



شبكة المعلومات الجامعية
التوثيق الإلكتروني والميكروفيلم

بسم الله الرحمن الرحيم



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شبكة المعلومات الجامعية التوثيق الإلكتروني والميكروفيلم



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جامعة عين شمس

التوثيق الإلكتروني والميكروفيلم

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Assessment of Perimenpausal Women's Knowledge, Practice and Attitude Regarding Dysfunctional Uterine Bleeding

Thesis

*Submitted for partial fulfillment of Master Degree in Nursing
Sciences (Maternity Nursing & Gynecology)*

By

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Bachelor of Nursing Science
2012

Faculty of Nursing
Ain Shams University
2021



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2021



Acknowledgement

First, thanks to Allah, the Most Gracious, Most Merciful, for guiding me and giving me strength to complete this work.

*I would like to express my deepest thanks to **Prof. Dr. Nadia Fahmy**, Professor of Maternal & Gynecological Health Nursing, Faculty of Nursing- Ain Shams University, for her close supervision, valuable instructions and continuous help, for which he generously devoted much of her time and effort. It was a great honor for me to work under her direct supervision.*

*I would like to express my deepest thanks to **Prof. Dr. Nadia Abd El Hameed** Professor of Maternal & Gynecological Health Nursing, Faculty of Nursing- Ain Shams University, for her close supervision, constructive criticism, faithful guidance and continuous encouragement for completion of this work.*

*I would like to express my deepest thanks and gratitude to **Assist. Prof. Dr. Amira Morsy Yousif** Assistant professor of Maternal & Gynecological Health Nursing, Faculty of Nursing- Ain Shams University, for her kind supervision, indispensable advice, sincere efforts, and help to get this work done.*

Thanks for participants in my thesis.

Doha Hamed Kamel

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List of Abbreviations

Abbreviation	The meaning
DUB	Dysfunctional Uterine Bleeding
HMB	Heavy Menstrual Bleeding
AUB	Abnormal Uterine Bleeding
PCOS	Poly Cystic Ovarian Syndrome
DM	Diabetes Mellitus
UET	Unopposed Estrogen Therapy
EH	Endometrial Hyperplasia
COCs	Combination Oral Contraceptives
DVT	Deep Vein Thrombosis
PE	Pulmonary Embolism
IUD	Intrauterine Device
NSAIDs	Non-steroidal Anti-inflammatory Drugs
GnRH	Gonadotropin-Releasing Hormone
EAT	Endometrial Ablation Techniques
TER	Transcervical Endometrial Resection
HLT	Hystroscopic Laser Ablation
ACOG	American College of Obstetricians and Gynecologists

Abbreviation	The meaning
REA	Roller ball Endometrial Ablation
TBEA	Thermal Balloon Endometrial Ablation
MEA	Microwave Endometrial Ablation
ELITT	Endometrial LaserIntrauterine Thermal Therapy
CEA	CryoEndometrial Ablation
BICEA	Bipolar Impedance Controlled Endometrial Ablation
D&C	Dilatation and Curettage
RBC	Red blood cell
WBC	White blood cell
PBAC	Pictorial Bleeding assessment chart

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Abstract

Assessment of Perimenopausal Women's Knowledge, Practice and Attitude Regarding Dysfunctional Uterine Bleeding

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Aim of the study: To assess Perimenopausal Women's Knowledge, Practice and Attitude Regarding Dysfunctional Uterine Bleeding.

Design: A descriptive study design was used. **Setting:** the study was conducted at Tanta University Hospital, in outpatient clinic, Obstetrics & Gynecology Department. **Sample Size:** the study was conducted for 80 perimenopausal women who had dysfunctional uterine bleeding.

Sample type: Purposive sample technique was used for this study.

Tools: Four tools of data collections were used; Tool I: a structured interview questionnaire sheet. Tool II: Pictorial chart, Tool III: Perimenopausal women practices check list and Tool IV: Likert scale for attitude.

Results: The results pointed out that (46.25%) of perimenopausal women had low knowledge about dysfunctional uterine bleeding (60%) of perimenopausal women had good self-care practices regarding DUB and (85%) of them had negative attitude regarding DUB. While (77.5%) of studied women had flooding of DUB. There was positive correlation between perimenopausal women knowledge, self-care practice and attitude. **Conclusion:** The present study finding that there was highly statistical significance between studied women total knowledge and age, address, educational level and their severity of bleeding of DUB. Also there was highly statistical

significance between severity of bleeding of DUB and total self-care practices and total attitude of the studied women regarding DUB. **Recommendations:** Providing an educational program for women to improve their knowledge and self-care practices regarding DUB, Develop self-care guide line about what is DUB and Further studies are needed in this field: Assess women coping mechanism regarding Dysfunctional uterine bleeding and its impact on their quality of life.

Key Words: Dysfunctional uterine bleeding, perimenopausal.

Operational definitions:

Dysfunctional uterine bleeding (DUB): is irregular uterine bleeding that occurs in the absence of pathology or medical illness.

Perimenopause: mean around menopause which is a time when hormones begin to change in preparation for menopause.

Knowledge: mean information, understanding, or skill that woman gets from experience or education.

Practices: mean doing an activity or training regularly so that woman can improve her skills.

Attitude: defined as the mental state of an individual, which prepares him to react or make him behave in a particular pre-determined way.

Aim of the study

The aim of this study was assessment of perimenpausal women's knowledge, practice and attitude regarding Dysfunctional uterine bleeding through;

- Assessment of perimenpausal women's knowledge regarding dysfunctional uterine bleeding.
- Assessment of perimenpausal women's practice regarding dysfunctional uterine bleeding.
- Assessment of perimenpausal women's attitude regarding dysfunctional uterine bleeding.

Research questions

- What is the knowledge of perimenpausal women regarding Dysfunctional uterine bleeding?
- What is the practice of perimenpausal women regarding Dysfunctional uterine bleeding?
- What is the attitude of perimenpausal women regarding Dysfunctional uterine bleeding?