines	111
Table 31	Relation between patients' level of knowledge and quality of life domains implementation of the educational guidelines	112
Table 32	Relation between colostomy level of knowledge and peristomal skin condition during follow-up post implementation of the educational guidelines	113

List of Figures

<i>Figure No.</i>	<i>Title</i>	<i>Page No.</i>
Figure 1	Large Intestines/Colon	8
Figure 2	Quality of life domains	31
Figure 3	Pouching system	44
Figure 4	Colostomy irrigation	49
Figure 5	Studied patients' knowledge related to colostomy and its care pre, post and follow-up three months after implementation of the educational guidelines	85
Figure 6	Quality of life related to patients with stoma pre & post and during follow-up within three months after the implementation of the educational guidelines	89
Figure 7	Self-efficacy related to patients with stoma pre, post and during follow-up after the implementation of the educational guidelines	93
Figure 8	Total score of peristomal skin assessment pre, post and during follow-up after the implementation of the educational guidelines	97

List of Appendices

<i>Appendix. No</i>	<i>Title</i>
Appendix I	Protocol & Study permission
Appendix II	Patients' with colostomy questionnaire sheet
Appendix III	Quality of life questionnaire for patients with ostomy
Appendix IV	Stoma self-efficacy scale
Appendix V	Peristomal skin assessment sheet
Appendix VI	Testing validity and reliability of study tools

List of Abbreviations

FAP	: Familial Adenomatous Polyposis.
GIT	: Gastrointestinal Tract .
HRQOL	: Health-related Quality Of Life.
NCCN	: Nursing Comprehensive Cancer Network.
NCI	: National Cancer Institute.
QOL	: Quality of Life.
UOAA	: United Ostomy Association of America.
WHOQOL	: World Health Organization Related QOL.
WOCNS	: Wound Ostomy Continence Nurses Society.
WHO	: World Health Organization.

THEORETICAL DEFINITIONS

Educational guidelines: it means patient education which informs and encourages practitioners to provide evidence-based care (*Rust & Berry, 2012*). In the current study; it is the researcher who will implement the educational guidelines regarding the management of colostomy on the study sample. It was provided through educational sessions using modified lectures, demonstration, re-demonstration and instructional media, e.g. illustrated booklet.

Quality of life: is defined as it is a multidimensional construct, representing an individual's subjective perception of physical, social and psychological well-being (*Jansen, Koch Brenner & Arndt, 2011*). It was measured using a tool adopted from *City of hope and Beckman (1983)*.

Self-efficacy: is concerned with people's beliefs in their capabilities to exercise control over their own functioning and over events that affect their lives. It was measured using a tool adapted from *Bekkers, Knippenberg Borne, and Berge-Henegouwen (1996)*.

Colostomy: is a surgical creation of an opening in the abdominal wall involving parts of the gastrointestinal tract. It
