

بسم الله الرحمن الرحيم



-Caron-





شبكة المعلومات الجامعية التوثيق الالكتروني والميكروفيلم





جامعة عين شمس

التوثيق الإلكتروني والميكروفيلم

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Egyptian Experience of Rituximab Use in Neuromyelitis Optica

Thesis

Submitted for Partial Fulfilment of the Master Degree in **Neurology & Psychiatry**

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Tist of Abbreviations

Abb.	Full term
AQP4-Ab	Aquaporin-4 autoantibody
-	Annualized relapse rate
	Azathioprine
	Blood–brain barrier
	Central nervous system
	Surrounding cerebrospinal fluid
	Expanded Disability Status Scale
	Fluid-attenuated inversion recovery
	Interleukin-6
	Interferon gamma
•	International Panel for NMO Diagnosis
	Intravenous methylprednisolone
LETM	Longitudinally extensive transverse myelitis
LVEF	Left ventricular ejection fraction
mAb	Monoclonal antibody
MG	Myasthenia gravis
MMF	Mycophenolate Mofetil
MPA	Mycophenolic acid
MSIF	Multiple Sclerosis International Federation
MTX	Methotrexate
NMO	Neuromyelitis optica
NMOSD	Neuromyelitis optica spectrum disorder
OCT	Optical coherence tomography
ON	Optic neuritis
PAG	Periaqueductal grey
PIMND	Patients with immune-mediated neurological disorders

Tist of Abbreviations cont...

Abb.	Full term
PLEX	.Plasma exchange
PRES	.Posterior reversible encephalopathy syndrome
SIADH	.Syndrome of inappropriate antidiuretic hormone secretion
SLE	.Systemic lupus erythematosus
SPSS	.Statistical package for Social Science
SS	.Sjögren syndrome
STM	.Short transverse myelitis
TM	.Transverse myelitis
VA	.Visual acuity
VEP	.Visual evoked potentials
VF	.Visual field

Introduction

Jeuromyelitis optica spectrum disorder (NMOSD) is an autoimmune inflammatory disease of the central nervous system with preferential involvement in the optic nerve and spinal cord with a widespread spectrum of clinical features from which recovery is often incomplete, thus resulting in residual and accumulating impairment (Wingerchuk et al., 2015).

The epidemiology of NMOSD is not clearly established because the disease is frequently misdiagnosed as MS. The reported incidence and prevalence of NMOSD are dependent on geographical location and ethnicity. African ancestry is at increased risk, with high mortality rates. The incidence and prevalence of NMOSD ranges from 0.05–0.40 and 0.52–4.4 per 100,000 people respectively (*Mori et al.*, *2018*).

As with many autoimmune diseases, females are more susceptible than males (3:1–9:1). The median age at presentation is 39 years, but 15–20% of patients may present to pediatricians (under 16 years) or elderly care physicians (greater than 65 years). Clustering of NMOSD in families is rare but recognized, suggesting complex genetic susceptibility (Huda et al., 2019).

A NMOSD case series study in Egypt showed that despite some limitations in testing and access to care, there are features of NMOSD population that appear to be different from cohorts reported in other worldwide literature. These