

# بسم الله الرحمن الرحيم



**HOSSAM MAGHRABY**



# شبكة المعلومات الجامعية التوثيق الالكتروني والميكروفيلم



**HOSSAM MAGHRABY**



# جامعة عين شمس

## التوثيق الإلكتروني والميكروفيلم

### قسم

نقسم بالله العظيم أن المادة التي تم توثيقها وتسجيلها  
على هذه الأقراص المدمجة قد أعدت دون أية تغيرات



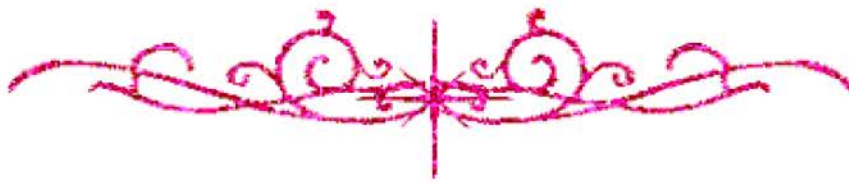
## يجب أن

تحفظ هذه الأقراص المدمجة بعيدا عن الغبار

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# بعض الوثائق الأصلية تالفة



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بالرسالة صفحات

لم ترد بالأصل



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B1099.

**"NUTRITIONAL EVALUATION OF  
SOME CEREAL AND  
LEGUMES BABY FOODS."**

**BY**

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**Thesis**

**Submitted in partial fulfilment  
of the requirment for the degree  
of MASTER of PHILOSOPHY Science**

**in**

*Rural Home Economics  
Department Nutrition and  
Food Science.  
Faculty of Home Economics.*

**Minufiya University**

**1994**



وَعَلَّمَكَ مَا لَمْ تَكُنْ تَعْلَمُ وَكَانَ فَضْلُ اللَّهِ عَلَيْكَ عَظِيمًا

صدق الله العظيم

## APPROVAL SHEET

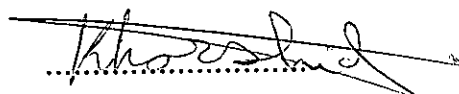
TITLE OF THESIS : NUTRITIONAL EVALUATION OF SOME  
CEREAL AND LEGUMES BABY FOODS.

DEGREE: M.Sc. DEGREE OF NUTRITION AND FOOD  
SCIENCE


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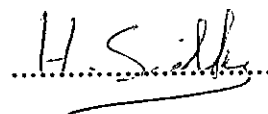
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## ACKNOWLEDGEMENT

I wish to express my greatest indebtedness and deep obligation to *Dr. Laila Helmy El-Bedawy*, Professor of Nutrition and Food Science Sec. Fac. of Home Economics, Minufiya Univ.

*Dr. Hanaa Mohamed Abd El-Ghany Sidky*, Associate Professor of Nutrition Food Technology Research Institute, Agric. Res. Center.

and to *Dr. Thoria Messalam Hassan*, Lecture of Nutrition and food science Fac. of Home Economics, Minufiya Univ.

I wish to express my highest gratitude to Prof. *Dr. Samir Mohamed El-Dashloty*, the Head of Nutrition and Food Science Sec., Fac. of Home Economics, Minufiya Univ.

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# Introduction



## INTRODUCTION

During the first year of infancy the baby grows and develops more rapidly than any other time of his life. He would double his birth weight in the first five months and triple his birth weight by the time of 10-12 months of age. As the body weight might be the product of his nutrition. Immense attention should be devoted to develop good nutritional status particularly to the most vulnerable group of any population. (Jelliffe and Jelliffe., 1979).

Millions of children in developing areas of the world are suffering from malnutrition as a result of poverty, lack of suitable food and incorrect knowledge in nutrition. It is during the rapidly growing period of infancy and early childhood.

The malnutrition and diarrhoea are major factors contributius to the high morbidity and mortality and probably leaving physical and psychological scars in later life in those who survive. (Sobhy, 1983).

In Egypt as stated by Mousa (1990), the weaning period is one of the most critical periods in the infant's life with nutritional problems appearing because traditional weaning foods usually are of low nutrient density, incapable of providing proper energy and nutrient needs.

Weaning foods must bridge the gap between breast-feeding and a family diet. Infant age 6-12 months are a major group of weaning food