



شبكة المعلومات الجامعية
التوثيق الإلكتروني والميكرو فيلم

بسم الله الرحمن الرحيم



MONA MAGHRABY



شبكة المعلومات الجامعية
التوثيق الإلكتروني والميكروفيلم



شبكة المعلومات الجامعية التوثيق الإلكتروني والميكروفيلم



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شبكة المعلومات الجامعية
التوثيق الإلكتروني والميكروفيلم

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MONA MAGHRABY

Mothers' Perception Concerning their Adolescent Daughters' Seeking for Gynecological Health Services

Thesis

Submitted For Master Degree in Nursing Science
(Maternity & Gynecological Nursing)

Presented by

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B.Sc.in Nursing (2013)

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بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

قالوا

لسببائك لا علم لنا
إلا ما علمتنا إنك أنت
العليم العظيم

صدق الله العظيم

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 *Fatma Ahmed Hamoda Fayed*

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List of Abbreviations

<i>Abbr.</i>	<i>Full-term</i>
BMI	: Body Mass Index
CDC	: Centers for Diseases Control and Prevention
FSH	: Follicle-Stimulating Hormone
FTT	: Families Taking Together
GNRH	: Gonado tropin Releasing Hormone
HCG	: Human Chorionic Gonado Tropin
HPV	: Human Papilloma Virus
IQ	: Intelligence Quotient
LH	: Luteinizing Hormone
NSAIDS	: Non Steroidal Anti-inflammatory Drugs
PCOS	: Polycystic Ovary Syndrome
PG	: Prostaglandins
SD	: Secondary Dysmenorrheal
SPSS	: Statistical package for social science
STIs	: Sexual Transmitted Infection

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ABSTRACT

Adolescence is a critical life phase in which individuals must have the opportunity to develop the capabilities required for achieving a healthy life. Healthy adolescence is the foundation of a healthy adult and this therefore becomes an important phase to concentrate upon by all the concerned stakeholders. **The aim of the study:** To assess the mothers' perception concerning their adolescent daughters' seeking for gynecological health services. **Design:** A descriptive study design was used. **Setting:** The study was conducted at outpatient clinics in EL Menofieya University Hospitals. **Sample:** A purposive sample of (385) mothers of adolescent girls were recruited on the study. **Data collection tools:** Structured interviewing questionnaire sheet and a three points Likert scale. **Results:** The result of the present study reveals that 68.8% of the studied mothers has unsatisfactory knowledge about their adolescent daughters' seeking for gynecological health services. The more than two third of the sample had positive attitude concerning their adolescent daughters' seeking for gynecological health services. **Conclusion:** It is concluded that more than two third of the studied mothers have unsatisfactory knowledge about adolescence gynecological problems, causes of gynecological problems, adolescent's complications relating to ignoring any gynecological problem, organs that examined during gynecological examination for adolescent, and centers for treating gynecological problems respectively. **Recommendation:** Conduction of awareness secessions for mothers' of adolescent girls to improve their knowledge about adolescent daughters' gynecological health problems and services

Keywords: Gynecological health services, Adolescent, Mothers' perception.

Introduction

Adolescence is a critical life phase in which individuals must have the opportunity to develop the capabilities required for achieving a healthy and fulfilling life. Healthy adolescence is the foundation of a healthy adult and this therefore becomes an important phase to concentrate upon by all the concerned stakeholders. Adolescence need not only for awareness but for behavioral change (*Ki-Moon, 2016*).

The World Health Organization identifies adolescence as the period of human growth and development that occurs after childhood and before adulthood, from 10 to 19 years of age. This period of adolescence is further categorized into three stages, namely early adolescence (10 to 13 years), mid-adolescence (14 to 15 years), and late adolescence (15 to 19 years). The period of adolescence for a girl is a period of physical and psychological preparation for safe motherhood (*WHO, 2017*).

Adolescents' gynecological health problems compromise dysmenorrhea, genitalia infection, sexual transmitted infections (STIs), and unplanned pregnancy. Adolescents' gynecological health problems becomes an important component and there is a felt need for increasing awareness and thus empowering mothers for a healthy life of their adolescent daughters (*Centers for Disease Control and Prevention, 2015*).

Mother's perception regarding their adolescent daughters' gynecological health is captured the inherent belief that mothers perceived that they know their daughters and could identify their social and emotional wellbeing needs. Mothers know their adolescent daughters because of the relationship they have with them, the time they spend with them and through the presence or absence of contact their daughters' have with them (*Awaluddin et al., 2015*).

Therefore, mothers perception is one of the important aspects for seeking gynecological health services which refers to any actions that aims to seek information in various ways as well as from different reliable sources. Thus, reliable information on gynecological health is needed as part of cognitive element in promoting healthy behavior among adolescent daughters (*Awaluddin et al., 2015*).

According to the international conference on population and development's operational program, gynecological health services have been included in the service programs of most countries since 1994. These gynecological health services aim not only to provide consultation and treatment for gynecological health problems, but also to improve quality of life and interpersonal relations. Although all ages and population groups were taken into consideration for these services, the use of these services by specific sub-groups, such as adolescents and