

# بسم الله الرحمن الرحيم



-Call 4000





شبكة المعلومات الجامعية التوثيق الالكتروني والميكروفيلم





## جامعة عين شمس

التوثيق الإلكتروني والميكروفيلم

## قسم

نقسم بالله العظيم أن المادة التي تم توثيقها وتسجيلها علي هذه الأقراص المدمجة قد أعدت دون أية تغيرات



يجب أن

تحفظ هذه الأقراص المدمجة يعبدا عن الغبار













بالرسالة صفحات لم ترد بالأصل





# Endovascular Laser Therapy versus Open Surgery for the Treatment of Primary Varicose Veins of the Lower Limb

#### Thesis

Submitted for Partial Fulfillment of Master Degree in Vascular Surgery

By

Beshoy Maher Yacoub Gebrael

M.B.B.Ch

Under Supervision of

#### Prof. Dr. Hazem Abd Elsalam Mohamed

Professor of General Surgery Faculty of Medicine – Ain Shams University

#### Assist. Prof. Dr. Ramez Mounir Wahba

Assistant Professor of Vascular Surgery Faculty of Medicine – Ain Shams University

#### Dr. Fawzy Salah Fawzy

Lecturer of General Surgery Faculty of Medicine – Ain Shams University

Faculty of Medicine - Ain Shams University
2020

#### Acknowledgments

First and foremost, I feel always indebted to **Allah** the Most Beneficent and Merciful.

My deepest gratitude to my supervisor, **Prof. Dr. Honzem Abd Elsalam Mohamed**, Professor of General Surgery, Faculty of Medicine, Ain Shams University, for his valuable guidance and expert supervision, in addition to his great deal of support and encouragement. I really have the honor to complete this work under his supervision.

I would like to express my great and deep appreciation and thanks to assist. Prof. Dr. Ramez Mounir Wahba, Assistant Professor of Vascular Surgery, Faculty of Medicine – Ain Shams University, for his meticulous supervision, and his patience in reviewing and correcting this work.

I must express my deepest thanks to **Dr. Fawzy**Salah Fawzy, Lecturer of General Surgery, Faculty of
Medicine – Ain Shams University, for guiding me
throughout this work and for granting me much of his
time. I greatly appreciate his efforts.

Last but not least, I can't forget to thank my Parents and all my Family members for their continuous encouragement, enduring me and standing by me.

🖎 Beshoy Maher Yacoub Gebrael

## Tist of Contents

Title	Page No.
List of Abbreviations	4
List of Tables	6
List of Figures	7
Introduction	1 -
Aim of the Work	11
Review of Literature	
<ul> <li>Anatomy of the Veins of Lower Limb</li> </ul>	12
Pathophysiology	34
Clinical Picture and Investigations	42
■ Treatment of Varicose Veins of the Lower Limbs	67
■ Recent Techniques in Treatment of Varicose Vein	s92
Patients and Methods	123
Results	137
Discussion	149
Summary	155
Conclusion	159
References	160
Arabic Summary	

## Tist of Abbreviations

Abb.	Full term
ABI	Ankle brachial index
AVP	Ambulatory venous pressure
	Computed axial tomography
<i>CEAP</i>	Clinical, etiological, anatomical, pathophysiological
<i>CM</i>	Centimeter
CT	Computerized tomography
CVD	Chronic venous disease
CVI	Chronic venous insufficiency
DUS	Duplex ultrasound
DVT	Deep venous thrombosis
ECG	Electrocardiogram
<i>EVHA</i>	Endovenous heat ablation
<i>EVHIT</i>	Endovenous heat induced thrombosis
EVLA	$Endovenous\ laser\ ablation$
<i>GSV</i>	Great saphenous vein
HCG	Human Chorionic Gonadotropin
HL	High ligation
HS	Highly significant
HTN	Hypertension
<i>IQL</i>	Interquartile range
<i>IVC</i>	Inferior vena cava
<i>KG</i>	Kilogram
<i>MG</i>	Milligram
<i>ML</i>	Millileter
<i>MM</i>	Millimeter
MRI	Magnetic resonance imaging
<i>NJP</i>	Non junctional perforator

## Tist of Abbreviations (cont...)

Abb.	Full term
NM	Manamatan
<i>NS</i>	Non significant
<i>NSAIDS</i>	Non steroidal anti inflamatory drugs.
<i>NV</i>	. Neovascularization
<i>PE</i>	.Pulmonary embolism
<i>PFO</i>	.Patent foramen ovale
POL	. Polidocanol
PVI	.Primary valvular incompetence
<i>RFA</i>	.Radiofrequency ablation
S	. Significant
<i>SD</i>	.Standard Deviation
<i>SEPS</i>	.Subfasial endoscopic perforator surgery
SFJ	.Saphenofemoral junction
<i>SPJ</i>	$. Saphenopoplite al\ junction$
SSV	.Short saphenous vein
STD	.Sodium tetradecyle sulphate
TIPP	Trans illuminated powered phelebectomy
<i>TLA</i>	.Tumescent local anathesia
TRLOP	.Transluminal occlusion of perforator
US	.ultrasonography
VAS	.Visual analogue score
VS	.Versus

## Tist of Tables

Table No	. Title	Page No.
Table 1:	CEAP classification	58
Table 2:	Venous clinical severity score	61
Table 3:	Comparison between both groups regarder, age, BMI distribution:	•
Table 4:	Comparison between both groups regative of vein and CEAP classification	0
Table 5:	Presents the comparison between group regarding VCSS scores after different of treatment and with preoperatively	ferent VCSS
Table 6:	The VCSS scores after different period treatment and with VCSS preoperative group (A)	ely in
Table 7:	The VCSS scores after different period treatment and with VCSS preoperative group (B)	ely in
Table 8:	The comparison between both gregarding early post operative paintime needed to return to work.	and
Table 9:	Comparison between both groups regaclinical recurrence.	
Table 10:	The comparison between both gregarding overall satisfaction.	-

## List of Figures

Fig. No.	Title	Page No.
Figure 1:	Embryogenesis with the three angiogunerves (Gillot C)	_
Figure 2:	Venous embryogenesis of the deep sy	
rigure 2.	axis:biradicular origin of the popliteal	
	(Gillot C)	
Figure 3:	Deep and superficial venous compartn	
g• 0 00	Muscular fascia (MF) separates	
	superficial compartment(SC)from the	
	compartment (DC)	-
Figure 4:	Venous anatomy of veins of the lower	limb
	(superficial and deep system)	20
Figure 5:	The lower-extremity deep venous systematical systems of the system of th	em 27
Figure 6:	Perforator veins	
Figure 7:	Muscle pump	
Figure 8:	Varicose veins	
Figure 9:	Reticular veins	
Figure 10:	Telangiectasias	
Figure 11:	Lipodermatosclerosis	
Figure 12:	Venous stasis ulcer	
Figure 13:	Prominent reticular veins in the	
<b>-</b>	popliteal fossa	
Figure 14:	Large rope-like varicose veins along	
T. 45	right lower leg and left thigh	
Figure 15:	Elevating legs.	
Figure 16:	View of dissected subfascial space	
Figure 17:	The laser fibre is pulled back and the	
E: 10.	is activated along the entire length	
Figure 18:	Compression stocking	
Figure 19:	Vein stripping and ligation	
Figure 20:	Duplex ultrasound machine during procedure demonstrating the varico	
	and the catheter inside the abnormal v	
	and the cameter inside the applormal v	/ <del>C</del> III 129

## Tist of Figures cont...

Fig. No.	Title 1	Page No.
Figure 21:	The laser fibre is pulled back and the l	ager
rigure 21.	is activated along the entire length	
Figure 22:	Compression stocking	
Figure 23:	Mini-phlebectomies	
Figure 24:	<del>-</del>	
Figure 25:	Comparison between both groups regar	
rigure 20.	sex distribution	_
Figure 26:		
rigure 20:	age and BMI distribution	•
Figure 97.	9	
Figure 27:		•
E' 90	weeks.	
Figure 28:	The VCSS scores after different period	
	treatment and with VCSS preoperative	•
T' 00		143
Figure 29:	The VCSS scores after different period	
	treatment and with VCSS preoperative	•
	group (B)	
Figure 30:	The comparison between both gre	oups
	regarding early post operative pain	146
Figure 31:	The comparison between both gre	oups
	regarding time needed to return to worl	x 146
Figure 32:	Follow up visits	148

#### Introduction

renous drainage of the lower extremities is accomplished by a network of superficial veins connected to the deep veins variety perforator Through small veins. a pathophysiological mechanisms, weakness develops in the vein wall that results in varicosity over time. Varicosities typically form in the greater and lesser saphenous veins but also develop in branch vessels. Obstruction of the iliac veins or inferior vena cava can result in extensive varicose veins (1).

Symptoms of varicose veins vary according to their size and extent. Initial symptoms and signs are localized to the areas of varicose veins include aching or throbbing discomfort, burning, pruritus, and dry irritated skin. More advanced chronic venous disease with venous valvular incompetence manifests with symptoms and signs such as leg heaviness and fatigue, edema, venous ulceration, may develop and cause further decrement in quality of life and functional status. Varicose veins may thrombose or rupture and bleed, especially when large, traumatized, or located over bony prominences. Varicose veins were associated with a 7- fold increased risk of DVT<sup>(2)</sup>.

Duplex ultrasound (DU) has changed vascular surgery practice over the last two decades as the preferred imaging modality for diagnosis and veins treatment. The advent of DU made it possible to evaluate the venous anatomy and its function at the same time. DU is a non-invasive method that

other advantages such as lower cost, portability, has reproducibility and it is safe to use. It can be repeated and utilized for prolonged periods with no risks to the patient. (3).

Open surgical treatment of venous abnormalities remains the standard of care and involves ligation, division, and stripping of the affected superficial vein. Surgical treatment of varicose veins can be performed under tumescent local anesthesia and aims to interrupt the reflux at the proximal and distal points of insufficiency and to remove any abnormal venous segments affected by incompetent valves. (4)

Less invasive endovenous therapies have emerged more Endothermal ablation techniques recently. deploy endoluminal catheter to deliver thermal energy and effect truncal vein occlusion. Laser and radiofrequency (RF) energy are the two methods commonly used to generate thermal energy. Heat destroys the endothelium and mural collagens, inducing coagulation and thrombus formation. Subsequent fibrosis and formation of a new collagen matrix further constricts the lumen to occlude the vein. Radiofrequency ablation (RFA) devices produce truncal ablation, with minimal discomfort and early return of patients to normal activity. (5).

Recent Evidence has suggested favourable results regarding the new modalities of management in terms of reduced postoperative hospital stay, early return to work and low complication rates (6).