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Comparative Study between Lichtenstein Repair and Trans Abdominal Pre Peritoneal Repair of Inguinal Hernia (TAPP)

Thesis

Submitted for Partial Fulfillment of Master Degree in **General Surgery**

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Tist of Contents

Title	Page No.
List of Tables	5
List of Figures	6
List of Abbreviations	8
Introduction	1 -
Aim of the Work	11
Review of Literature	
Anatomy of the Inguinal Canal	12
Pathophysiology	
Diagnosis of Inguinal Hernia	
■ Preoperative Evaluation and Management	51
Post-Operative Complications	78
Patients and Methods	94
Results	105
Discussion	118
Summary	123
Recommendations	
References	125
Arabic Summary	

Tist of Tables

Table No	o. Title	Page No.
Table 1:	Age and gender among 50 IH patients	105
Table 2:	Socio-demographic data among 50 IH pa	atients 106
Table 3:	Pre-operative clinical data among patients	
Table 4:	Intra-operative data among 50 IH paties	nts 110
Table 5:	Post-operative clinical data among patients	
Table 6:	Intra-operative and early post-op complications among 50 IH patients	
Table 7:	Delayed post-operative complications 50 IH patients	•
Table 8:	Over-all cost among 50 IH patients	117

List of Figures

Fig. No.	Title Po	age No.
Figure 1: Figure 2:	Anterior abd. Wall	the ith
Figure 3:	It testis& covering of the spermatic cord	
Figure 4:	Hesselbach's triangle	
Figure 5:	The femoral sheath and the femoral canal	
Figure 6:	Fossae of anterior abdominal wall and th	
8	relation to sites of groin hernias	
Figure 7:	Triangle of pain	
Figure 8:	Triangle of doom	
Figure 9:	Inguinal anatomy from the laparosco	
O	viewpoint	_
Figure 10:	The musculopectineal orifice of Fruchaud	31
	The space of Bogros	
Figure 12:	Direct and indirect hernias	39
	Direct and indirect inguinal hernia	
Figure 14:	Bassini repair	60
	Shouldice repair	
Figure 16:	Lichtenstein tension-free hernioplasty	63
Figure 17:	Plug and Patch Technique	64
Figure 18:	Peritoneal incision for a right TAPP repair	r72
Figure 19:	Testicular vessels and vas deferens a	are
	pushed laterally off the hernia sac	73
Figure 20:	Complete reduction of an indirect hern	nia
	sac	75
Figure 21:	Mesh positioning	76
Figure 22:	Suture closure	77
Figure 23:	Positioning of the patient and team	98
Figure 24:	Mesh used in our study	101
Figure 25:	Fixation of mesh using a tacker	102
	Closure of peritoneum by suturing	
Figure 27:	Occupation among 50 IH patients	107

Tist of Figures cont...

Fig. No.	Title Po	ige No.
Figure 28:	Previous history and special habits amo	_
T! 00	50 IH patients	
Figure 29:	Side of hernia among 50 IH patients	109
Figure 30:	Operative duration among 50 IH patients	110
Figure 31:	Intra-operative and early post-operati	ve
	complications among 50 IH patients	114
Figure 32:	Delayed post-operative complication	ns
O	among 50 IH patients	116
Figure 33:	Over-all cost among 50 IH patients	117

Tist of Abbreviations

Abb.	Full term
Abd. Wall	Abdominal wall
ADLs	Activities of daily living
CT	Computered tomography
<i>ED</i>	Emergency department
NRS	Numeric rating scale
<i>OLR</i>	Open Lichtenstein repair
SPSS	Statistical Package for the Social Sciences
<i>TAPP</i>	Trans abdominal pre peritoneal
<i>TEP</i>	Total extra peritoneal repair
VAS	Visual Analogue Scale

Introduction

ernia is defined as an abnormal protrusion of an organ or tissue through a defect in its surrounding walls (*Courtney*, 2012).

Hernia repair is one of the most common operations performed by general surgeons. Despite the frequency of this procedure, no surgeon has ideal results, and complications such as postoperative pain, nerve injury, infection, and recurrence remain (*Courtney*, 2012).

The standard method for inguinal hernia repair had changed a little over a hundred years until the introduction of synthetic mesh. This mesh can be placed by either using an open approach or by using a minimal access laparoscopic technique. It was found that there is suggested less pain and numbness following laparoscopic repair. Return to usual activities is faster (*McCormack*, 2014).

No single repair technique is likely to take care of all patients with inguinal hernias. Therefore, surgeons repairing inguinal hernias should be familiar with both laparoscopic and open approach to offer the patient the most appropriate repair technique (*McCormack*, 2014).

Laparoscopic techniques are being used in the repair of inguinal hernias and offer the potential benefits of minimal



access surgery, possibly a lower recurrence rate (Olmi et al., *2007*).

Laparoscopic repair is effective for the vast majority of patients with primary or recurrent inguinal hernias and results in low recurrence rates, with high patient satisfaction scores (Christine et al., 2009).

Trans-abdominal pre-peritoneal repair of inguinal hernia (TAPP) has a higher cost th8an open (lichtenstein) repair of inguinal hernia (Anadol et al., 2004).

The surgical techniques employed in the laparoscopic inguinal hernia repair (TAPP) are more difficult than those used for open repair (Kapiris et al., 2001).

Open hernia repair can be done under general, spinal anesthesia or local anesthesia, but laparoscopic repair requires general anesthesia (McCormack, 2014).

Therefore, surgeons repairing abdominal wall defects should be familiar with both open and laparoscopic approaches to hernias to offer the patient the most appropriate repair (John et al., 2014).