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Study the Results of Antibiotic Prophylactic Protocol Adopted by Ain Shams University Hospitals for reducing the Risk of Surgical Site Infection in Patients undergoing Hip Arthroplasty Pilot Study

Thesis

Submitted for Partial Fulfillment of Master Degree in **Orthopedic Surgery**

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Tist of Contents

Title	Page No.
List of Tables	
List of Figures	6
List of Abbreviations	8
Introduction	1 -
Aim of the Work	11
Review of Literature	12
Patients and Methods	59
Results	64
Case Presentation	78
Discussion	92
Summary and Conclusion	99
References	100
Arabic Summary	

Tist of Tables

Table No	o. Title	Page No.
Table 1:	Classification of periprosthetic joint is (PJI)	nfection 22
Table 2:	Definition of periprosthetic joint infecti	
Table 3:	Risk factors for the studied patients	
Table 4:	Follow up and outcome of the studied p	
Table 5:	Comparison between infected and non- patients regarding age, gender, di- operation, Hospital stay before of (days), hospital stay after operation	infected agnosis, peration
	Place of operation and operation Run	
Table 6:	Comparison between infected and non-patients regarding risk factors that medical disease (patients on steroid smoking and relevant surgical history.	infected include d, DM),
Table 7:	Comparison between infected and non- patients regarding age, gender, di- operation, Hospital stay before of (days), hospital stay after operation	infected agnosis, peration (days),
Table 8:	Place of operation and operation Run Comparison between infected and non- patients regarding risk factors that medical disease (patients on steroid, Stand RA), relevant surgical history, ober smoking.	infected include LE, DM sity and
Table 9:	Comparison between infected and non-	
	patients regarding type of antibiotic us	

List of Figures

Fig. No.	Title	Page No.
Figure 1:	PXR of THA with septic loosening	26
Figure 2:	CT hip show Loose femoral stem in a total hip prosthesis and show subsidence of over 10 mm, with scleand endosteal remodeling next to the tip (arrow).	stem erosis stem
Figure 3:	Coronal and axial T1W (A,B) and (C,D) images of the same patient associated large multiloculated absociated with the coronal coronal axial T1W (A,B) and (C,D) images of the same patient associated large multiloculated absociated coronal coronal axial T1W (A,B) and (C,D) images of the same patient associated large multiloculated absociated coronal c	show esses
Figure 4:	Show NM dual phase bone scan p Increased blood pooling lateral to pro- left femur	elvis. ximal
Figure 5:	Technique of synovial fluid aspiration	
Figure 6:	LE strip test of synovial fluid with	
	different strips	
Figure 7:	The lateral flow immuno	accav
riguic ".	Synovasure TM	assay 35
Figure 8:	Treatment algorithm for PJI	
Figure 9:	Overview of surgical procedures of PJJ	
Figure 10:	Timeline of periprosthetic joint infe	
rigure 10.	(PJI) prevention strategies	
Figure 11:	Risk factors for the studied patients	
Figure 12:	Comparison between infected and	
riguic 12.	infected patients regarding diagnosis.	
Figure 13:	Comparison between infected and	
rigure 10.	infected patients regarding operation.	
Figure 14:	Comparison between infected and	
11941011	infected patients regarding on ste	
	DM and smoking	
Figure 15:	Comparison between infected and	
	infected patients regarding diagnosis.	

Tist of Figures cont...

Fig. No.	Title Page	No.
Figure 16:	Comparison between infected and non- infected patients regarding Medical diseases that include RA, patients on steroids, DM, SLE, relevant surgical	
Figure 17:	history, body built and smoking	
Figure 18:	Result of culture and sensitivity of intraoperative sample	
Figure 19:	Radiographs, AP postoperatively	
Figure 20:	Clinical photo	
Figure 21:	Result of culture and sensitivity of intraoperative sample	
Figure 22:	Radiographs, AP postoperatively	
Figure 23:	Clinical photo	
Figure 24:	Radiographs, AP	
Figure 25:	Clinical photo	
Figure 26:	Radiographs, AP postoperatively	
Figure 27:	Clinical photo	

Tist of Abbreviations

Abb.	Full term
AAOS	.American Academy of Orthopedic Surgeons
	.Disease-modifying anti-rheumatic drugs
CDC	Centers for Disease Control
CoNS	Coagulase negative staphylococci
DM	.Diabetes mellitus
HTN	.Hypertension
<i>ITF</i>	.Intertrochanteric femur fracture
<i>IV</i>	. Intravenous
<i>MS</i>	.Multiple sclerosis
<i>NOF</i>	Neck of femur fracture
<i>OA</i>	. Osteoarthritis
<i>OPC</i>	.Outpatient clinic
OR	Operation room
PJI	Periprosthetic joint infection
<i>RA</i>	Rheumatoid Arthritis
S. aureus	.Staphylococcus Aureus
MRSA	.Methicillin Resistant Staphylococcus Aureus
<i>SLE</i>	Systemic lupus erythromatosis
SSI	.Surgical site infections
<i>THA</i>	. Total Hip Arthroplasty
<i>TJA</i>	. Total Joint Arthroplasty

INTRODUCTION

Total hip arthroplasties are well-proven solutions in case of end-stage osteoarthritis of the hip joint⁽¹⁾. Although, presence of complications can be devastating for the patient, especially periprosthetic joint infection (PJI) (2). To prevent PJI, antibiotic prophylaxis regimens are regularly used (3).

Since the introduction of systemic antibiotic prophylaxis in hip arthroplasty the percentage of infection complications has decreased to 1-2% of these arthroplasty patients (4). A major part of PJI is caused by Staphylococcus species, particularly Staphylococcus (S.) aureus coagulase negative and staphylococci (CoNS)⁽²⁾. Generally these bacteria are susceptible to cephalosporins such as cefazolin or cefuroxime (5).

The numbers of yearly performed Total Hip Arthroplasty (THA) are expected to increase⁽⁶⁾. Therefore, the absolute number of infection complications will likely increase as well, even when the percentage of infections can be limited further. Evidence based guidelines for the treatment of PJI is needed to face this challenge (7).

A worldwide consensus meeting concerning prevention, diagnosis and treatment of periprosthetic joint infections held in 2018 suggested that A first or second-generation cephalosporin should be administered for routine perioperative surgical prophylaxis because of its broad spectrum of action, cost-



effectiveness, and the need to preserve newer and more expensive therapies for drug-resistant microorganisms and emerging pathogens. These antibiotics cover gram-positive organisms and clinically important aerobic gram-negative bacilli and anaerobic gram positive organism⁽⁸⁾.

American Academy of Orthopedic The Surgeons (AAOS) recommendations for the use of Intravenous (IV) antibiotic prophylaxis in primary Total Joint Arthroplasty that the "duration of prophylactic antibiotic (TJA) administration should not exceed the 24-hour postoperative period. Prophylactic antibiotics should be discontinued within 24 hours of the end of surgery⁽⁸⁾.

Our Ain Shams university hospitals adopted a postoperative antibiotic protocol for patient with hip arthroplasty surgeries which include induction with first-generation cephalosporin antibiotic (zinol) before skin incision for 30 to 60 minutes and for 24 hours postoperative to all patient with primary hip arthroplasty except for high risk group use antibiotics (Dalacin and Tavanic) for 48 hours post-operative.

Then change dressing after 48 hours and discharge patient from hospital.

Follow up patient in outpatient clinic after 2 weeks and if there is discharge or wound soaking, take wound culture and give patient antibiotic according to wound culture and sensitivity.