



شبكة المعلومات الجامعية
التوثيق الإلكتروني والميكروفيلم

بسم الله الرحمن الرحيم



HANAA ALY



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شبكة المعلومات الجامعية التوثيق الإلكتروني والميكروفيلم



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جامعة عين شمس التوثيق الإلكتروني والميكروفيلم

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HANAA ALY

Effect of Nursing Intervention on Prevention of Exclusive Breastfeeding Discontinuation

Thesis

*Submitted for Partial Fulfillment of the Requirements of
the Doctorate Degree in Pediatric Nursing*

By

Sahar Saleh Kamal Hassan El-Talawy

Master in Pediatric Nursing /2017

Assist. Lecturer of Pediatric Nursing

Faculty of Nursing /Ain Shams University

**Faculty of Nursing
Ain Shams University
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Supervised by

Prof. Dr. Wafaa El-Sayed Ouda

*Professor of Pediatric Nursing
Faculty of Nursing- Ain Shams University*

Prof. Dr. Safy Salah El-Din El-Rafay

*Professor & Head of Pediatric Nursing Department
Faculty of Nursing- Ain Shams University*

Dr. Fatma Mohamed Mohamed

*Lecturer of Pediatric Nursing
Faculty of Nursing- Ain Shams University*

**Faculty of Nursing
Ain Shams University
2020**

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The candidate

*✍ **Sahar Saleh***

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List of Abbreviations

Abb.	Full term
BF	Breastfeeding
BFD	Breastfeeding Discontinuation
BFHI	Baby-Friendly Hospital Initiative
DM	Diabetes Mellitus
EDHS	Egypt Demographic and Health Survey
FF	Fed Formula
IIFAS	Iowa Infant Feeding Attitude Scale
IQ	Intelligence Quotient
IYCF	Infant and Young Child Feeding
NEC	Necrotizing Enterocolitis
SD	Standard Deviation
SE	Self-Efficacy
SIDS	Sudden Infant Death Syndrome
UNICEF	United Nation Children's Fund
WHO	World Health Organization

Effect of Nursing Intervention on Prevention of Exclusive Breastfeeding Discontinuation

Abstract

Introduction: Planned nursing intervention and health education regarding exclusive breastfeeding (BF) can improve knowledge, practice and attitude of mothers and contribute to prevention of exclusive breastfeeding discontinuation (BFD). **Aim:** To investigate the effect of nursing intervention on prevention of exclusive BFD. **Design:** A quasi-experimental design was utilized. **Setting:** Obstetric Outpatient Clinic, Breast Feeding Room in NICU of Children's Hospital affiliated to Ain Shams University hospitals and MCH center in Abassia sector affiliated to Ministry of Health/ Cairo. **Subject:** A purposive sample of 100 mothers (24 primipara women at the third trimester and 76 lactating mothers). **Tools:** Predesigned questionnaire to assess: mothers and infants characteristics, knowledge regarding factors affecting exclusive BFD and its prevention, Iowa Infant Feeding Attitude Scale and observational checklists to assess mothers' breastfeeding practice. **Results:** Nearly two thirds of the studied mothers had good knowledge, more than three fifths had positive attitude towards prevention of exclusive BFD and more than three fourths performed competent breast feeding practice post nursing intervention. There was statistical significant difference between total knowledge of the studied mothers regarding exclusive BF, factors affecting exclusive BFD and its prevention and total practice of breastfeeding pre/post nursing intervention. **Conclusion:** Nursing intervention had a positive effect on prevention of exclusive BFD where the studied