

شبكة المعلومات الجامعية التوثيق الإلكتروني والميكروفيلو

# بسم الله الرحمن الرحيم





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## جامعة عين شمس التوثيق الإلكتروني والميكروفيلم قسم

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MONA MAGHRABY

# Role of DWI/ADC in the Assessment of Prostate Cancer Aggressiveness and its Correlation to Gleason Score

#### **Thesis**

Submitted for Partial Fulfillment of Master Degree in **Radiology** 

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## List of Abbreviations

Abb.	Full term
AAH	Atypical adenomatous hyperplasia
ADC	Apparent diffusion coefficient
BPH	Benign prostatic hyperplasia
CT	Computed tomography
CZ	Central zone
DCE-MR	Dynamic contrast enhanced magnetic resonance imaging
DF	Denonvilliers' fascia
DRE	Digital rectal examination
DWI	Diffusion weighted imaging
ECE	Extra capsular extension
ECS	Extracellular space
ERC	Endo rectal coil
EUS	External urethral sphincter
GS	Gleason score
ICS	Intracellular space
IUS	Internal urethral sphincter
LN	Lymph node
LPF	Lateral pelvic fascia

#### List of Abbreviations cont...

#### Full term Abb. MR..... Magnetic resonance MRI ...... Magnetic resonance imaging PCa ..... Prostate cancer PCA......Prostatic adenocarcinoma PIN...... Prostatic intraepithelial neoplasia PSA ...... Prostatic specific antigen PZ ......Peripheral zone ROI ...... Region of interest SVI...... Seminal vesicle invasion TRUS ......Trans rectal ultrasound TZ......Transitional zone UGS ...... Urogenital sinus US ......Ultrasound WHO...... World Health Organization

#### INTRODUCTION

Prostate cancer (PCa) is considered one of the most common cancers among male population. Its incidence increases with age, ranging from 34% in the fifth decade, to 70% over the 80 years (*Manetta et al.*, 2019).

Magnetic resonance (MR) imaging is a useful imaging modality that can be used in the detection of cancer prostate noninvasively. In addition to conventional T2-weighted images, multiparametric MR techniques add biologic and pathological information by the means of diffusion-weighted (DW) MR images, dynamic contrast material—enhanced (DCE) MR images, and spectroscopic images. These innovated recent functional imaging techniques can be used to increase the diagnostic accuracy of prostate cancer and predicting Gleason score (GS) that is the histological grading system used to determine prostate cancer aggressiveness and behaviour this grading system can be used to choose the appropriate treatment plan (*Peng et al.*, 2014).

Diffusion weighted imaging (DWI) is a powerful MRI sequence which gives information about cellular function and micro-architecture of the human body.

Tumor tissue in general show less diffusibility than normal tissue in the case of prostate cancer, there is alteration in the glandular, epithelial and stromal components where the

healthy glandular tissue in the peripheral zone is replaced by tumor cells which are more cellular hence are less diffusible than normal tissue Therefore, they show high-intensity signal zone on DWI images which indicates the presence of malignancy (Manetta et al., 2019; Tamada et al., 2017).

DWI derived ADC maps can differentiate between malignant and benign prostatic tissue. The reported ADC values of prostate cancer in the peripheral zone range between 0.93 and  $1.38 \times 10-3$  mm<sup>2</sup>/s. This variability in ADC values may be related, at least in part, to the heterogeneous tissue composition of prostate cancer (Woodfield et al., 2010).

Gleason score which is can be obtained from Transrectal Ultrasound guided biopsy is the standardized Grading system used to determine prostate cancer aggressiveness. Gleason score includes 5 grades depending on how much the cancerous cells look likes normal cells aggressive cancerous tissue have a high score. Gleason scores are also used to describe tumors as low grade (Gleason score,  $\leq$  6), intermediate grade (Gleason score, 7), or high grade (Gleason score, > 7) with respect to tumor aggressiveness (Woodfield et al., 2010).

The gathered data about prostate cancer staging from multiparametric MRI technique and histological data obtained from pathological analysis via Gleason score can be compared and correlated to each other to differentiation the aggressive cases of prostate cancer from the indolent ones. which greatly



help to formulate the treatment plans. For men who suffer from aggressive PCa variants, such as PCa with a GS  $\geq$ 7, whole gland approaches such as radical prostatectomy or irradiation of the prostate gland are indicated. However, patients suffering from a less aggressive or "low-risk" cancer can be offered less aggressive treatment options including active surveillance or focal therapy. Therefore, if the aggressiveness of tumor can be predicted before invasive surgery, it can not only help plan these treatments to ensure all of the tumors treated sparing as much normal tissue as possible, but can also identify potentially discordant findings, such has undetected high-risk disease (Li et al., 2014).