

# بسم الله الرحمن الرحيم



-C-02-50-2-





شبكة المعلومات الجامعية التوثيق الالكتروني والميكرونيلم





# جامعة عين شمس

التوثيق الإلكتروني والميكروفيلم

# قسم

نقسم بالله العظيم أن المادة التي تم توثيقها وتسجيلها علي هذه الأقراص المدمجة قد أعدت دون أية تغيرات



يجب أن

تحفظ هذه الأقراص المدمجة يعيدا عن الغيار













بالرسالة صفحات لم ترد بالأصل





# Trace Element Status in Pediatric Patients on Regular Hemodialysis

Thesis

Submitted for Partial Fulfillment of Master Degree in Pediatrics

#### By

#### **Ramy Gamal Abdel Aziz Attwa**

M.B., B.Ch, Faculty of Medicine, Ain Shams University (2014)

Under supervision of

#### Prof. Dr. Hoda Lotfy El Sayed Wastawy

Professor of Pediatrics Faculty of Medicine - Ain Shams University

#### Asst. Prof. Dr. Waleed Salah Eldin Ahmed Saleh

Assistant Professor of Community Medicine Faculty of Medicine - Ain Shams University

#### Dr. Dina Ebrahem Darweish Sallam

Lecturer of Pediatrics
Faculty of Medicine - Ain Shams University

#### Dr. Bassma Abdel Nasser Mohammed Abdel Halim

Lecturer of Pediatrics Faculty of Medicine - Ain Shams University

> Faculty of Medicine Ain Shams University 2021



سورة البقرة الآية: ٣٢

# Acknowledgment

First and foremost, I feel always indebted to **ALLAH**, the Most Kind and Most Merciful.

I'd like to express my respectful thanks and profound gratitude to **Prof. Dr. Woda Lotfy El Sayed Wastawy**, Professor of Pediatrics, Faculty of Medicine - Ain Shams University for her keen guidance, kind supervision, valuable advice and continuous encouragement, which made possible the completion of this work.

I am also delighted to express my deepest gratitude and thanks to Asst. Prof. Dr. Waleed Salah Eldin Ahmed Saleh, Assistant Professor of Community Medicine, Faculty of Medicine - Ain Shams University, for his kind care, continuous supervision, valuable instructions, constant help and great assistance throughout this work.

I am deeply thankful to **Dr. Dina Ebrahem Darweish**Sallam, Lecturer of Pediatrics, Faculty of Medicine - Ain Shams

University, for her great help, active participation and guidance.

I wish to introduce my deep respect and thanks to **Dr. Bassma Abdel Masser Mohammed Abdel Halim**,

Lecturer of Pediatrics, Faculty of Medicine - Ain Shams University,

for her kindness, supervision and cooperation in this work.

Ramy Gamal

## List of Contents

Title	Page No.
List of Abbreviations	i
List of Tables	iii
List of Figures	iv
Introduction	1
Aim of the Work	4
Review of Literature	
Chronic Kidney Disease and Hemodialysis	5
Trace Elements and Hemodialysis	22
Subjects and Methods	29
Results	34
Discussion	50
Conclusion	59
Recommendations	60
Summary	61
References	63
Arabic Summary	

## List of Abbreviations

Abb.	Full term
AE	. Acrodermatitis enteropathica
	. Acute kidney injury
	. Alkaline phosphatase
	Agency for Toxic Substances and Disease Registry
BMI	. Body mass index
BP	. Blood pressure
BUN	. Blood urea nitrogen
Ca	. Calcium
CAKUT	Cong. Anomlies of kind. & urin. Tract
CBC	. Complete blood count
Cd	. Cadmium
CKD	. Chronic kidney disease
CKD-MBD	. Chronic kidney disease–mineral and bone disorder
CNS	. Central nervous system
Cu	Copper
CV	. Cardiovascular
CVD	. Cardiovascular disease
DNA	. Deoxyribonucleic acid
eGFR	. Estimated glomerular filtration rate
EPO	. Erythropoietin
ESKD	End-stage kidney disease
ESRD	. End stage renal disease
GFR	. Glomerular filtration rate
GH	Growth hormone

## List of Abbreviations Cont...

Abb.	Full term
HD	. Hemodialysis
HDL	. High density lipoproteins
Hgb	. Hemoglobin
HTN	. Hypertension
IGF-I	Insulin-like growth factor-I
KDOQI	. Kidney Disease Outcomes Quality Initiative
LDL	. Low density lipoproteins
Mn	. Manganese
MnSOD	. Manganese superoxide dismutase
NGS	. Next-generation sequencing
Pb	. Plumb
PD	. Peritoneal dialysis
Po4	. Phosphorus
PTH	. Parathyroid hormone
QoL	. Quality of life
RBC	. Red blood cell
RNA	. Ribonucleic acid
Se	. selenium
SRNS	Steroid-resistant nephrotic syndrome
TG	. Triglycerides
TIBC	. Total iron binding capacity
TSAT	. Transferrin saturation
UN	. Uremic neuropathy
USRDS	. US Renal Data System
Zn	. Zinc

# List of Tables

Table No.	Title	Page No.
<b>Table (1):</b>	Body mass index:	30
<b>Table (2):</b>	Distribution of the studied patients	34
<b>Table (3):</b>	Epidemiology of patients	35
<b>Table (4):</b>	Epidemiology of studied controls:	35
<b>Table (5):</b>	Values of some laboratory investigate the studied patients:	
<b>Table (6):</b>	Values of trace elements in hem patients:	
<b>Table (7):</b>	Values of trace elements in control gro	oup: 37
<b>Table (8):</b>	Comparison between Controls and regarding trace elements levels:	
<b>Table (9):</b>	Comparison between female an hemodialysis patients regarding elements	trace
<b>Table (10):</b>	Correlation between studied trace and epidemiological data	
<b>Table (11):</b>	Correlation between studied trace and iron status:	
<b>Table (12):</b>	Correlation between studied traces and lipid profile:	
<b>Table (13):</b>	Correlation between studied trace and metabolic bone status:	

## List of Figures

Fig. No.	Title	Page No.
Figure (1):	Risk categories of CKD according t KDIGO classification in subgroup patients	of 943
Figure (2):	Distribution of patients' diagnosis	34
Figure (3):	Copper level among patients and cont	rols 39
Figure (4):	Lead level among patients and contro	ols39
Figure (5):	Correlation between age and cadmiur	n42
Figure (6):	Correlation between copper and ferrit	tin44
<b>Figure (7):</b>	Correlation between cadmium and TO	G 46
Figure (8):	Correlation between copper and chole	esterol 46
Figure (9):	Correlation between cadmium and ca	lcium 48
Figure (10):	Correlation between manganese and	Po4 48
Figure (11):	Correlation between zinc and PTH	49
<b>Figure</b> (12):	Correlation between lead and PTH	49



#### Introduction

Hemodialysis is a mean of renal replacement therapy in patients with chronic kidney disease, in which removal of uremic toxins is occurred by allowing the equilibration of plasma water and dialysate across a semi-permeable membrane. Theoretically, hemodialysis could lead to depletion or retention of biologically essential substances if they are not included in the dialysate. For example, removal of water-soluble vitamins is well known and all hemodialysis patients are given supplements to replace hemodialysis losses. While data are available regarding vitamins in hemodialysis patients, little is known about the trace elements, especially in children (Wiesen et al., 2011).

Trace elements are known substances that present in very low concentrations in biological fluids or tissues. These include heavy metals such as cadmium, copper, lead, manganese and zinc. In adults, cadmium probably accumulates in hemodialysis patients, but the jury is still out as to whether copper and lead may accumulate. Manganese and zinc are probably deficient (Tonelli et al., 2009).

Cadmium has no known biological role in higher organisms. However, low- level exposure to cadmium may increase the risk of CKD, albuminuria and proteinuria and can therefore be toxic (Ferraro et al., 2010).



Lead interferes with a variety of physiologic processes and is toxic to many organs including the cardiovascular, skeletal, gastrointestinal, reproductive and nervous systems. In particular, lead inhibits proper neurodevelopment in children and may cause permanent learning and behavior disorders. Acute lead toxicity causes abdominal pain, confusion, headache, anemia, irritability and in severe cases, seizures, coma and death (Staudinger and Roth, 1998).

Copper is an essential trace element in plants and animals. Copper proteins have diverse roles in biological electron transport and oxygen transportation. Copper deficiency can cause anemia and neutropenia. Non-protein bound copper ions are toxic by creating reactive oxygen species, which damage biological macromolecules (Brewer, 2010).

Manganese is an essential trace element for all life forms. The classes of enzymes that require manganese cofactors are broad. The best known manganese- containing polypeptides are arginase and manganese-containing superoxide dismutase (Culotta et al., 2006). While manganese is much less toxic than other heavy metals, exposure to dust and fumes may cause toxicity and has been linked to impaired motor skills and cognitive disorders (Young et al., 1996).

Zinc is one of the most important micronutrients and deficiency is common worldwide. Failure to thrive, dermatitis and inflammatory disease are the most common pediatric