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The Impact of Self- Learning Approach on Nurses' Knowledge and Practice Regarding Nutritional Care of the Hospitalized Elderly Patients at Menoufiya Governorate

Thesis

Submitted In Partial Fulfillment of

Doctorate In Nursing Science

By

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Master Community Health Nursing , 1997

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ABSTRACT

Title of Dissertation : The Impact of Self- Learning Approach on Nurses' Knowledge and Practice Regarding Nutritional Care of the Hospitalized Elderly Patients at Menoufiya Governorate .

By Faiza Ahmed Abou-Elsoud , Doctor In Nursing Science , 2002

Dissertation directed by Prof. Dr. Dalal M. Khalil Eshra , Prof. of Nursing Education , Faculty of Nursing Menoufiya University ; Prof. Dr. Magda Moawad Mohsen , Prof. of Community Health Nursing. Faculty of Nursing , Menoufiya University ; and Dr. Laila M. Tawfik , Assistant Prof. of Nutrition and Foods Science, Faculty of Home Economics , Menoufiya University.

It is well documented that nutritional care of the hospitalized patient is not the function of the dietitian alone . It is a multidisciplinary approach using the knowledge, the practice and the interest of all persons in the health team. Good nutritional care of inpatients may well shorten the length of hospitalization and reduce the magnitude of hospital malnutrition.

Self–learning approach increases nurses' knowledge and practice regarding nutritional care of the hospitalized elderly patients at Menoufiya Governorate .