



شبكة المعلومات الجامعية  
التوثيق الإلكتروني والميكروفيلم

# بسم الله الرحمن الرحيم



**HANAA ALY**



شبكة المعلومات الجامعية  
التوثيق الإلكتروني والميكروفيلم



## شبكة المعلومات الجامعية التوثيق الإلكتروني والميكروفيلم



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# جامعة عين شمس التوثيق الإلكتروني والميكروفيلم

## قسم

نقسم بالله العظيم أن المادة التي تم توثيقها وتسجيلها  
علي هذه الأقراص المدمجة قد أعدت دون أية تغييرات



## يجب أن

تحفظ هذه الأقراص المدمجة بعيدا عن الغبار



**HANAA ALY**

# **Relationship between Professional Image and Autonomy among Staff Nurses**

Thesis

*Submitted for Partial Fulfillment of the Master Degree  
in Nursing Science  
(Nursing Administration)*

By

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**Faculty of Nursing  
Ain Shams University  
2021**

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*This thesis is dedicated to my family  
members*

*Who inspired me and supported me  
throughout my entire life especially my  
father and my mother and my lovely  
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*Their continuing tolerance and  
encouragement made this work  
possible*

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# **Relationship between Professional Image and Autonomy among Staff Nurses**

## **Abstract**

**Background:** Professional image provides nurses with a sense of pride in the profession and makes them feel recognized for their knowledge and education and increases the feeling of autonomy. **Aim:** This study aimed to assess the relationship between professional image and autonomy among staff nurses. **Design:** A descriptive correlational design was utilized for conducting the study. **Setting:** The study conducted at Benha Ophthalmic Hospital affiliated to Egyptian Ministry of Health. **Subjects:** A convenience sample of 140 staff nurses. **Tools of data collection:** The data in this study were collected by using two tools namely: professional image questionnaire & autonomy questionnaire. **Results:** The study result revealed that slightly more than half 51.4% of the studied staff nurses had moderate perception level regarding professional image. Nearly two-thirds 62.9% of the studied staff nurses had moderate autonomy. **Conclusion:** It concluded that there was a highly positive correlation between staff nurses' professional image and their autonomy. **Recommendation:** Providing regular training and workshops for staff nurses to improve their knowledge, awareness, and skill about autonomy and perception level.

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**Key Words:** Autonomy, Professional image, Staff Nurses.

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# INTRODUCTION

Nursing in Egypt is one of the skilled professions that have seen many changes over the past 30 years. The primary challenge in nursing is an image that is not appreciated and a lack of motivation due to low salaries and incentives. The existing weaknesses in the legislation of nursing in regards to nursing have left nurses with minimal' social and human rights benefits. Becoming a nurse is one of the most rewarding, and fulfilling career paths nurses can pursue. Nursing roles' and practice are based on specialized knowledge and skills derived from principles of basic, applied sciences, and standards of professional performance (*Aghamohammadi et al., 2019*).

Profesional image is conveyed by how nurses present in every setting, from the classroom to professional meetings and the workplace. Nurses have become healthcare professionals in their own right who possess a great deal of knowledge. The public does not always value the skills and competencies nurses have acquired through education and innovation (*Abdelrahman, 2018*). The modern image of nursing appears to be more positive but is still based on myths, misconceptions, and stereotypes (*Thabet et al., 2020*).

Professional image based on concepts as respect, empathy, cooperation, and self-regulation, nurses at hospitals like to work