



شبكة المعلومات الجامعية  
التوثيق الإلكتروني والميكروفيلم

# بسم الله الرحمن الرحيم



**HANAA ALY**



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# شبكة المعلومات الجامعية التوثيق الإلكتروني والميكروفيلم



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# جامعة عين شمس

## التوثيق الإلكتروني والميكروفيلم

### قسم

نقسم بالله العظيم أن المادة التي تم توثيقها وتسجيلها  
علي هذه الأقراص المدمجة قد أعدت دون أية تغيرات



### يجب أن

تحفظ هذه الأقراص المدمجة بعيدا عن الغبار



**HANAA ALY**

**Planned domiciliary versus hospital care  
for women with preterm prelabor rupture  
of the membranes (PPROM)**

***Thesis***

Submitted for partial fulfillment of the M.D. degree  
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## List of Abbreviations

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ACOG	: American College of Obstetricians and Gynecologists
CO <sub>2</sub>	: Carbon dioxide
COVID-19	: Coronavirus disease 2019
CRP	: C-reactive protein
CSF	: Cerebrospinal fluid
FiO <sub>2</sub>	: Fraction of inspired oxygen
GBS	: Group A $\beta$ -hemolytic streptococci
HMD	: Hyaline membrane disease
IAI	: Intra-amniotic infection
ICU	: Intensive care unit
IVH	: Intraventricular hemorrhage
MFMU	: Maternal-Fetal Medicine Units
NICHD	: National Institute of Child Health and Human Development
NICU	: Neonatal intensive care unit
ORACLE	: Overview of the Role of Antibiotics in Curtailing Labor and Early Delivery
PCAH	: Prepartum care at home
PPROM	: Preterm prelabor rupture of the membranes
PROM	: Prelabor rupture of the membranes
RDS	: Respiratory distress syndrome
RCOG	: Royal College of Obstetricians and Gynecologists
SD	: Standard deviation
TNF	: Tumor necrosis factor



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## Introduction

The prevalence of preterm prelabor rupture of the membranes (PPROM) at Ain Shams Maternity hospital ranged from 2.4% in 2011 to 4.7% in 2015 with the highest rate during 2013 (5.3%). The high rate of PPRM at Ain Shams Maternity hospital could be explained by the fact that it is a tertiary care level referral hospital. Only 4.3% of women presented with PPRM developed intra-amniotic infection. Regarding fetal outcome, 61.3% of infants developed a poor fetal outcome including; (fetal death and NICU admission), while 38.7% of infants had good fetal outcome (alive & well) (**Abouseif *et al.*, 2018**).

There is an international consensus that pregnancies affected by preterm prelabor rupture of the membranes (PPROM) represent a daily challenge for the obstetrician, and evidence-based guidelines should be available for the best management of such pregnancies. Evidence-based clinical practice guidelines represent a synthesis of literature and are designed to assist clinicians in making decisions regarding clinical practice (**Tsakiridis *et al.*, 2018**).

Premature prelabor rupture of the membranes (PROM) is the rupture of the fetal membranes before 37 weeks of gestation and before labor. The pathogenesis of spontaneous PPRM is not well understood; possible risk factors include previous preterm labor, previous PPRM, cervical insufficiency, smoking, multiple gestation, and antepartum bleeding (**Toukam *et al.*, 2019**).

Maternal complications of PPRM include infection, sepsis, preterm labor, and placental abruption. Fetal complications of PPRM include preterm delivery, a

non-reassuring fetal heart rate, umbilical cord prolapse and intrauterine fetal demise (**Graham and Bakaysa, 2019**).

PPROM management has two main goals: reducing fetal immaturity at birth and avoiding intra-amniotic infection. Corticosteroid therapy has decreased morbidity in infants born 2–7 days after PPRM. Antenatal antibiotics can prolong the latency period between PPRM and birth by reducing the risk of neonatal infection. However, optimal timing for delivery remains a challenge and is controversial (**Pasquier *et al.*, 2019**).

In 2014, a Cochrane meta-analysis included two articles suggested that there were few differences in maternal & fetal complications between domiciliary & hospital management modalities. Domiciliary care is as suitable as conventional hospitalization for the management of PPRM as shown by recent studies. The main obstacle is the important heterogeneity of the eligibility criteria in those studies and there is currently no consensus as to this. (**Petit *et al.*, 2018**).

The French recommendations evoked the possibility of domiciliary care management for selected women with PPRM, both the American College and the Royal College statements mention the lack of data to guide recommendations regarding hospital or outpatient care. (**Dussaux *et al.*, 2018**).

When the term PROM study group compared outcomes of expectant management; domiciliary group was more likely to develop intra-amniotic infection. In multiple logistic regression analyses, women managed at home had a higher risk of infection in their newborns and nulliparas managed at home were at increased risk of receiving antibiotics before delivery (**Duff & Patrick, 2018**).

## **Aim of the Work**

The aim of this study is to compare the efficacy & safety of planned domiciliary versus hospital care for women with preterm prelabor rupture of the membranes (PPROM) on fetal, neonatal and maternal outcomes.

## Chapter (I)

# Complications of PPROM

PPROM is associated with Perinatal morbidity especially prematurity, perinatal mortality and significant maternal morbidity (Oh *et al.*, 2019).

### Maternal Complications of PPROM

- *Intra-amniotic infection:*

It's inflammation of the amnion and/or the chorion which is a histopathologic finding. This inflammation most commonly results from bacterial infection of the amniotic fluid, the fetal membranes, the placenta, and/or the uterus (Oh *et al.*, 2019).

The term "chorioamnionitis." Was historically used to describe infection of the chorion, amnion, or both but it's replaced nowadays by "intra-amniotic infection" (IAI) since infection often involves the amniotic fluid, fetus, umbilical cord, or placenta as well as the fetal membranes (Tita *et al.*, 2017).

The term "histologic chorioamnionitis" describes cases without the typical clinical or microbiological findings associated with acute infection secondary to sterile inflammation or use of insensitive microbiologic techniques (Tita *et al.*, 2017).

In 2015, a National Institute of Child Health and Human Development Workshop expert panel recommended use of the term "triple I" to address the heterogeneity of this disorder (Hodges *et al.*, 2013).