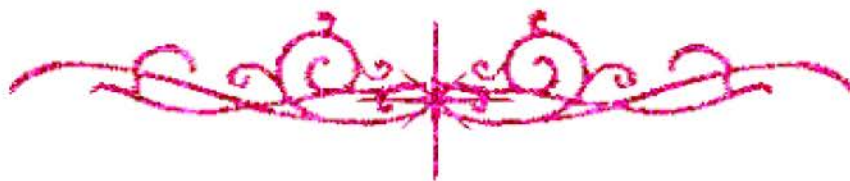


بسم الله الرحمن الرحيم





شبكة المعلومات الجامعية التوثيق الالكتروني والميكروفيلم



جامعة عين شمس

التوثيق الإلكتروني والميكروفيلم

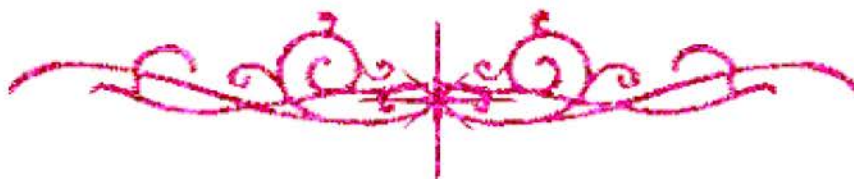
قسم

نقسم بالله العظيم أن المادة التي تم توثيقها وتسجيلها
علي هذه الأقراص المدمجة قد أعدت دون أية تغيرات



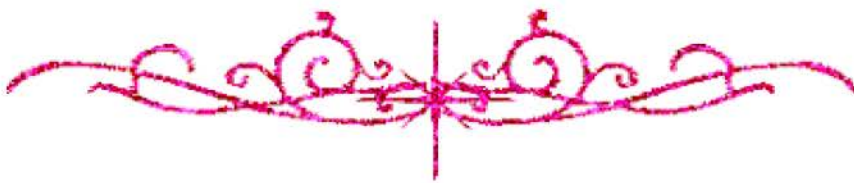
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تحفظ هذه الأقراص المدمجة بعيدا عن الغبار



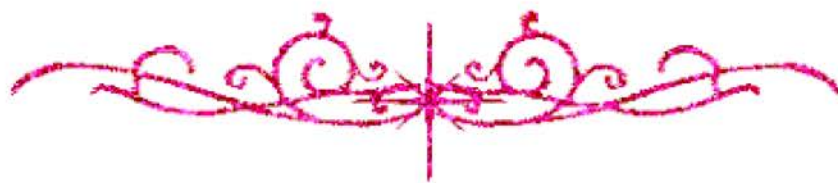


بعض الوثائق الأصلية تالفة





بالرسالة صفحات
لم ترد بالأصل



Effect of Exclusive Breastfeeding on the Quality of Life among Primiparous Women

A Thesis

Submitted for partial fulfillment of Master degree
in Maternity & Gynecological Nursing

By

Basma Mohamed Taha Rashed

Bsc., Nursing, 2019

**Faculty of Nursing
Ain Shams University
2021**

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 *Basma Mohamed Taha Rashed*

Effect of Exclusive Breastfeeding on the Quality of Life among Primiparous Women

Abstract

Background : Evidence of the importance of exclusive breastfeeding as the cornerstone of child and maternal health continues to increase . Recent researches assured that exclusive breastfeeding effect on different aspects of women's quality of life. **Aim: The aim of the study is to** evaluate the effect of exclusive breastfeeding on the quality of life among primiparous women. **Subject and Methods:** Descriptive design was used. A purposive sample of 250 women recruited in this study, which was conducted at outpatient clinics at Elhamoul General Hospital and Kafr Elshiekh General Hospital. **Two tools of data collection** were used including; structured interviewing questionnaire sheet and quality of life assessment tool. **Results:** The current study revealed that, the majority of primiparous women had satisfactory knowledge regarding exclusive breastfeeding, had positive attitude regarding exclusive breastfeeding and more than two thirds of primiparous women have good quality of life regarding exclusive breastfeeding. **Conclusion:** Exclusive breastfeeding affected different aspects of primiparous women quality of life. **Recommendations:** Designing and implementing strategies for maternal care during the antenatal and postnatal periods regarding exclusive breastfeeding. Further researches are still needed to identify the effect of exclusive breastfeeding during postpartum period on other maternal-child health issues.

Key words: Exclusive breastfeeding, primiparous, Quality of life.

List of Contents

<i>Subject</i>	<i>Page No.</i>
List of Tables.....	ii
List of Figures	iv
Introduction	1
Aim of the Study	7
Review of Literature	
Exclusive Breast feeding	9
Exclusive breastfeeding and quality of life among postpartum women	36
Subjects and Methods	70
Results.....	79
Discussion	102
Conclusion.....	117
Recommendations	118
Summary	114
References	124
Appendices	I
Protocol.....	
Arabic Summary	—

List of Tables

<i>Table No.</i>	<i>Title</i>	<i>Page No.</i>
Table (1):	Distribution of primiparous women according to their general characteristics.....	80
Table (2):	Distribution of primiparous women according to their past medical history.	82
Table (3):	Distribution of primiparous women according to their knowledge about concept and importance of exclusive breastfeeding.	83
Table (4):	Distribution of primiparous women according to their knowledge about starting and instruction of exclusive breastfeeding.	85
Table (5):	Distribution of primiparous women according to their knowledge about criteria of adequacy of breast milk and time of weaning.....	86
Table (6):	Distribution of primiparous women according to their attitude regarding exclusive breastfeeding.....	90
Table (7):	Distribution of primiparous women according to their quality of life related to physical well-being.....	92
Table (8):	Distribution of primiparous women according to their quality of life related to social family well-being.....	93

Table (9): Distribution of primiparous women according to their quality of life related to emotional well-being.	94
Table (10): Distribution of primiparous women according to their quality of life related to environment.	95
Table (11): Distribution of primiparous women according to their quality of life related to sexual state.	96
Table (12): Relation between primiparous women' s general characteristics and their total knowledge regarding exclusive breastfeeding.	99
Table (13): Relation between primiparous womne' s general characteristics and their total attitude regarding exclusive breastfeeding.	100
Table (14): Relation between primiparous womne' s general characteristics and their total quality of life regarding exclusive breastfeeding.	101

List of Figures

Figure No.	Title	Page No.
-------------------	--------------	-----------------

Figures in Review of Literature:

Figure (1):	Anatomy of the breast	11
Figure (2):	Arterial and venous blood supply of breast tissue	12
Figure (3):	Nerve distribution to the breast tissue	14
Figure (4):	Mammogenesis.....	15
Figure (5):	Lactating and non-lactating	17
Figure (6):	Physiology of lactation.....	19
Figure (7):	Prolactin "milk secretion" reflex	20
Figure (8):	Breast milk production	21
Figure (9):	Hormonal control of lactation	22
Figure (10):	Breastfeeding positions	24
Figure (11):	True and false position	25
Figure (12):	Quality of life dimensions	38

List of Figures

Figure No.	Title	Page No.
------------	-------	----------

Figures in Results:

Figure (1):	Percentage distribution of studied primiparous women according to their total knowledge regarding exclusive breastfeeding	88
Figure (2):	Percentage distribution of studied primiparous women according to their source of knowledge about exclusive breastfeeding.	89
Figure (3):	Percentage distribution of studied women according to their total attitude regarding exclusive breastfeeding.....	91
Figure (4):	Total levels of quality dimensions	97
Figure (5):	Distribution of women according to their total quality of life regarding exclusive breastfeeding.	98

LIST OF ABBREVIATIONS

ABBREVIATION	WORD
EBF	EXCLUSIVE BREASTFEEDING
QOL	QUALITY OF LIFE
HRQOL	HEALTH RELATED QUALITY OF LIFE

LIST OF APPENDICES

APPENDIX NO.	TITLE
APPENDIX(1)	PROTOCOL
APPENDIX (2)	STRUCTURE INTERVIEWING QUESTIONNAIRE
APPENDIX(3)	QUALITY OF LIFE TOOL