

شبكة المعلومات الجامعية التوثيق الإلكتروني والميكروفيلو

بسم الله الرحمن الرحيم





MONA MAGHRABY



شبكة المعلومات الجامعية التوثيق الإلكتروني والميكروفيلو



شبكة المعلومات الجامعية التوثيق الالكتروني والميكروفيلم



MONA MAGHRABY



شبكة المعلومات الجامعية التوثيق الإلكترونى والميكروفيلم

جامعة عين شمس التوثيق الإلكتروني والميكروفيلم قسم

نقسم بالله العظيم أن المادة التي تم توثيقها وتسجيلها علي هذه الأقراص المدمجة قد أعدت دون أية تغيرات



يجب أن

تحفظ هذه الأقراص المدمجة بعيدا عن الغبار



MONA MAGHRABY



Laparoscopic versus Open Inguinal Hernia Repair

A Systematic Review

Submitted for Partial Fulfillment of Master Degree in **General Surgery**

By

Eman Kamel Youssef El Garan MB.B., CH.

Under Supervision of

Prof.Dr./Khaled Mohamed Abd Elaziz Hosny

Professor of General Surgery Faculty of Medicine – Ain Shams University

Dr. / Amr Hamed Afify

Lecturer of General Surgery Faculty of Medicine – Ain Shams University

> Faculty of Medicine Ain Shams University 2020



سورة البقرة الآية: ٣٢

Acknowledgments

First and foremost, I feel always indebted to **Allah** the Most Beneficent and Merciful.

My deepest gratitude to my supervisor, **Prof. Dr./ Khaled Mohamed Abd Elaziz Hosny**,

Professor of General Surgery, Faculty of Medicine,

Ain Shams University, for his valuable guidance

and expert supervision, in addition to his great

deal of support and encouragement. I really have

the honor to complete this work under his

supervision.

I would like to express my great appreciation and thanks to **Dr./ Amr Hamed Affify**, Lecturer of General Surgery, Faculty of Medicine, Ain Shams University, for his meticulous supervision, and his patience in reviewing and correcting this work.

Thanks a lot to all my professors and colleagues for their considerable care and support.

Special thanks to my family for their mercy, love and great support, and lastly my gratitude is dedicated to the ones who are not with us, but they prayed for me, and I am sure they will always do.

Eman Kamel Youssef El Garran

Tist of Contents

Title	Page No.
List of Abbreviations	5
List of Tables	7
List of Figures	8
Introduction	1 -
Aim of the Work	14
Review of Literature	
■ Inguinal Hernia Epidemiology	15
■ Inguinal Canal Anatomy	19
Management of Inguinal Hernia	34
Materials and Methods	54
Results	58
Discussion	71
Conclusion	87
Summary	88
References	90
Arabic Summary	

Tist of Abbreviations

Abb.	Full term
ASIS	.Anterior superior iliac spine
B.C	•
CI	
CT	.Computed tomography
<i>E.A.</i>	.External Iliac artery
E.g	.Exempli gratia
E.O	.External Oblique muscle
<i>E.V.</i>	.External Iliac vein
<i>EHS</i>	.European hernia society
Fig	.Figure
HRQL	.Health-related quality of life
<i>I.C.</i>	.Inguinal Canal
<i>I.O.</i>	.Internal Oblique muscle
<i>IHR</i>	.Inguinal hernia repair.
<i>LE</i>	. La paro endos copic
<i>LHR</i>	.Laparoscopic hernia repair
<i>MRC</i>	.Medical Research Council
MRI	.Magnetic resonance imaging
mRNA	.Messenger ribonucleic acid
NICE	$. National\ Institute\ for\ Clinical\ Excellence$
<i>OHR</i>	.Open hernia repair
OR	.Odd ratio
P	.Peritoneum

Tist of Abbreviations cont...

Abb.	Full term
RAND	Corporation research and development Corporation
RCT	$R and omized\ control\ trial$
SF 36	Short form 36
T.A	$ Transeverses\ Abdominis\ muscle$
<i>TAPP</i>	$ Trans Abdominal\ Preperitoneal$
<i>TEP</i>	Totally Extra Peritoneal
UK	United Kingdom
<i>US</i>	Ultrasonography
<i>USA</i>	$ United\ state\ of\ America$
<i>VAS</i>	Visual Analogue scale
<i>VD</i>	Vas defference

Tist of Tables

Table No.	Title	Page No.
Table 1: Table 2:	Studies comparing operating time Studies comparing recurrence laparoscopic versus open mesh repair.	e in
Table 3:	Studies comparing complications b	
	laparoscopic and open mesh rep	
Т-1-1- 4.	Inguinal Hernia.	
Table 4:	Studies comparing Post operative between laparoscopic and open mesh	-
	of Inguinal Hernia	-
Table 5:	Studies comparing Length of hospit	-
	between laparoscopic and open mesh	
T 11 0	of Inguinal Hernia.	
Table 6:	Studies comparing Time to return to activities between laparoscopic and	
	mesh repair of Inguinal Hernia	
Table 7:	Studies comparing Time to return t	
	between laparoscopic and open mesh	repair
	of Inguinal Hernia	
Table 8:	Studies comparing Chronic Per	
	inguinal pain between laparoscopic ar mesh repair of Inguinal Hernia	
Table 9:	Studies comparing Cost of laparosco	
Tubic o.	open mesh repair of Inguinal Hernia.	_
Table 10:	Studies discussing Learning cur	
	laparoscopic and open mesh rep	
	8	69
Table 11:	Studies comparing Quality of life b	
	laparoscopic and open mesh rep	
	Inguinal Hernia	

Tist of Figures

Fig. No.	Title	Page No.
Figure 1:	Graphical representation inguinal anatomy	
Figure 2:	Coronal diagram of the male inguinal anatomy	
Figure 3:	Inguinal region anatomy	22
Figure 4:	Diagrammatic representation of the sanatomy of the secondary external ingrings in the adult human male	guinal
Figure 5:	Bilateral inguinal area under laparosc	юру26
Figure 6:	Important anatomic landmarks in extraperitoneal space	
Figure 7:	The corona mortis artery	28
Figure 8:	The correct access to the space of Bogr	os29
Figure 9:	The lateral femoral cutaneous nerve genitofemoral nerve	
Figure 10:	Representation of the right Colligament, the iliopubic tract and ingligament	guinal
Figure 11:	Bassini repair	
	Mesh fixation in Lichtenstein repair	
Figure 13:	Port placement for TAPP hernia repair	r46
Figure 14:	Operative steps of TAPP hernia repair	·47
Figure 15:	Trocar placement for TEP procedure	49
Figure 16:	TEP laparoscopic hernia repair	50
Figure 17:	Potential hernia areas for TEP procede	ure51
Figure 18:	After mesh fixation in TEP procedure	51

Tist of Figures cont...

Fig. No.	Title	Page No.
Figure 19:	Studies comparing operating time	59
Figure 20:	Studies comparing recurrence laparoscopic versus open mesh repair	
Figure 21:	Studies comparing complications bet laparoscopic and open mesh repa Inguinal Hernia	ir of
Figure 22:	Studies comparing Time to return to activities between laparoscopic and mesh repair of Inguinal Hernia	open
Figure 23:	Studies comparing Time to return to between laparoscopic and open mesh rof Inguinal Hernia	repair
Figure 24:	Studies comparing Chronic Persinguinal pain between laparoscopic open mesh repair of Inguinal Hernia	and



Introduction

hernia is defined as a protrusion or projection (prolapse) of an organ through the wall of the cavity where it is normally contained. There are many types of hernia, mostly classified according to the physical location, with the abdominal wall being the most susceptible site. Specifically, reports show that the most frequently seen hernia is the inguinal hernia (70-75% of cases), followed by femoral (6-17%) and umbilical (3-8.5%) hernias. Hernias are also found in other sites such as the ventral or epigastric hernia, located between the chest cavity and the umbilicus (Williams and Hopper, 2015).

Hernias can be uncomfortable and are sometimes accompanied by severe pain, which worsens during bowel movements, urination, heavy lifting, or straining. Occasionally, a hernia can become strangulated, which occurs when the swells protruding tissue and becomes incarcerated. Strangulation will interrupt blood supply and can lead to infection, necrosis, and potentially life-threatening conditions (Heniford, 2015; Baylón et al., 2017).

Hernia formation is a multifactorial process involving endogenous factors including age, gender, anatomic variations, and inheritance and exogenous factors such as smoking, comorbidity, and surgical factors. However, these factors alone do not explain why some develop abdominal wall hernias (Jansen et al., 2004).

Already in 1924, the anatomist Sir Arthur Keith proposed that surgeons should try to perceive tendons and fascia as living structures in order to understand the hernia disease properly. Research on synthesis and breakdown of connective tissue in relation to pathophysiological mechanisms of hernia formation is important to comprehend herniogenesis and to select a proper treatment strategy for the individual patient (Henriksen et al., 2017).

Some patients seem to be especially susceptible to hernia development (Zöller et al., 2013). Patients operated on for abdominal aortic aneurysms have a higher risk of developing an incisional hernia postoperatively as opposed to patients operated on for aortoiliac occlusive disease (Henriksen et al., 2013). Patients with rare connective tissue disorders such as Marfan's syndrome and Ehlers-Danlos syndrome have an earlier onset and a higher risk of hernia development. Further, patients with direct inguinal, bilateral inguinal, or recurrent inguinal hernia are at higher risk of ventral hernia formation, suggesting a systemic predisposition to hernia formation (Henriksen et al., 2017).

Emerging evidence suggests that inguinal hernias represent an inherited disease; however the inheritance pattern remains to be clarified. There is increased risk of developing an inguinal hernia, if a first-degree relative has a history of inguinal hernia repair (Burcharth et al., 2013).

Studies on the morphology of the fascial tissue surrounding inguinal hernias found lower total collagen content in patients with inguinal hernias compared with individuals without inguinal hernia. Furthermore, the fascial collagen architecture appears altered as described histologically by an uneven distribution of collagen fibers, thinner collagen fibers, inflammation, and degeneration of muscle fibers. The collagen quality seems to be more important than the collagen quantity. In fascia from hernia patients, there is less type I collagen relative to type III collagen resulting in a decreased type I to III collagen ratio and thinner collagen fibers with less tensile strength. These alterations are also present at the mRNA level suggesting that the problem appears during collagen synthesis. A decreased type I to III collagen ratio is also present in skin biopsies from hernia patients, suggesting that the connective tissue alterations are systemic (Wagh et al., 1974; Szczesny et al., 2012).

The reason for the altered collagen quality and the decreased type I to III ratio remains to be clarified. It has been suggested that altered activity levels of the enzymes involved in the collagen synthesis and maturation process may play a role. Decreased activity of lysyloxidase results in decreased crosslinking of collagen fibrils, which is essential for collagen strength and stability. In addition, recent studies found systemically decreased turnover of type V collagen both in patients with inguinal hernia and in patients with incisional