

# بسم الله الرحمن الرحيم





# شبكة المعلومات الجامعية التوثيق الالكتروني والميكرو فيلم





# جامعة عين شمس

التوثيق الإلكتروني والميكرو فيلم

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على هذه الأقراص المدمجة قد أعدت دون أية تغييرات



## يجب أن

تحتفظ هذه الأقراص المدمجة بعيدا عن الغبار





# **Nursing Guidelines for Reducing Marital Problems among Women Suffering from Urinary Incontinence**

**Thesis**

*Submitted for Partial Fulfillment of the Doctorate Degree  
in Nursing Science (Maternity and Gynecological Nursing)*

**By**

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2020**



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*✍ Samia Gamal Gouda*

## *Dedication*

*I would like to extend my deepest thanks and express my gratitude to **My Father, My Mother, My Husband, My Brother, My Son** and **My Daughter** without them can't able to be successful in my work.*

*I dedicate this research to my group mates, & all my friends.*

*Samia Gamal Gouda*

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## List of Abbreviations

Abb.	Full Term
<b>ALSWH</b>	Australian Longitudinal Study on Women's Health
<b>BMI</b>	Body mass index
<b>BTX-A</b>	Botulimum toxin subtype A
<b>CNS</b>	Central nervous system
<b>CVA</b>	Cerebral vascular accident
<b>DO</b>	Detrusor over activity
<b>EMG</b>	Electromyelography
<b>EPIC</b>	European Population-Based Survey
<b>FDA</b>	Food and drug administration
<b>HRT</b>	Hormone replacement therapy
<b>ICS</b>	Incontinence continence society
<b>IPAQ</b>	International Physical Activity Questionnaire
<b>KHQ</b>	Kings health questionnaire
<b>LUTS</b>	Lower urinary tract symptoms
<b>MUI</b>	Mixed urinary incontinence
<b>NICE</b>	National Institute for Health and Care Excellence
<b>OAB</b>	Over active bladder
<b>PFMT</b>	Pelvic floor muscle training
<b>PVR</b>	Post void residual volume
<b>RCTs</b>	Randomized controlled trails
<b>RTX</b>	Resiferatoxine