



شبكة المعلومات الجامعية
التوثيق الإلكتروني والميكروفيلم

بسم الله الرحمن الرحيم



MONA MAGHRABY



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التوثيق الإلكتروني والميكروفيلم



شبكة المعلومات الجامعية التوثيق الإلكتروني والميكروفيلم



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التوثيق الإلكتروني والميكروفيلم

جامعة عين شمس

التوثيق الإلكتروني والميكروفيلم

قسم

نقسم بالله العظيم أن المادة التي تم توثيقها وتسجيلها
علي هذه الأقراص المدمجة قد أعدت دون أية تغيرات



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تحفظ هذه الأقراص المدمجة بعيدا عن الغبار



MONA MAGHRABY

Impact of Addictive Behavior Program on Clinical Performance of Mental Health Nurses

Thesis

Submitted for Partial Fulfillment of the Requirement of Doctorate
Degree in Psychiatric Nursing

By

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Instructor of Psychiatric/Mental Health Nursing
Health Technical institute -Imbaba

Faculty of Nursing
Ain Shams University
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Dalia Sobhi Sayed

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

قَالَ

سَبِّحْكَ لَا إِلَهَ إِلَّا مَا
عَلَّمْتَنَا إِنَّكَ أَنْتَ
الْعَلِيمُ الْعَظِيمُ

صدق الله العظيم

سورة البقرة الآية: ٣٢

Operational Definitions

Addictive behavior

It is a loss control over behaviors such as gambling, eating, shopping, internet use, stealing, money work addiction, computer addiction, video games and sex addiction.

Clinical Nurses Performance

It is the nursing care of clients based on scientific knowledge, positive attitude and best practice or procedure that identifies current and predictable specific and general aspect of care to be performed during designed length of time in accordance with standardized multidisciplinary plan.

Attitude is:

- ☐ Internal - how we think and how we feel, our mindset. This is the voice inside that can send positive messages and reinforce positive behaviours or it can eat away at our confidence. This can be emotionally and physically draining.
- ☐ External - the way we communicate this mind set to others. Our behaviour is the personification of our attitude.

In-service Continuing Education (ICE)

It is an educational training program about addictive behavior that is tailored to suit the learning needs of nurses working with patients who have addictive behaviors in mental health hospitals.

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INTRODUCTION

The addictive behavior is a loss control over behaviors that resulting from engaging in those behaviors such as drugs abuse, gambling, eating, sexual activity, shopping and internet use, which continues despite negative consequences (*Foresight, 2015*).

American Psychiatric Association, (2015) reported that, the incidence of addictive behavior is gaining increasing attention. The new researches estimate the prevalence of pathological gambling ranged from 2% to approximately 6%. Also, *Faber & O'Guinn, (2015)* found that as much as 5.9% of the population may be at risk for becoming compulsive buyers. Research on the incidence of eating disorders as well as the incidence of sexual addiction is still in its early stages; findings are inconclusive at this time. *Cape et al., (2016)* shown that, nurses attitude with patients hwo have addictive behaviors become increasingly negative as their training progresses. *Ritson, (2015)* determined that there was not systematic training for medical residents in the diagnosis and treatment of addictive behaviors disorders.

For this, there is need for medical and mental health professionals to present a positive attitude toward patients who have addictive behaviors problems. Number of surveys for nurses and other health professionals have noted negative attitude toward addictive behaviors and high levels of