



شبكة المعلومات الجامعية
التوثيق الإلكتروني والميكرو فيلم

بسم الله الرحمن الرحيم



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التوثيق الإلكتروني والميكروفيلم



شبكة المعلومات الجامعية التوثيق الإلكتروني والميكروفيلم



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جامعة عين شمس

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**Life Satisfaction and its Relation to Self-
Esteem among Patients with Type II
Diabetes Mellitus**

Thesis

*Submitted for Partial Fulfillment of Master Degree
in Psychiatric Nursing*

By

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Ain Shams University
2021**

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والشكر لكل من ساهم في أخراج هذه الرسالة على هذا النحو

List of Contents

<i>Title</i>	<i>Page</i>
- List of Tables.....	I
- List of Figures.....	III
- List of Abbreviations.....	IV
- Abstract.....	VI
▪ Introduction	1
▪ Aim of the Study	6
▪ Review of Literature	
Type II Diabetes Mellitus	8
➤ Risk factors for Type II Diabetes.....	10
➤ Management	11
Life satisfaction	12
➤ Overview and definitions.....	12
➤ Importance of life satisfaction.....	15
➤ Importance of life satisfaction across life span.....	16
➤ Determinants of life satisfaction.....	18
➤ Factors affecting life satisfaction	19
Self-esteem	20
➤ Overview and definitions of self-esteem	20
➤ Development of self-esteem.....	24
➤ Importance of self-esteem.....	25
➤ Factors that Influence self-esteem.....	29
➤ Types of self-esteem.....	31
➤ Healthy self-esteem.....	32
➤ Signs of low self-esteem.....	34
➤ Signs of defensive high self-esteem.....	35
➤ How to boost self-esteem.....	36
➤ Self-esteem and life satisfaction.....	37

List of Contents

Nursing role in improving life satisfaction	37
Nursing role in improving self-esteem.....	39
▪ Subjects and Methods.....	44
▪ Results.....	55
▪ Discussion.....	82
▪ Conclusion.....	110
▪ Recommendations.....	111
▪ Summary.....	113
▪ References.....	125
▪ Appendices.....	158
▪ Protocol.....	173
▪ Arabic Summary	

List of Tables

<i>No.</i>	<i>Table</i>	<i>Page</i>
<u>1</u>	Distribution of the studied subjects according to their socio-demographic characteristics (n=130).	56
<u>2A</u>	Distribution of the studied subjects according to their clinical data (n=130).	58
<u>2B</u>	Distribution of the studied subjects according to their clinical data (n=130).	60
<u>3A</u>	Distribution of the studied subjects according to their knowledge (n=130).	61
<u>3B</u>	Distribution of the studied subjects according to their knowledge (n=130).	63
<u>4</u>	Level of items of knowledge among studied subjects (n=130).	65
<u>5</u>	Distribution of the studied subjects according to their life satisfaction (n=130).	67
<u>6</u>	Distribution of the studied subjects according to their Self- Esteem Scale 1965 (n=130).	70
<u>7</u>	Correlation between Total knowledge with Total Self- Esteem Scale and Total Life Satisfaction.	75
<u>8</u>	Relation between socio-demographic characteristics of studied subjects and their knowledge (n=130).	76
<u>9</u>	Relation between socio-demographic characteristics of studied subjects and their life satisfaction (n=130).	78

List of Tables

<i>No.</i>	<i>Table</i>	<i>Page</i>
<u>10</u>	Relation between socio-demographic characteristics of studied subjects and their self- esteem scale (n=130).	80

List of Figures

<i>No.</i>	<i>Figure</i>	<i>Page</i>
<u>1</u>	Level of total knowledge among studied subjects (n=130).	66
<u>2</u>	Level of total life satisfaction among studied subjects (n=130).	69
<u>3</u>	Level of total self- esteem scale among studied subjects (n=130).	71
<u>4</u>	Relation between total knowledge and total life satisfaction among studied subjects.	72
<u>5</u>	Relation between total knowledge and total self-esteem scale among studied subjects.	73
<u>6</u>	Relation between total life satisfaction and total self-esteem scale among studied subjects.	74

List of Abbreviations

<i>Abb.</i>	<i>Meaning</i>
CDE	: Certified Diabetes Educator
DM	: Diabetes Mellitus
LADA	: Latent Autoimmune Diabetes in Adult
LS	: Life Satisfaction
LSI-Z	: Life Satisfaction Index Z questionnaire
MODY	: Maturity Onset Diabetes of the Young
RDN	: Registered Dietitian Nurse
SE	: Self-Esteem
WHO	: World Health Organization

Life Satisfaction and its Relation to Self-Esteem among Patients with Type II Diabetes Mellitus

Abstract

Background: Self-esteem and life satisfaction have greater contribution over wellbeing of human beings. Life satisfaction is considered significant factor for health care professionals, in particular, with the nature of treatment plans for patients with type-II diabetes mellitus. Higher self-esteem is associated with more healthful behaviors in patients treated for type II diabetes. Low levels of self-esteem have been associated with diabetes and diabetes management. **Aim of the study:** Assess life satisfaction and its relation to self-esteem among patients with type II diabetes mellitus. **Research design:** A descriptive correlational design was utilized in this study. **Setting:** This study was conducted in Diabetes clinic – outpatient at Damanhur medical national institute. **Subjects:** Random simple sample of 130 patients. **Data collection tools:** Data in this study was collected by three tools: Interviewing questionnaire, Life Satisfaction Index Z questionnaire, and Rosenberg's Self- Esteem Scale. **Results:** More than two thirds of the studied patients with type II diabetes mellitus were unsatisfied with life. Less than one half had medium self-esteem. Also, more than two thirds of the studied patients with type II diabetes mellitus had unsatisfactory level of knowledge. Nearly one third of them was totally unsatisfied regarding their life satisfaction and had low self-esteem. **Conclusion:** There was positive correlation between life satisfaction and self-esteem with highly statistically significant difference. There was positive correlation between total knowledge, total self- esteem and total life satisfaction with highly statistically significant difference. **Recommendations:** Periodic training programs for patients with type II DM and their caregivers to improve their knowledge and consequently their coping methods with disease, hence their life satisfaction and self-esteem.

Keywords: Life satisfaction, Self-esteem, Type II diabetes mellitus.