

شبكة المعلومات الجامعية التوثيق الإلكتروني والميكروفيلو

بسم الله الرحمن الرحيم





MONA MAGHRABY



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Intramedullary Distraction Devices for Lower Limb Lengthening

A Systematic Review and Meta-analysis for Partial Fulfillment of Master Degree in Orthopedic Surgery

\mathfrak{B}_{λ} Mohamed Mahmoud El Nowihy

M.B,B.Ch, Faculty of Medicine -Ain Shams University

Under Supervision of

Prof. Dr. Salah Abd Elgawad Abou-Seif

Professor of Orthopaedic Surgery Faculty of Medicine - Ain Shams University

Dr. Mostafa Mohamed Baraka

Lecturer of Orthopaedic Surgery Faculty of Medicine - Ain Shams University

> Faculty of Medicine Ain Shams University 2021



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List of Abbreviations

Abb.	Full term
CT	. Computed tomography
DO	Distraction osteogenesis
ERC	. External Remote Controller
FDA	• Food and Drug Authority
FIN	• Flexible intramedullary nail
IMN	. Intramedullary nail
ISKD	. Intramedullary Skeletal Kinetic Distractor
LATN	Lengthening and then nailing
MLDFA	. Mechanical lateral distal femoral angle
LLD	Limb length discrepancy
LON	Lengthening over a nail
MPTA	. Medial proximal tibial angle
MRI	• Magnetic resonance imaging
NCBI	National Center for Biotechnology
Information	
NLM	National Library of Medicine
PACS	• Picture archiving and communications system
RCT	Randomized controlled trial
SD	Standard deviation
χ^2	. Chi-square

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Introduction

Limb lengthening procedures have been of great interest to orthopedic surgeons since the early 20th century, when Italian surgeon Alessandro Codivilla published a paper detailing the use of Codivilla's nail to accomplish lower limb lengthening ⁽¹⁾. Over the course of the next century, a greater understanding of the physiology of the bone has led to major advances in the techniques and devices used for limb lengthening ⁽²⁾.

There is currently a wide selection of limb lengthening techniques and appliances for orthopedic surgeons to utilize in their practice. These include monolateral external fixation, external ring fixation (e.g., Ilizarov device), lengthening over nail, and intramedullary lengthening nails ⁽³⁾.

The intramedullary bone lengthening systems include mechanical systems (the Albizzia® and intramedullary skeletal kinetic distractor, ISKD® nails) and more recently motorized systems with the Fitbone® (Wittenstein, Igersheim, Germany) and Precice® (Ellipse Technologies, Irvine, CA, USA) nails. (4)

devices can be employed to correct both These acquired problems, congenital and including femoral deficiencies, tibial aplasia, achondroplasia, osteogenesis imperfecta, Ollier's disease, post-traumatic growth arrest, avascular necrosis, congenital femoral deficiency, and fibular hemimelia, among many others. (5)



Intramedullary nails may offer a solution to some of the problems associated with external fixation devices, including soft tissue scarring, muscle tethering, and inflammation and infection caused by the wires and pins ⁽⁶⁾. In addition, internal devices may be more convenient due to their concealed nature and may provide patients with benefits to their pain and discomfort. (7)

Use of mechanical intramedullary implants has reduced the rate of septic complications and fractures of the lengthening callus. However, control of the lengthening and the patients' comfort remain problematic (8). Intramedullary distraction devices have several reported complications, including overlengthening (run-away of the nail), and many devices may need manipulation under general anesthesia.

Articles are lacking evidence to support the use of a certain nail design over the other. We conducted this systematic review to compare between PRECICE nail, Fit bone Nail, Albizzia Nail and ISKD regarding their safety and efficacy.

AIM OF THE WORK

The aim of this study is to compare clinical and radiographic outcomes and complications between different intramedullary lengthening devices in lower limbs.