



شبكة المعلومات الجامعية
التوثيق الإلكتروني والميكرو فيلم

بسم الله الرحمن الرحيم



MONA MAGHRABY



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التوثيق الإلكتروني والميكروفيلم



شبكة المعلومات الجامعية التوثيق الإلكتروني والميكروفيلم



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جامعة عين شمس

التوثيق الإلكتروني والميكروفيلم

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MONA MAGHRABY

**Emotional Problems among Substance
Dependent Patients Undergoing
Detoxification**

Thesis

*Submitted for Partial Fulfillment of Master Degree in
Psychiatric/ Mental Health Nursing*

By

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B.Sc. Nursing Science

**Faculty of Nursing
Ain Shams University
2021**

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✍ Fatma Saber Hassan Ibrahim

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List of Abbreviations

Abb.	Full Term
AOD	Alcohol and Other Drug
APA	American Psychiatric Association
ASAM	American Society of Addiction Medicine
AUD	Alcohol Use Disorder
AWS	Acute Withdrawal Syndrome
CB1	Cannabinoid
CIWA-Ar	Clinical Institutes Withdrawal Assessment of Alcohol Scale – Revised
D1	Dopamine 1
DSM-5	The 5 th edition of the Diagnostic and Statistical Manual of Mental Disorders
FDA	Food and Drug Administration
GABA-A	Gamma- Amino –Butyric Acid
LPN	Licensed Practical Nurse
NIDA	National Institute on Drug Abuse
NMDA	N-methyl-D-aspartate receptor
PAWS	Post-Acute Withdrawal Syndrome
PCP	Phencyclidine
PE	Patient Empowerment
RN	Registered Nurse
SAMHSA	Substance abuse and mental health services administration
UNODCCP	United Nations Office for Drug Control and Crime Prevention
US	United States
VTa	Ventral Tegmental Area
WHO	World Health Organization

Definitions of Terms

Term	Definition
Substance	A drug of abuse, a medication, or a toxin.
Substance-related disorders	Disorders related to the taking of a drug of abuse (including alcohol), to the side effects of a medication, and to toxin exposure.
Substance abuse (also sometimes used to denote “substance dependence”)	A maladaptive (i.e., harmful to a person's life) pattern of substance use marked by recurrent and significant negative consequences related to the repeated use of substances.
Substance dependence (substance abuse” is sometimes used to include “dependence”)	A cluster of cognitive, behavioral, and physiological symptoms indicating that the individual is continuing use of the substance despite significant substance-related problems. A person experiencing substance dependence shows a pattern of repeated self-administration that usually results in tolerance, withdrawal, and compulsive drug-taking behavior.

Term	Definition
Substance intoxication	The development of a reversible substance-specific syndrome as the result of the recent ingestion of (or exposure to) a substance.
Substance withdrawal	The development of a substance-specific maladaptive behavioral change, usually with uncomfortable physiological and cognitive consequences, that is the result of a cessation of, or reduction in, heavy and prolonged substance use.

American Psychiatric Association (2015)

Emotional Problems among Substance Dependent Patients Undergoing Detoxification

Abstract

Background: Patients entering detoxification are undergoing profound personal and medical crisis. Withdrawal itself can cause or exacerbate current emotional, psychological, or mental problems. The detoxification staff needs to be equipped to identify and address potential problems. **This study aimed to:** Assess the emotional problems among substance dependent patients undergoing detoxification. **Research design:** Descriptive design has been utilized in this study. **Setting:** The study was conducted in the National Center for Addiction affiliated to the Abbasia mental health hospital. **Sample:** Convenient sample of 92 substance dependent patients was used in the current study. **Tool:** Data were collected by using the following tool. **I:** Structured interviewing questionnaire sheet which consisted of socio-demographic characteristics of the studied patients, and the clinical data about substance abuse, the General Health Questionnaire (GHQ-28), and Brief Substance Craving Scale (BSCS). **Results:** More than half of the substance dependent patients their age were between 30 to less than 40 years old, more than three quarters were males, about one third of them had intermediate education, more than half of the substance dependent patients feel that their health much worth than usual, the majority of substance patients had a worth total mental health score and 75% of them a high total craving score. **Conclusion :** more than half of the substance dependent patients much than usual think themselves as worthless person, the majority of them had a worth total mental health score, and three quarters of them had a high total craving score. **Recommendations:** Further study should be carried out on the aspect of improving the substance dependent patients' self-esteem and quality of life after detoxification.

Keywords: Emotional problems, Substance dependent patients, Detoxification.

Introduction

Substance abuse is considered one of the major health problems that has been faced by humanity in the last few decades and is becoming one of the most serious and rapidly growing phenomena all over the world (*Geyen & Bailey, 2021*).

Parisi, (2021), added that the adverse consequences related to substance abuse may be emotional, cognitive, behavioral, and physiological symptoms indicating that the individual continues use of the substance despite significant substance-related problems.

Detoxification is viewed as the initial phase in drug treatment. During which there is fear of the medications' lack in the body and the possibility of the detrimental physical, psychological, and euphoric effects caused by the withdrawal effects from drug abuse (*Lesser, 2021*).

Additional detoxification is a form of palliative care aimed to reducing the intensity of any disorder for many patients. It represents a point of first contact with the treatment system and the first step to recovery (*Juergens, 2021*).