

شبكة المعلومات الجامعية التوثيق الإلكتروني والميكروفيلو

بسم الله الرحمن الرحيم





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شبكة المعلومات الجامعية التوثيق الالكتروني والميكروفيلم



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جامعة عين شمس التوثيق الإلكتروني والميكروفيلم قسم

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Mothers Coping Pattern of Children with Attention Deficit Hyperactivity Disorders

Thesis

Submitted for Partial Fulfillment of Master Degree in Community Health Nursing

By

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Thanks to Allah who have lightened my path to accomplish this work.

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Rehab Hamdy Abd Elhamid Said

Dedication

This work is dedicated to...

The soul of my father (Hamdy Abd El hamid)

MY Husband (Tamer Gombory)

Daughter (Hager)

Sons (Mohamed and Youssef)

For their support and encouragement.



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LIST OF ABBREVIATIONS

Abb. Meaning

ADHD : Attention deficit hyperactivity disorder

ASD : Autism spectrum disorder

CBCL : Child Behavior Checklist

CBT : Cognitive behavioral therapy

CD : Conduct disorder

ICD : International Statistical Classification of Diseases

MCQ : Multiple Choice Question

MTFC : Multidimensional treatment foster care

NSCH : National Survey of Children's Health

OCD : Obsessive–compulsive disorder

ODD : Oppositional defiant disorder

QEEG : Quantitative electroencephalography

CHN : Community health nurse

Mothers Coping Pattern of Children with Attention Deficit Hyperactivity Disorders **Abstract**

Background: Having child with Attention Deficit Hyperactivity Disorders is a major event that negatively affects families, and forces families to re-evaluate its plans, goals, and relationships in light of restrictions and limitations, and resultant stresses in mothers, and their efficiency in coping with these stresses. Aim: Aimed to assessed coping pattern for mothers of children with attention deficit hyper active disorders. Settings: The study was conducted at hyperactivity clinic at El Mahalla general hospital and psychiatric clinic with health insurance in Mahalla al-Kubra. Design: A descriptive design was used. Methods: Purposive sample including 110 mothers of children with attention deficit hyperactivity disorders. Tools: I-Interviewing Questionnaire, II-Child Behavior Checklist. III- Mother's role towards the child IV-Coping behavior. Results: The present study revealed that more than two thirds of the studied mothers had unsatisfactory knowledge about attention deficit hyperactivity disorder, more than half of the studied mothers had unsatisfactory role towards the child with attention deficit hyperactivity disorder. The present study revealed that, most of the studied mothers had passive coping behaviors regarding attention deficit hyperactivity disorder. While, less than one quarter of them had active coping behaviors. Conclusion: there was highly significant positive correlation between total mother's knowledge and their role toward the child, child behavior and coping behavior toward the child. **Recommendation**: Health education session at center in order to increase mothers knowledge about ADHD.

Keywords: Attention Deficit Hyperactivity Disorders, Coping Pattern, Mothers.

Introduction

Attention- deficit hyperactivity disorder (ADHD) is one of the most common neurodevelopmental disorders in childhood. It is usually first diagnosed in childhood and often lasts into adulthood. Children with attention- deficit hyperactivity disorder may have trouble paying attention, controlling impulsive behaviors (may act without thinking about what the result will be), or be overly active. Children often have trouble functioning at home and in school and may have difficulty making and keeping friends. If left untreated, ADHD may interfere with school and work, as well as with social and emotional development (**Cortese et al., 2018**).

ADHD is a neurological disorder that impacts the parts of the brain that help us plan, focus on, and execute tasks. It's usually spotted during the early school years, when a child begins to have problems regarding paying attention. ADHD can't be prevented or cured. However, spotting it early, having good treatment and educational plan, can help a child or adult with ADHD manage their symptoms (National Institute of Mental Health, 2019) and (Willim Dodson, 2020).