

شبكة المعلومات الجامعية التوثيق الإلكتروني والميكروفيلو

بسم الله الرحمن الرحيم





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شبكة المعلومات الجامعية التوثيق الإلكتروني والميكرونيله



شبكة المعلومات الجامعية التوثيق الالكتروني والميكروفيلم



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شبكة المعلومات الجامعية التوثيق الإلكترونى والميكروفيلم

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Comparitive Study between Dexamethasone versus Fentanyl As Adjuvant to Local Anesthesia in Supraclavicular Nerve Block in Upper Limb Surgery

Thesis

Submitted for Partial Fulfillment of Master Degree in Anesthesia

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List of Contents

| Title | Page No. |
|---------------------------------------|----------|
| List of Tables | i |
| List of Figures | ii |
| List of Abbreviations | v |
| Introduction | 1 |
| Aim of the Work | 3 |
| Review of Literature | |
| Upper Limb Innervation | 4 |
| Supraclavicular Brachial Plexus Block | 27 |
| Pharmacology of Bupivacaine | 39 |
| Dexamethasone | 48 |
| Fentanyl | 60 |
| Patients and Methods | 64 |
| Results | 71 |
| Discussion | 98 |
| Summary | 112 |
| Conclusion | 114 |
| References | 115 |
| Arabic Summary | _ |

List of Tables

| Table No. | Title | Page No. |
|--------------------|--|-----------------------------|
| Table (1): | Muscular branches of the brachial ple | exus 11 |
| Table (2): | Comparison between three groups demographic data and duration of sur | - |
| Table (3): | Comparison between group A&F according to mean arterial blood (mmHg). | pressure |
| Table (4): | Comparison between all groups acceptant rate (Beat/min). | cording to |
| Table (5): | Comparison between all groups onset of sensory block & onset of motoduration of sensory block and du motor block (min). | or block & ration of |
| Table (6): | Group A&F and D compared as postoperative visual analogue scale | |
| Table (7): | Comparison between control group ar group as regards the timing of a number and total amount of post rescue analgesics in 24 hours | analgesia, toperative |
| Table (8): | Comparison between two groups demographic data and duration of sur | • |
| Table (9): | Comparison between group F and D to mean arterial blood pressure (mmF | • |
| Table (10): | Comparison between group F and D to heart rate | _ |
| Table (11): | Comparison between group F (fergroup D (dexamethasone) regarding sensory block & onset of motor duration of sensory block and du | onset of block & uration of |
| Tabla (19). | motor block (min). | 93 95 |

List of Figures

| Fig. No. | Title | Page | No. |
|---------------------|--|--------|-----|
| Figure (1): | Brachial plexus anatomy | | 6 |
| Figure (2): | The relations of the brachial plex the root of the neck and axilla | | 9 |
| Figure (3): | A schematic plan of the brachial pand its branches | | 11 |
| Figure (4): | Formation and the branches of brachial plexus | | 13 |
| Figure (5): | Course and relationship of musculocutaneous nerve | the | |
| Figure (6): | The course and distribution of the nerve and its branches | | 16 |
| Figure (7): | The course and distribution of median nerve and its branches | | 18 |
| Figure (8): | The relations of the median nerve a wrist | | 19 |
| Figure (9): | Axillary nerve and its branches is upper humerus | n the | |
| Figure (10): | Motor and sensory branches of axillary nerve | f the | |
| Figure (11): | Radial nerve in arm and nerve posterior shoulder | | 22 |
| Figure (12): | Radial nerve in Forearm and terminal branches | d its | |
| Figure (13): | Upper extremity cutaneous, must bone and articular innervations | cular, | |
| Figure (14): | Sheath around the brachial plexus. | | |
| Figure (15): | Supraclavicular block (classic appro Hand and syringe assembly position | oach): | |

List of Figures Cont...

| Fig. No. | Title Page | No. |
|---------------------|--|-----|
| Figure (16): | Supraclavicular block (plumb bob): functional anatomy | 32 |
| Figure (17): | Supraclavicular block (plumb bob): Parasagittal magnetic resonance image anatomy | 32 |
| Figure (18): | Supraclavicular block (plumb bob): paresthesia-seeking approach | 33 |
| Figure (19): | Supraclavicular block:technique basic functional anatomy | 34 |
| Figure (20): | Ultrasound imaging for supraclavicular block | 36 |
| Figure (21): | Ultrasound-guided supraclavicular block | 37 |
| Figure (22): | Chemical structure of bupivacaine | 39 |
| Figure (23): | Dexamethazone | 49 |
| Figure (24): | Fentanyl | 60 |
| Figure (25): | Age difference between all groups | 72 |
| Figure (26): | Sex difference between all group | 72 |
| Figure (27): | Mean arterial blood pressure readings among all groups. | 74 |
| Figure (28): | Heart rate readings among all groups | |
| Figure (29): | Comparison between all groups regarding onset of sensory block and onset of motor block (min). | |
| Figure (30): | Comparison between all groups regarding duration of sensory block and duration of motor block. | |
| Figure (31): | Postoperative VAS after 6hour | |
| Figure (32): | Postoperative VAS after 7 hour | |

List of Figures Cont...

| Fig. No. | Title | Page No. |
|---------------------|---|--------------|
| Figure (33): | Postoperative VAS after 8 hour | 82 |
| Figure (34): | Postoperative VAS after 14hour | 82 |
| Figure (35): | Postoperative VAS after 20 hour | 83 |
| Figure (36): | Postoperative VAS after 24hour | 83 |
| Figure (37): | Showing the number of postoperarescue analgesia | |
| Figure (38): | Showing the total amount postoperative rescue analgesia | |
| Figure (39): | Comparison between two gr | _ |
| Figure (40): | Comparison between two gr | |
| Figure (41): | Comparison between group F an according to mean arterial by pressure (mmHg) | d D blood |
| Figure (42): | Comparison between group F an according to heart rate | d D |
| Figure (43): | Comparison between Group F & G D regarding onset of sensory block onset of motor block (min). | and |
| Figure (44): | Comparison between Group F & G D regarding duration of sensory k and duration of motor block | olock |
| Figure (45): | Pain assessment (VAS) after 14hr | |
| Figure (46): | Pain assessment (VAS) after 20hr | |
| Figure (47): | Pain assessment (VAS) after 24hr. | |

List of Abbreviations

| Abb. | Full term |
|-------|--|
| ACTH | Adrenocorticotropic hormone |
| ADRs | . Adverse drug reactions |
| ALT | . Alanine aminotransferase |
| ASA | . American Society of Anesthesiologist |
| AST | . Aspartate Aminotransferase |
| CAH | . Congenital adrenal hyperplasia |
| CNS | . Central nervous system |
| CVS | . Cardiovascular system |
| DHEAS | . De-hydroepiandrosterone sulfate |
| ECG | . Electrocardiogram |
| HACE | . High-altitude cerebral edema |
| HAPE | . High-altitude pulmonary edema |
| hCG | . Human chorionic gonadotropin |
| HR | . Heart rate |
| INR | . International Normalized Ratio |
| IV | . Intravenous |
| MBP | . Mean blood pressure |
| NIBP | . Non-invasive blood pressure |
| NS | . Normal saline |
| PACU | . Post-anesthesia care unit |
| PT | . Prothrombin time |
| PTT | . Partial thromboplastin time |
| SpO2 | . oxygen saturation |
| VAS | . Visual analogue score |

Introduction

rachial plexus blocks are among the most commonly performed peripheral nerve blocks for upper extremity surgeries in clinical practice. It offers many advantages over general anesthesia for upper limb surgeries such as sympathetic block, better postoperative analgesia, high success rate and fewer side effects (Kooloth et al., 2015).

Various approaches to the brachial plexus have been described but the supraclavicular approach is the easiest and most consistent method for anesthesia and perioperative pain management in surgery below the shoulder joint. Local anesthetics alone for supraclavicular brachial plexus block provide good operative conditions but have shorter duration of postoperative analgesia. This problem can be overcome by using long acting local anesthetics like bupivacaine or by using adjuvant in regional anesthesia. Adjuvant added to brachial plexus block should prolong the analgesia, without having systemic side effects, prolong motor block and should also reduce the total dose of local anesthetic. Various studies have investigated several adjuvants including opioids, clonidine, neostigmine, bicarbonate added to local anesthetics in brachial plexus block to achieve quick, dense and prolonged block, but the results are either inconclusive or associated with side effects (Dhumane and Shakir, 2016).



Dexamethasone, a high-potency, long-acting glucocorticoid, has been shown to prolong peripheral nerve blockade in animals and, when added to bupivacaine, to extend the duration of analgesia in humans. Although incompletely understood, dexamethasone's mechanism of action may stem from decreased nociceptive C-fiber activity via a direct effect on glucocorticoid receptors and inhibitory potassium channels. Other authors suggest a local vasoconstrictive effect, resulting in reduced local anesthetic absorption, or a systemic anti-inflammatory effect following vascular uptake of the drug (Albrecht et al, 2015).

Fentanyl is a potent synthetic opioid that produces sedation and analgesia when administered intravenously. Many authors believe that it also prolong the effect of local anesthetics in peripheral nerve blocks through its direct effect on the peripherally-located opioid receptors (Narei et al., *2016*).

AIM OF THE WORK

The aim of our study is to evaluate the effects of adding dexamethasone and fentanyl to bupivacaine in ultrasound guided supraclavicular brachial plexus block for upper limb surgery versus bupivacaine alone.