

# بسم الله الرحمن الرحيم



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شبكة المعلومات الجامعية التوثيق الالكتروني والميكرونيلم





## جامعة عين شمس

التوثيق الإلكتروني والميكروفيلم

## قسم

نقسم بالله العظيم أن المادة التي تم توثيقها وتسجيلها علي هذه الأقراص المدمجة قد أعدت دون أية تغيرات



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بالرسالة صفحات لم ترد بالأصل





### Ain Shams University - Faculty of Engineering Department of Architecture

### EVALUATING INDOOR ENVIRONMENTAL QUALITY AND ITS EFFECT ON USERS' PERFORMANCE

WITH SPECIAL REFERENCE TO LEED CERTIFIED OFFICE BUILDINGS IN EGYPT

A thesis Presented in Partial Fulfillment of the Requirements for Master of Science Degree in Architecture Engineering

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#### **Abstract**

It is vital for the building design to address its users' needs as they spend 90% of time indoors. Indoor environmental quality (IEQ) refers to the conditions inside the building having impact over human performance, health, and wellbeing. Satisfied and comfortable occupants are generally performing in higher levels and more productive. Comparing occupants' salaries over building's life cycle with the initial cost reveals that installing efficient indoor environmental quality IEQ strategies from the beginning would be more economic. By investigating how each factor of Indoor environmental quality (IEQ) could affect human performance positively when properly designed or negatively at poor conditions, both building designers and owners would be keen on installing IEQ strategies promoting building users' satisfaction. As certifying buildings with Leadership in energy and environmental design (LEED) rating system is constantly increasing in Egypt, and IEQ category is frequently obtained in majority of certified buildings, the effect of this certification on the actual situation of IEQ needs to be examined.

This research aims at evaluating the state of indoor environmental quality (IEQ) specially in Leadership in energy and environmental design (LEED) certified office buildings by performing a post occupancy evaluation (POE). The research is carried out in two parts: theoretical and analytical. The theoretical study addressed main aspects of IEQ including thermal comfort, indoor air quality (IAQ), visual comfort, and acoustics. It also investigated the positive and negative impacts of these factors over office occupants' performance and health in addition to IEQ evaluation methods and criteria. The analytical study is post occupancy evaluation using self-assessment represented in a questionnaire method. Two LEED certified office buildings were chosen to perform study. Both buildings have significant sustainability features and high certification levels varying between gold and platinum. Both buildings are located in greater Cairo and adopting the concept of open-plan layout. Data collected from each building was independently analyzed and compared with standard recommendations with no comparison with the other building as it is not the intent of the research.

The findings of this research are concerned with the analysis and discussion of the performed survey's results. IEQ satisfaction scores, dissatisfaction causes, occupant's perceived performance, and personal control means are the main issues addressed in the analysis of collected data. Research findings aims at providing a feedback of the actual situation of building performance from the perception of its users. These findings also reveal areas of deficiency to give building operators and owners the chance for enhancement and give building designers the chance for improvement in future designs.

#### keywords

Indoor environmental quality (IEQ) – Office occupants' work performance – Self-assessment questionnaire – Questionnaire design process – LEED certified office buildings

#### **Acronyms**

**BRI: Building related illness** 

IEQ: Indoor environmental quality

LEED: Leadership in energy and environmental design

MCS: Multiple chemical sensitivity POE: Post occupancy evaluation SBS: Sick building syndrome

VOC: Volatile organic compounds

#### **Table of Contents**

	Acknowledgmenti				
	Abstract	<u> </u>	<b>v</b> i		
	keyword	ds	<b>vi</b> i		
	Acronyn	ns	<b>vi</b> i		
	Table of	Contents	vii		
	List of fig	<b>x</b> i			
	List of tables				
li	ntroducti	on	1		
	Overview				
	Problem	Statement	4		
	Aim and	Objectives	4		
	Researc	h Methodology	5		
	Researc	h Structure	5		
1	Chapter	One: Indoor Environmental Quality	9		
		One: Indoor Environmental Qualityoduction			
1	.1 Intr		11		
1	.1 Intr	oduction	11 12		
1	.1 Intr .2 Indo	oductionoor Environmental Factors	11 12		
1	.1 Intr .2 Indo 1.2.1	oduction  oor Environmental Factors  Basic factors	11 12 13		
1	.1 Intr .2 Indo 1.2.1 1.2.2 1.2.3	oduction  oor Environmental Factors  Basic factors  Bonus factors	111313		
1	.1 Intr .2 Indo 1.2.1 1.2.2 1.2.3	oduction  Dor Environmental Factors  Basic factors  Bonus factors  Proportional factors	11131313		
1	.1 Intr .2 Indo 1.2.1 1.2.2 1.2.3 .3 Hur	oduction  Dor Environmental Factors  Basic factors  Bonus factors  Proportional factors  man Comfort Requirements	1113131313		
1	.1 Intr .2 Indo 1.2.1 1.2.2 1.2.3 .3 Hur 1.3.1	oduction  Basic factors  Bonus factors  Proportional factors  man Comfort Requirements  Physical comfort	1113131313		
1 1 1	.1 Intr .2 Indo 1.2.1 1.2.2 1.2.3 .3 Hur 1.3.1 1.3.2 1.3.3	oduction  Basic factors  Bonus factors  Proportional factors  man Comfort Requirements  Physical comfort  Functional comfort	1113131314		
1 1 1	.1 Intr .2 Indo 1.2.1 1.2.2 1.2.3 .3 Hur 1.3.1 1.3.2 1.3.3	oduction  Dor Environmental Factors	111313131414		

	1.5	Indo	oor Environmental Quality (IEQ)	19
	1.5.	1	Thermal comfort	20
1.5.2 1.5.3 1.5.4		2	Indoor air quality (IAQ)	23
		.3	Visual comfort	30
		4	Acoustics	34
1.5.5		.5	Impact of integrated IEQ factors on users' satisfaction and	
perform		form	ance	37
	1.6	Con	clusion	41
2		_	Two:Indoor Environmental Quality Assessment Methods &	
C				
	2.1		oduction	
	2.2		Assessment Methods	
	2.2.		Physical Measurements	
	2.2.		Self-assessment questionnaire	
	2.3	Sur	vey Development	
	2.3.	1	Questionnaire design	55
	2.3.2		Questionnaire pilot	62
	2.3.	.3	Self-assessment questionnaire example	63
	2.4	IEQ	Assessment Criteria	66
	2.5	Con	clusion	68
3		-	Three: Indoor Environmental Quality in LEED Certified Office	
В				
	3.1		oduction	
	3.2		dership in Energy and Environmental Design (LEED)	
3.3 Inc			oor Environmental Quality in LEED Certified Buildings	
	3.4	Self	-Assessment Questionnaire	79
	3.4.	1	Objectives	79
	2 /	2	Evaluation criteria	70

	3.4	.3	Questionnaire design	80	
	3.4	.4	Questionnaire pre-test	84	
3.4.5		.5	Implementation	88	
	3.5	Cas	e Study Buildings	88	
	3.5	.1	Building (1): Crédit Agricole Egypt New Head Office	89	
	3.5	.2	Building (2): Dar Al-Handasah Headquarters Smart Village	94	
	3.6	Con	nclusion	99	
4	Cha	apter	Four: Questionnaire Results	103	
	4.1	Intr	oduction	105	
	4.2	Buil	ding (1): Crédit Agricole Egypt New Head Office	105	
	4.2	.1	Surveyed sample characteristics	105	
	4.2	.2	Results	107	
	4.3	Buil	ding (2): Dar Al-Handasah Headquarters Smart Village	120	
	4.3	.1	Surveyed sample characteristics	120	
	4.3	.2	Results	121	
	4.4	Con	nclusion	134	
5	Coi	nclus	ion and Recommendations	137	
Conclusion  Recommendations for future research					