بعض الوثائق الأصلية تالفة

SALWA AKL

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لم ترد بالأصل

SALWA AKL

THE IMPACT OF GROUP ACTIVITY INTERVENTION ON SCHIZOPHRENIC PATIENTS' BEHAVIOR

THESIS

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By

Hala Ahmed El - Sayes

MSc. Psychiatric Nursing

Assistant Lecturer

Psychiatric and Mental Health Nursing department

Faculty of Nursing

Tanta University

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SUPERVISORS

Prof. Dr. Samia M. Abd El. Dayem

Professor of Psychiatric and Mental Health Nursing
Vice Dean for Post Graduate Studies and Research
Faculty of Nursing
Alexandria University

Dr.Magdala Habib Maximos

Assistant Professor of Psychiatric and Mental Health Nursing
Faculty of Nursing
Alexandria University

بسم الله الرحمن الرحيم

" قالوا سبحانك لا علم لنا إلا ما علمتنا إنك أنت العليم الحكيم"

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INTRODUCTION

Schizophrenia is one of the most disabling major mental disorders.[1, 2] Schizophrenia causes more lengthy hospitalizations, more chaos in family life, more exorbitant costs to individuals and governments, and more fears than any other; because it is such an enormous threat to life and happiness. Globally the incidence rate of schizophrenia is similar all over the world, affecting about 1% of the population.[3] Schizophrenic patients often exhibit cognitive dysfunction, negativism, anxiety, disinterest, low self-esteem, poor interpersonal relationship and isolation.[4]

Socializing is difficult for the individual with schizophrenia. Keltner et al. (1991) states that a patient is so focused on internal processes that his external social world collapses.[5] Carson & Arnold (1996) state that the person who is socially incompetent due to mental illness is unable to function smoothly in society because of feeling of low self-esteem, isolation and anger.[6]

It is well known that patients tend to improve more rapidly if they are kept occupied than if they are ignored or allowed to remain idle. This is particularly true for psychotic patients, since they so often lack the confidence and initiative to seek activity spontaneously. [7]

Group activity is used in psychiatric setting to help clients structure time and experience, develop a sense of accomplishment that comes from completing a project or sharing a group activity. Clients who are

schizophrenic or who have poor self-esteem can benefit from participation in a goal-directed activity. [8] Group activity therapy is designed to enhance the psychological and emotional well-being of psychiatric patients.[1] Activity therapies are manual, recreational, and creative techniques to facilitate personal experiences and increase social responses.[9] It is a remotivation therapy that stimulates interaction among members. Tasks can include drawing, exercising, listening to music, arts, crafts and discussing issues.[1] Group activities are recommended for schizophrenic patients hoping that the patient will be able to change his behavior, establish more effective interactions, express positive and negative feelings and accept one self to a great extent.[10]

Activity intervention can be planned at specific time and it can be held throughout the day time in the patient's wards. Nurses can play a great role in the activity therapy. The nurse is responsible for implementing an activity programme appropriate for the needs of the individual patient. An initial assessment involves finding out preferences, past hobbies and present physical and mental abilities, using admission information and personal historical data from the patients and their relatives.[11] Initiation and participation of the nurses in activity intervention can have a very striking influence in changing a ward from pattern of custodial care to one of therapeutic care. Nurses need to play a warmly supportive role and take a sincere interest in the tasks which the patients are undertaking. [12, 13]

Based on the observation of the researcher that group activities are lacking in Tanta Mental Health Hospital wards, this study will be conducted

to find out the impact of group activity intervention on schizophrenic patients' behavior.