

شبكة المعلومات الجامعية التوثيق الإلكتروني والميكروفيلو

# بسم الله الرحمن الرحيم





MONA MAGHRABY



شبكة المعلومات الجامعية التوثيق الإلكتروني والميكروفيلو



شبكة المعلومات الجامعية التوثيق الالكتروني والميكروفيلم



MONA MAGHRABY



شبكة المعلومات الجامعية التوثيق الإلكترونى والميكروفيلم

# جامعة عين شمس التوثيق الإلكتروني والميكروفيلم قسم

نقسم بالله العظيم أن المادة التي تم توثيقها وتسجيلها علي هذه الأقراص المدمجة قد أعدت دون أية تغيرات



يجب أن

تحفظ هذه الأقراص المدمجة بعيدا عن الغبار



MONA MAGHRABY

#### Assessment of Mothers' Knowledge towards Care of Their Children Suffering from Methylmalonic Acidemia (MMA)

#### Thesis

Submitted for Partial Fulfillment of the Requirements for Master Degree in Pediatric Nursing

#### By

#### **Zeinab Megahed Ramadan**

B.Sc. Nursing 1990

Nursing Manager, Head of Education Unit

Pediatric Hospital

Ain Shams University

Faculty of Nursing
Ain Shams University
2020

#### Assessment of Mothers' Knowledge towards Care of Their Children Suffering from Methylmalonic Acidemia (MMA)

#### Thesis

Submitted for Partial Fulfillment of the Requirements for Master Degree in Pediatric Nursing

#### Under Supervision of

#### Prof. Dr/ Iman Ibrahim Abd Al-Moniem

Professor of Pediatric Nursing Faculty of Nursing - Ain Shams University

#### Prof. Dr/ Osama Kamal Zaki

Professor of Medical Genetics Consultant of Genetics Ain Shams University Hospital

#### Prof. Dr/ Salma El-Sayed Hasan

Professor of Pediatric Nursing Faculty of Nursing - Ain Shams University

Faculty of Nursing
Ain Shams University
2020

# Achnowledgments

First and forever, thanks to **ALLAH**, Almighty for giving the strength and faith to complete my thesis.

I am deeply grateful to **Prof. Dr/ Iman Ibrahim Abd Al-Moniem**, Professor of Pediatric Nursing, Faculty of Nursing; Ain Shams University for her constructive criticism, unlimited help and giving me the privilege to work under her supervision.

I would like to express my deep appreciation and gratitude to **Prof. Dr. Osama Kamal Zaki**, Professor of Clinical Genetics, Genetics Unit, Pediatrics Department, and Faculty of Medicine- Ain Shams University for his supervision, guidance and support throughout this study.

I would like to express my sincere gratitude to **Prof. Dr. Salma El-Sayed Hasan** Professor of Pediatric Nursing, Faculty of Nursing, Ain shams University for her supervision, efforts and time she has devoted to accomplish this work.

I would like also to express my gratitude to all mothers and their children who participated as study subjects for their cooperation.

Last but not least, I can't forget to thank all my Family for their kind care, help and encouragement.

🔼 Zeinab Megahed Ramadan

#### **List of Contents**

Subject	Page No.
List of Tables	i
List of Figures .	iv
List of Abbrevia	ations v
Abstract	viii
	nd Aim of the study1
<b>Review of Liter</b>	
Part I:	Overview about Methylmaloic Acidemia 6
Part II:	Nutritional Requierments of Children Suffering from Methylmalonic Acidemia 52
Part III:	Needs for Children Suffering from Methylmalonic Acidemia
Part IV:	Pediatric Nursing Role and Interventions 62
Subject and Me	ethods
Results	
	99
	Recommendations113
Summary	115
•	
	ry
Arabic Sullilla	L <i>y</i> —

#### **List of Tables**

## Table No. Title Page No.

#### TABLES IN REVIEW

(1)	The chance of MMA occurrence.	15
(2)	Chronic Manifestations and Management of PA and MMA.	19
(3)	Acute and chronic presentations of MMA/PA	20
(4)	Differential diagnosis of MMA and PA.	26
(5)	Methylmalonic acid concentrations in urine for different subtypes of MMA.	29
(6)	Molecular Genetic Testing Used in Isolated Methylmalonic Acidemia	35
(7)	Subtypes and mutations in genes involved in MMA (HGMD database).	41

#### **List of Tables**

### Table No. Title Page No.

#### TABLES IN RESULTS

(1)	Distribution of the studied mothers according to their characteristics.	84
(2)	Distribution of the studied children according to their characteristics.	85
(3)	Distribution of the studied children according to their family history of the disease.	86
(4)	Distribution of the studied children according to their history of illness from their mothers and medical records.	87
(5)	Distribution of the studied children according to their physical assessment.	89
(6)	Distribution of the studied children according to their laboratory investigations	90
(7)	Distribution of the studied children according to their health problems.	91
(8)	Distribution of the studied children according to their health needs.	92
(9)	Distribution of the studied mothers according to their knowledge about methylmalonic acidemia.	93
(10)	Distribution of the studied mothers	94

	according to their knowledge regarding feeding of children suffering from methylmalonic acidemia.	
(11)	Distribution of the studied mothers according to their follow up pattern for outpatients clinics.	95
(12)	Distribution of studied mothers according to their knowledge about care for their children suffering from methylmalonic acidemia.	96
(13)	Distribution of the studied mothers, according to their total reported practices related to care of children suffering from methylmalonic acidemia.	98
(14)	Relation between studying the mothers' characteristics and their total knowledge regarding to methylmalonic acidemia.	100
(15)	Relation between the studied mothers' characteristics and their total reported practices regarding care of their children suffering from methylmalonic acidemia.	101
(16)	Correlation between total knowledge of the studied mothers and their total reported practices as regards caring of their children suffering from methylmalonic acidemia.	102

#### **List of Figures**

## Figure No. Title Page No.

#### FIGURES IN REVIEW

(1)	Autosomal recessive inheritance pattern	15
(2)	Overview of the MMA catabolic pathway	24
(3)	Flowchart for different stages of MMA diagnosis.	27
(4)	Guthrie test (Heel prick of newborn for MMA)	31

#### FIGURES IN RESULTS

(1)	Percentage distribution of the studied mothers according to their total knowledge about care of their children with methylmalonic acid.	97
(2)	Percentage distribution of the studied mothers according to their total reported practices for care of their children with methylmalonic acid	98

#### LIST OF ABBREVIATIONS

Abbreviations	Full Term
ABC	ATP-Binding Cassette.
ABG	Arterial Blood Gases.
ACMG	American College of Medical Genetics.
ACSF3	Acyl-CoA Synthetase family member 3.
AdoCbl	Adenosyl-Cobalamin.
ADP	Adenosine DI Phosphate.
ALDH6A1	Aldehyde Dehydrogenase 6 family, member A1.
ALT	Alanine Aminotransferase.
AST	Aspartate Transaminase.
ATP	Adenosine Triphosphate.
Bilirubin T/U	Bilirubin Total vis Unconjugated.
CO	Free Carnitine 0.
C2	Acetyl Carnitine 2.
C3	Propionyl Carnitine 3.
C2 C3 C4	Buyeryl Carnitine 4.
C4DC	C4-Dicarboxylic Acylcarnitine.
C16	Hexaadecanoyl Carnitine.
CBC	Complete Blood Count.
cblA	Cobalamin A deficiency.
cblB	Cobalamin B deficiency.
cblC	Cobalamin C deficiency.
cblD	Cobalamin D deficiency.
cblX	Cobalamin IX deficiency.
CI-	Chloride.
CMAMMA	Combined Malonic and Methylmalonic Aciduria.
CNS	Central Nervous System.
CoA	Coenzyme A.
CSF	Cerebrospinal Fluid.
CVS	Chorionic villus Sampling.
DNA	Deoxyribonucleic Acid.
EC	E-Cadherin.
ECG	Electro- Cardio Gram.

Abbreviations	Full Term
EKG	German Spelling- Electrocardiogram.
ESRD	End-Stage Renal Disease.
D-MMCoA	D-Methylmalonyl-CoA.
DNA	Deoxyribonucleic Acid.
DXA	Dual-energy X-ray Absorptiometry.
FAO	Food and Agriculture Organization of the United
	Nations.
GC	Gas Chromatography.
GC-MS	Gas Chromatography and Mass Spectrometry.
GCSF	Granulocyte-Colony Stimulating Factor.
GFR	Glomerular Filtration Rate.
GH	Growth Hormone.
HCFC1	The light purple striped box indicates cblX
	deficiency.
HGMD	Human Gene Mutation Database.
IQ	Intelligent Quotient.
IQs	Intelligence Quotients.
K+	Potassium.
LHON	Leber Hereditary Optic Neuropathy.
LMBRD1	LMBR1 Domain Containing 1.
MA	Malonic Acid.
MCEE	Methylmalonyl-CoA Epimerase.
MCM	Methylmalonyl-CoA Mutase.
MCR	Methylmalonyl-CoA Racemase.
MeCbl	Methyl-Cobalamin.
MMA	Methylmalonic Acidemia.
MMAA	Metabolism Of Cobalamin Associated A.
MMAB	Metabolism Of Cobalamin Associated B.
MMACHC	Metabolism Of Cobalamin Associated C.
MMADHC	Metabolism Of Cobalamin Associated D.
MMSA	Methylmalonic Semialdehyde Acid.
MMSDH	Methylmalonate Semialdehyde Dehydrogenase.
MMUT	Methylmalonyl-CoA Mutase.
MRI	Magnetic Resonance Imaging.

Abbreviations	Full Term
MS	Mass Spectrometry.
MS/MS	Mass Spectrometry/ Mass Spectrometry.
MTHFR	Methylenete Trahydro Folate Reducta.
MUT	Methylmalonyl-CoA Mutase.
NBS	Newborn Screening.
Na+	Sodium.
NCG	N-Carbamyl Glutamate.
NHGRI	National Human Genome Research Institute.
NIH	National Institute of Health.
OAs	Organic Acid Disorders.
ОН	Hydroxo.
OH-Cbl	Hydroxo- Cobalamin.
PA	Propionic Acidemia.
PCC	Propionyl-CoA Carboxylase.
PGD	Preimplantation Genetic Diagnosis.
Q10	Coenzyme Q10.
QT	Qualification Test usually use for "QT segment in
	ECG".
QTc	QT orrected for heart rate.
SAM	S-Adenosyl Methionine.
SCD	Stearoyl-CoA Desaturase.
SCS-A	Succinyl-CoA Succinate.
SUCL	Succinyl-CoA Ligase.
SUCLA2	Succinate-CoA Ligase ADP-Forming Subunit Beta.
SUCLG1	Succinate-CoA Ligase GDP/ADP-Forming Subunit
	Alpha.
TMS	Transcranial Magnetic Scan.
TPN	Total Parenteral Nutrition.
US	United State.
UNU	United Nations University.
UT	Urea Transporter.
WHO	World Health Organization.

#### **Abstract**

Methylmalonic acidemia comprises a series of autosomal recessive inherited disorders of organic acid metabolism. Primary defect lies in methymalonyl-CoA mutase (MCM) or its cofactor, adenosyl-cobalamin. Aim: This study aimed to assess mothers' knowledge towards care of their children suffering from Methylmalonic acidemia. **Design:** A descriptive study was used. **Setting:** This study was conducted at the Specialized Genetic Outpatient Clinic at Pediatrics' Hospital affiliated with Ain Shams University Hospitals. Subject: A purposive sample which included 50 mothers accompanying their children with MMA. **Tools:** two tools were used; **I:** Interview questionnaire format to assess the characteristics of the study subjects, mothers' knowledge about methylmalonic acidemia, medical history of children, physical and psychological children's health needs and problems. II: Mothers' total reported practices related to care of their children suffering from Methylmalonic acidemia. **Results**: This study revealed that the mean age of studied mothers was  $25 \pm 6.6$  years and the mean age of studied children's was  $4.8 \pm 2.49$  years. Less than two thirds of studied mothers had unsatisfactory knowledge about Methylmalonic acidemia; as well more than two thirds of them had inadequate total reported practice. **Conclusion:** This result concluded that, less than two thirds of studied mothers had unsatisfactory total knowledge and more than two thirds of them had inadequate total reported practices about methylmalonic acidemia. There were statistical significant differences between all mothers' characteristics and their total knowledge and total reported practice regarding care of their children suffering from Methylmalonic acidemia. Recommendation: Teaching programs for families having children suffering from Methylmalonic acidemia is important to raise their knowledge and practices about the disease, its management and prevention of complications. Future research should be focused on the risk health problems among children suffering from Methylmalonic acidemia.

**Keywords**: Methylmalonic Academia, Knowledge, Metabolism, Dietary Restrictions, Problems, Mothers, Children.