سامية محمد مصطفى



شبكة المعلومات الحامعية

بسم الله الرحمن الرحيم



-Caro-

سامية محمد مصطفي



شبكة العلومات الحامعية



شبكة المعلومات الجامعية التوثيق الالكتروني والميكروفيلم





سامية محمد مصطفى

شبكة المعلومات الجامعية

جامعة عين شمس

التوثيق الإلكتروني والميكروفيلم

قسو

نقسم بالله العظيم أن المادة التي تم توثيقها وتسجيلها علي هذه الأقراص المدمجة قد أعدت دون أية تغيرات



يجب أن

تحفظ هذه الأقراص المدمجة يعيدا عن الغيار



سامية محمد مصطفي



شبكة المعلومات الجامعية



المسلمة عين شعور المسلمة عين شعور المسلمة عين شعور المسلمة عين شعور المسلمة ا

سامية محمد مصطفى

شبكة المعلومات الحامعية



بالرسالة صفحات لم ترد بالأصل



EFFECT OF HYALURONIC ACID ON CHONDROCYTE RESPONSE TO TUMOR NECROSIS FACTOR- α AND INTERLEUKIN-1

sison R

Submitted for Partial Julfillment of M.D. Degree

 \mathcal{J}_n

"Physical Medicine & Rehabilitation"

By

Alaa Mohamed Mohamed El-Salawy

(M.B., B. Ch. Msc. Physical Medicine & Rehabilitation,)

SUPERVISORS

Prof. Dr.

SAFYA EL-SAYED EID

Prof. & Head of Physical Medicine and Rehabilitation Dept. Faculty of Medicine Tanta University Prof. Dr.

NAGAT MOHAMED EL-GAZAR

Prof. of Physical Medicine and Rehabilitation Faculty of Medicine Tanta University

Prof. Dr.

SAAD A. NOEMAN

Prof. of Biochemistry Faculty of Medicine Tanta University

FACULTY OF MEDICINE TANTA UNIVERSITY 2001

13

10 V/E

الله المحالية

صلق الله العظيمر البقرة (٣٢)

Acknowled gement

Girst, and for most thanks to ALLAH, the most merciful, gracious and compassionate, to ALLAH everything in life is resumed.

I am greatly idebted and grateful to Prof. Dr. Safeya E. Eid, Prof. & Head of physical Medicine and Rehabilitation Department, Faculty of Medicine, Tanta University, for her great help, close meticulous scientific supervision and continues encouragment throughout this work.

I would like to express my sincere gratitude and appreciation to Prof. Dr. Nagat Mohamed El-Gazar Prof. Of Physical Medicine and Rehabilitation, Faculty of Medicine, Tanta University, for her fruitful suggestions, precious quidance and assistance throughout the entire work.

Iwould also like to express my deepest gratitude and regards to Prof. Dr. Saad A. Noeman Prof. Of Biochemistry Faculty of Medicine, Tanta University for his unlimited help and advice kind supervision and the sacrifice of his precious time for the sake of this work.

My ever lasting gratitude to Dr. Kenneth D. Brandt, M.D. professor of Medicine and Head of Rheumatology Division; Indiana University medical center, USA, and Gerald N. Smith, Jr., Ph.D. Senior Scientist and Associate professor of Medicine and Anatomy Indiana University medical center USA, for their great help, unlimited cooperation, valuable guidance and extreme accuracy.

Ginally I would like to thank every one who helped and supported me to complete this work.



	Page
INTRODUCTION	1
AIM OF THE WORK	4
REVIEW OF LITERATURE	
* Osteoarthritis	5
- Epidemiology of OA	7
- Pathogenesis of OA	10
- Pathology of OA	17
- Diagnosis of OA	19
- Treatment	
* Hyaluronic acid	48
MATERIALS AND METHODS	55
RESULTS	66
DISCUSSION	84
SUMMARY AND CONCLUSIONS	91
REFERENCES	95
APPENDIX	124-146
ARABIC SUMMARY	

Abbreviation

3D Three diminsion.

ACR American collage of rheumatology.

C65 Chondroitin-6-sulphate

Cacl2 Calcium chloride.

CMC Carpo- metacarpal joint.

Co2 carbon dioxide

COX-1 Cyclo-oxygenase-1.

COX-2 Cyclo-oxygenase-2.

CP Courté Periodé.

CT Computerized tomography.

DAG glycosaminoglycan

DIP Distal interphalangeal joint.

DMAB Dimethylaminobenzalhyde

DMEM Dulbeccos' modified Eagks' medium

DMOAD Disease modifying osteoarthritis drugs.

ECM Extracellular matrix.

Elisa Enzyme linked immune assary

FBS Fetal bovine serum.

GAGPs Glycosaminoglycans polysulphoric acid.

GP-c Glycosaminoglycans peptide- complex.

HA Hyaluronic acid.

IGF-1 Inhibitory growth factor-1.

IL-1 Interleukin-1.

IL-6 Interleukin-6.

INF- γ Interferon- γ .

Kda Kilodalton.

Ks Keratan sulphate.

LIF Leukemia inhibitory factor.

M Molar

MCP Metacarpo-phalangeal joint.

Mg milligram

MMP-1 Metalloproteinase-1.

MRI Magnetic resonance image.

MW Molecular weight

Nacl Sodium chlorid

NSAIDs Non- steroidal anti-inflammatory drugs.

OA Osteoarthritis.

PG Proteoglycan.

PIP Proximal interphalangeal joint.

PPs Pentose polysulphate.

Rpm ramp per minute

SF Synovial fluid.

TENS Transcutenouse electrical nerve stimulation.

TIMP-1 Tissue inhibitor metalloproteinase-1.

TMB Tetramethylbenzidine.

TNF- α Tumor necrosis factor - α .

WBC White blood cell.

WW wet weight

μ**g** Microgram

μL Microlitre

INTRODUCTION

Osteoarthritis (OA) is the most common form of arthritis, although the prevalence varies among different populations, it is a universal problem of mankind. It accounts for as much disability in the elderly as any disease⁽¹⁾.

It is the second most common cause of long-term disability among adults in the United States ⁽²⁾. OA is characterized by deterioration and loss of the articular cartilage, subchondral sclerosis, osteophytes formation, and is often accompanied by a variable grade of inflammation of the synovial membrane.

Most of current researches are directed to understand the pathogenesis of OA, particularly the changes that occur in the articular cartilage with the hope that such understanding may ultimately lead to therapy that can retard the articular cartilage degeneration and/or promoting cartilage repair ⁽³⁾. At present, pharmacological therapy for OA is only palliative i.e concentrating on treating only the symptoms rather than interfering with the disease progression. Non Steroidal Anti-inflammatory Drugs (NSAIDs) are the most commonly prescribed agents for treatment of both pain and inflammation in OA. Although NSAIDs are well tolerated by some patients, many others suffer from serious adverse effects (gastrointestinal bleeding &interstitial nephritis), especially the elderly ,the population with the highest prevalence of OA ⁽⁴⁾.

Because of the side effects of NSAIDS, safe and effective alternative therapies are needed. Nowadays two therapies are currently in use. For some patients, growing evidence suggests a simple analgesic such as acetominophen may be as effective as an NSAID in the symptomatic treatment of patients with $OA^{(4)}$. However, its effect is insufficient to relieve the joint pain in many others.

In addition, the problems with NSAIDs' side effects has led to the development of selective cyclooxygenase-2(Cox- 2) inhibitors to minimize the

local and systemic effects of the traditional NSAIDs ^(5,6). These agents are effective in some patients, but do not meet the needs of all, also it is still not clear whether any NSAID alters the progression of OA or not. Therefore, a need remains for therapy that may has an analgesic effect, provide an anti-inflammatory effect if necessary, and also can retard the progression of the disease.

One alternative therapy is developed which is viscosupplementation of the The concept of injection of hyaluronan (HA). joint by intraarticular viscosupplementation for the joint was developed by Balazs, et al(1993) (7). These investigators established two facts: 1- In normal human joints, with aging, elasticity and viscosity of the synovial fluid(SF)decrease. 2- In arthritic joints, elastoviscosity of SF is considerably decreased as a result of diminished interaction between HA molecules (as with aging), in addition to reduction of its concentration and molecular weight(MW). These investigators contend that loss of the elastoviscocity of SF contributes to the progression of OA. Because HA permeates the superficial layers of the articular cartilage, synovial tissues, joint capsule and intra-articular ligaments, they suggest that the biological role of HA in the joint is to provide protection ,lubrication and mechanical stability to the collagen network, and to the entire joint tissue surface. They suggested that augmentation of synovial fluid with HA would restore the synovial fluid properties and reduce the progression of OA.

Preliminary clinical studies were performed in induced model of OA in dogs using high molecular weight mass(non inflammatory fraction of Na hyaluronan), had positive results, as the cartilage wound healed, the inflammatory reaction in the synovial tissue decreased and the capsular pain was reduced ⁽⁸⁾. Since that time a number of improved hyaluronan preparations have been developed for ophthalmological, veterinary and muscloskeletal indications. However, all preparations are similar in composition but the difference is only in MW of the molecule used. It was found that low MW preparations were less

effective in controlling the inflammation and pain in OA joint than high MW preparations⁽⁹⁾.

To date this therapy has been shown significantly to decrease pain in patients with OA of the knee $^{(10)}$, and its effect may be continue after the last injection to several weeks $^{(11)}$.

In *vitro* and in *vivo* studies on HA support the concept that elastoviscous hyaluronan solutions can exert anti-inflammatory and analgesic activities. The anti-inflammatory effect could be mediated through inhibition of mononuclear cell phagocytosis ⁽¹²⁾, cell migration ⁽¹³⁾, and reduction of prostaglandin release⁽¹⁴⁾.

The analgesic effect would appear to be mediated both directly by entrapment of the pain producing substances within its polymeric network and/or coating the pain receptors⁽¹⁵⁾, and indirectly through the anti-inflammatory effect. Both direct and indirect mechanisms would appear to be depending on the molecular weight and concentration of the HA preparation used⁽¹⁶⁾.

Animal models of joint arthropathies have generated conflicting data on the disease modifying effects of HA, some studies indicating that it slows the progression of OA ⁽¹⁷⁾ while others suggest that it may exacerbate tissue damage through relief of joint pain, promoting weight-bearing usage of the unstable joints^(18,19).

Intra-articular HA appear to be well tolerated by patients and is relatively safe compared to the other forms of the pharmacological treatment in OA⁽²⁰⁾. Most studies confirm that HA relieves joint pain, but it is still not clear if it actually slows progression of joint damage in OA, However the efficacy and the mode of action of this agent is still controversial.